THE ST HELENA

STAND WITH UKRAINE

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A wonderful tribute by Saint Scott Thomas as he cycled from London to Paris... see page 2

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Tristan da Cunha: Fishing Season has Begun

Raising Alarms

St Helena Red Cross Donates Pendant Alarms for Elderly and Vulnerable People



FROM LONDON TO PARIS

Contributed by Scott Thomas

A YouTuber I follow had picked up a free bicycle in London. In his video, he fixed it up and rode it all the way to Paris over three days. I found the idea inspiring and decided to replicate it almost exactly.

Taking the same approach, I got hold of a few second-hand bikes and restored them. A colleague of mine was also interested in giving it a go and invited his brother to come along. Not long after, I met another cyclist in Oxford who was just as enthusiastic about the trip and joined our group as well.



We planned our route from the London Eye to the Eiffel Tower. Day one involved a 60-mile ride to Newhaven, where we caught the ferry to Dieppe later that evening, arriving around 10 PM. On the second day, we cycled another 57 miles through the scenic French countryside, stopping somewhere around the halfway point between the coast and Paris. Our final stretch was 56 miles, taking us straight into central Paris, just as the Tour de France was wrapping up. Sadly, I missed seeing it in person as my return flight was scheduled a bit too early.







Sticking with the original idea, we decided to give away our bikes once we reached Paris. This turned out to be more of a challenge than expected, as the city was packed with tourists. Eventually, we came across Bruno, who kindly agreed to take the bikes and either donate them to a local charity or pass them on to someone who could use them.

The toughest part of the trip was the physical strain—riding for four hours each day and repeating that effort for three days straight. Sitting on a bike that wasn't set up for long-distance riding made it even harder. Thankfully, sourcing and fixing up the bikes was straightforward—Facebook Marketplace made finding bargains pretty easy.

Some of the best moments were cycling through quiet country roads and discovering small towns you'd normally miss if traveling by car. Staying in the French countryside was a real treat. We met locals who spoke only French, which made for some challenging but entertaining conversations. None of the guys I travelled with were fluent either, but they were a great group to be around and made the whole experience really enjoyable.

I'm already thinking about doing another long-distance ride in the future, though I haven't settled on a location yet. This journey Initially, this ride was something I wanted to do for myself. But after my Grandma Doreen passed away, I chose to dedicate the effort to raising funds for The Hummingbird Centre in Bicester, UK—the same charity supported by my workplace. They offer help to people going through cancer treatment and recovery. It felt like a fitting tribute, as many people face that battle without proper







support. Even though the charity can't reach everyone, every donation makes a difference for a family fighting cancer

cer



Congratulations are extended to Scott Thomas & his friends



UK Online Safety Bill in Full Force

The UK government's Online Safety Act (formerly the Bill) has officially become law, triggering a flurry of reactions from politicians, advocacy groups, tech firms, and civil liberties defenders.

Government and Ministers

According to Technology Secretary Michelle Donelan, the Act represents a "game-changing" step: "Today will go down as an historic moment that ensures the online safety of British society not only now, but for decades to come". She also described the legislation as a "vital, world-leading piece of legislation" that balances child protections with free speech for adults.

Addressing backbench pressure, Donelan said the strengthened provisions give the bill "additional teeth to deliver change" by holding senior executives to account with criminal liability for non-compliance.

Child Protection Advocates

Child safety groups largely welcomed the new law. Sir Peter Wanless, chief executive of the NSPCC, said the legislation was necessary given the "unacceptable levels of abuse and harm [children] face online every day". Barnardo's chief executive, Lynn Perry, praised age verification rules for platforms as a powerful tool to limit children's exposure to explicit content.

However, Children's Commissioner Dame Rachel de Souza has since warned that Ofcom rules still leave children vulnerable, arguing the protections remain "too weak" and may prioritise tech firms' interests over child safety.

Free Speech and Privacy Critics

Civil liberties advocates have voiced fierce objections. The Open Rights Group called the Act a "censor's charter," while the Wikimedia Foundation criticized the enshrined criminal penalties, arguing they threaten public-interest websites like Wikipedia. In May 2025, Wikimedia UK and the Wikimedia Foundation formally launched a legal challenge, stating the law is "flawed legislation" in its current form.

Privacy concerns also centre on the Act's end-to-end encryption provisions. Tech firms like WhatsApp and Meta have strongly opposed the requirement to scan private messages, asserting: "We don't think people want us reading their private messages" and warning that undermining encryption would compromise user privacy globally. Ciaran Martin, former head of the National Cyber Security Centre, accused the government of "magical thinking," saying the proposed scanning mechanism would inevitably weaken encryption standards.

Political Backlash

Technology Secretary Peter Kyle stirred controversy by accusing opponents of the law—particularly Reform UK leader Nigel Farage—of siding with "extreme pornographers" and even likened their position to aligning with paedophile Jimmy Savile. Farage called the remarks "disgusting" and defended his repeal campaign as necessary to protect free speech.

Kyle also described the current regime as "unsatisfactory" and "uneven," urging faster legislative updates to keep pace with issues like deepfakes and procedural loopholes. He pointed to ongoing harm cases as evidence the law falls short in execution.

Public and Digital Response

Since enforcement of age verification measures began on 25 July 2025, a parliamentary petition calling for repeal has garnered over 340,000 signatures, triggering a bill debate opportunity. Critics highlight risks tied to facial scans and ID checks—urging citizens to contact MPs before the October deadline.

Meanwhile, VPN sign-ups have surged, as users seek to avoid invasive ID requirements and maintain privacy—driving discussions about whether the Act might push people toward riskier, unregulated solutions.



Helping "Elderly and Vulnerable People Remain Living in their Own Homes for Longer..."

Contributed by The St Helena Red Cross



The local Branch of the Red Cross, in observing one of our fundamental principles of protecting life and health and ensuring respect for the human being, recently donated to Elderly Care, Social Services eight pendant alarms. These are used to help elderly and vulnerable people remain living in their own homes for a longer period of time with safety, support, dignity and the ability for continued social interaction.

Pendant alarms are an invaluable means, that allow people previously considered high risk, to continue to live relatively independent lives within the community. It provides confidence and reassurance to these vulnerable people, their family and Social Services that in the event of an emergency help is able to be summoned. They are simple to operate and do not require great dexterity.

Given the proportion of elderly people on the island and the probability of this trend continuing into the future, these alarms are likely to prove a crucial element in helping people remain within their own environment for longer, particularly those living in remote and isolated parts of the island.

The value of these alarms is evident by the constant use of them, which despite the donation of eight units by the Red Cross almost doubling the number, it is understood they are all currently in use; which proves how vital a resource they are.



The St Helena Independent April Cottage Putty Hill Alarm Forest

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To ensure inclusion, please submit adverts and copy by 1pm on Wednesdays.

Later requests subject to available space.

Jamestown. ... Paraty agere contra

Contributed by (Father) David Musgrave

In 1981 I attended various courses in Latin America in particular Brazil, Argentina & Chile; I was there for nearly 8 months.

While in Brazil our study group had to travel by car from São Paulo to Rio de Janeiro, a distance of over 500km. However instead of driving along the superfast motorway connecting these two huge cities we opted for the tranquil road that travers the coast-line of the Costa Verda – Green Coast, in part through virgin tropical forest. About half-way through the journey in the forest we arrived at Paraty, a small town on the coastline.



Image Source - Viator.com

In very many respects this small seaside town has very much in common with Jamestown, and yet not. Both settlements were founded by the Portuguese explorers in the 16th century, Vela da Capela in 1502, later James' Town and following decades and Paraty in 1597. Both have their ups & downs and at times checkered economic histories during the following centuries including the use of abundant slave labour; the ancestorial presence in a vast major of Brazilians today.

To date Paraty has only a small non-commercial aerodrome for private planes or helicopters, a rather redundant freight rail-link and as stated, far distances from major cities and motorways but like Jamestown moorings for yachts & other seacraft, snorkelling, diving, while fishing is still a livelihood for many locals. The area surrounding the overall town is abundant in virgin forests and enticing to those who appreciate nature in all her forms.

And, not dissimilar to St Helena the area around Paraty distils from sugarcane. its unique and registered cachaça–rum essential to the Brazilian national drink of caipirinha, coffee plantations abound and the harvesting of tropical fruit.

While lower Jamestown portraits architecturally many colonial Georgian-styled buildings, Paraty reflects that of the Portuguese imperial & colonial eras, surprisingly, as a result of Napoléon's army invasion in 1807 and this too had an effect on the development of Paraty, though in a different way. With the invasion the Portuguese king, court and very many leading citizens fled to Brazil, then still part of the vast empire. The royal family's sojourn there at the Paço Imperial, in Rio de Janeiro greatly influenced the style of living in particular architecture to be seen in several of the historic buildings of the Old Town and Rio former Brazilian capital; seen side-by-side today, two historic towns almost parallel eras in time and influences.

Today, Paraty has constructively used their colonial past to great advantage so that it 2019 it was declared as an UNESCO Heritage site. In part achieving this by demarking the historic Old town area by a chain across streets permitting beyond only pedestrians and cycles, shop deliveres only once a week, the numerous imperial colonial historic buildings well maintained and used for resident owners, visitors' accommodation; restaurants and small shops catering for visitors & tourists; the various churches buildings are appraised of the vibrant historic foundations, presence and progress and are very much inclusive in the tourist trust including various celebrations both religious and secular.

Yes! there is a modern Paraty adjacent to the Old Town but the two are clearly separated so as to continue to ensure & enhance what the tourists & visitors come to see, appreciate and enjoy. The question behaves an answer: What has Paraty got that Jamestown doesn't have?



OZZY OSBOURNE: A SAINT HELENA CONNECTION

Having read with interest your coverage of Ozzy Osbourne's death in last week's Independent I thought readers might be interested in a connection, albeit somewhat distant, between him and the island; through myself.

Older readers may recall that I arrived in Saint Helena in January 1990

to take up the position of Attorney General. Immediately prior to this I had been between overseas postings and had taken employment with the Crown Prosecution Service ('CPS') for a few months as a 'casual prosecutor'; which was not the most distinguished of the various job titles I have had during my 53 years as a barrister!

I was based in Aylesbury, Buckinghamshire, and my 'patch' was the Chiltern Magistrates Courts, in the hilly area west of London. Most of the work was pretty run of the mill: speeding cases, driving under the influence, small thefts, vandalism, etc. I usually did not know which court I was due to go to and what cases I would be dealing with until the afternoon before. One late afternoon, I picked up a pile of files for Amersham Magistrates Court the next day, 18 October 1989. Among these was one relating to a John Michael Osbourne, accused of attempting to murder his wife, Sharon Osbourne.

A significant throng of reporters and others were present when I arrived at the court, including a cameraman from Thames Television.

Ozzy, as most people knew him, arrived in an ill fitting suit, a couple of sizes too big. His shirt did not match the suit, and his tie matched neither. It also gave the impression that he did not know how to knot one.

As is now well known, the charging of Ozzy and producing him before the court was something of an exercise in futility, with Sharon later withdrawing her allegation. But there was a moment of drama during the morning.

Suddenly, there was a loud noise at the back of the court and the double doors flew open. The cameraman from Thames Television was marched into court by a Police Inspector, still grasping his camera. He had been caught pointing his camera through a gap in the court doors, and actually filming. An offence under section 41 of the Criminal Justice Act 1925 had been committed. It is also a contempt of court. Suddenly, I found myself reaching for Stone's Justices Manual. Contempt seemed to be the better route, particularly if the justices decided it had been committed 'in the face of the court', that is, witnessed by themselves, in which case it could be dealt with on the spot. They decided to deal with it then and there, after the cameraman had been given a chance to explain himself. There was little that he could say. The justices retired to their room to decide what to do.

They returned about twenty minutes later and the chairwoman of the bench started off by telling the cameraman what powers they had, including imprisonment. But mercy prevailed and he was simply ordered to delete the offending tape, which was to be witnessed and confirmed to the court by the Police Inspector. The cameraman protested that he had only briefly filmed inside the court and the rest of the tape, Ozzy arriving at court smoking a cigarette, and other outside footage should be spared, or there would be nothing to show on Thames Television News that night. Which is why there was no footage of the scenes outside the court shown on Thames Television News that night.



At about 6.30am this morning, the gong rang out across the Settlement Edinburgh of the Seven Sea's. The first call of our 2025/26 fishing season.

For anyone new here: the Tristan gong is an old tradition that still plays a big role in daily life. It's sounded through the village to mark fishing days, offloading cargo vessels, and emergencies like fires. It's how the community stays connected and in the loop, no matter what's going on.

It's only been since 2006 that Islanders have actually had telephones in their homes to communicate, so the gong was, and still is, something really important. A simple sound that could mean everything, and a tradition we proudly keep to this day.



I was hanging washing on the line as the sun came up, all soft gold over a calm sea. I watched the first boat head out to the east of the island while fog sat spooky in the mountain crevasses, the sun gleaming through it like a spotlight. One of those little Tristan moments you don't forget.

Later this afternoon, the ladies will head down to the factory to start processing the day's catch, another vital part of the rhythm that keeps this island going. It's always a real team effort from sea to shore.

Here's to a safe, successful season for every crew, the factory team, and all the families behind them.



The capture of a Dutch East India Trade Fleet at St. Helena Island 14 June 1795

Contributed - Aubrey George

Part A - To attempt the seizure of the Dutch colony at the Cape of Good Hope.

On 25 May 1795, HMS Sceptre 64 - Captain William Essington arrived in St. Helena from England, to convoy home the Honorable East India Company (HEIC) trade ships at St. Helena, and with news of the French invasion of the Netherlands. Although unaware of the declaration of war against Britain on 15 May. Captain Essington was able to advise St. Helena Governor Robert Brooke, that the Dutch possessions and shipping in the south Atlantic were now liable to occupation and detention. Under an order dated 9 February 1795, Royal Navy vessels and British letters of marque (HEIC ships), were instructed to detain Dutch vessels and their cargoes and bring them into British ports, that they might be detained provisionally.

Governor Brooke had seen extensive military service with the HEIC . Immediately, Brooke, Essington, the island's council, and the captain's of the HEIC ships anchored in the harbour, held consultations with a view to attempt the seizure of the Dutch colony at the Cape of Good Hope. With mixed responses from the captains, however, the hawks prevail and orders were drafted for the mission on 28 May.

In the coming days, three hundred troops, one hundred volunteer seamen, Governor Brooke, artillery fieldpieces, and a treasure trove of money were embarked aboard the Sceptre 64, and the HEIC ships General Goddard and Manship. The expedition now ready to depart, unexpectedly the HEIC ship Swallow - Captain William Clifton arrived from the Cape on 31 May, with the news of twenty Dutch ships preparing to sail home, ten of these were of significant value.

Part B - Change to drafted mission; From attempt seizure of the Cape colony to the capture of a Dutch fleet.

A further meeting on 2 June took place with Brooke, Essington and the HEIC captains. It was now agreed to the capture of the Dutch ships, before any attempt of the Cape colony. And unexpectedly later that day, the HEIC ship - Arniston - Captain Campbell Marjoribanks arrived from Portsmouth. On board were the Governors family travelling to St. Helena, and also with correspondences for Governor Brooke from Rear Admiral Sir George Keith Elphinstone, announcing he would be convoying out a force to take possession of the Cape colony. In the earlier readiness, the troops, volunteers, treasure, and the artillery fieldpieces, were disembark accordingly.

However, unknown to Brooke and Essington, a convoy of sixteen Dutch East Indiamen had left the Cape colony on 18 May for Europe, with their escorts the brig Kommeet 18 - Captain Lieutenant Mynheer Claris, and the corvette Scipio 20 - command de Jong. Bad weather had forced eight to return to Cape before sailing again on the 22 May, the remaining eight, escorts and a Dutch whaler - Herstilder sailed on. Only two reached then neutral Norway.

Part C - (contributor's summary of interest) On the arrival of the HEIC ships - Swallow, and the Arniston with their important news, may have saved Governor Robert Brooke, and Captain William Essington from a potential humiliating defeat.

Fortunately, for Governor Robert Brooke and Captain William Essington, the arrival of ships - Swallow and the Arniston enable both men to reconsider their earlier decision, which resulted in a lesser expedition but a urgent one to intercept a Dutch trade fleet, which by now had departed the Cape colony on the 18 May. In hindsight, did Brooke and Essington had authority to commit to attempt the seizure of the Cape colony. Brooke or Essington was not instructed by the Admiralty to form a expedition from St. Helena. Overall, initially to invade the Cape colony was approved by all including the island's council at the time,

The capture of a Dutch East India Trade Fleet at St. Helena Island 14 June 1795

Contributed - Aubrey George

and the captains of the HEIC ships.

Had Captain Essington's improvised and rudimentary force (ad hoc) set off later that day (2 June), before the arrival of the ship - Arniston with the news of Rear Admiral Sir George Keith Elphinstone's planned expedition later to take possession of the Cape colony, not prevented a pre-mature decision by all involved, that may have resulted in a slaughter and massacre, a costly failure in attempting to capture the Cape colony with a minimum of three ships and several hundred troops.

Part D - Deserving of a Dedicated Plaque to a historical event during the island's early years. The capture of a Dutch East India fleet off - St. Helena Island 14 June 1795.

Later that day on 2 June, three hundred extra troops and one hundred volunteer seaman all of whom were trained in the use artillery, sixty of the troops were taken aboard the Sceptre 64, the remaining men assigned to the HEIC ships - General Goddard and the Manship with extra cannons positioned on board, and with the HEIC ship - Swallow added, this force sailed out on the evening of 3 June, and five others set out on later days.

Captain William Essington's ship HMS Sceptre 64 and his improved, improvised and rudimentary force of HEIC ships set out to the windward of the island in search of the Dutch fleet. The HEIC ships were -

GENERAL GODDARD - Captain Willian Taylor Money

MANSHIP - Captain John Lloyd
SWALLOW - Captain William Clifton
ASIA - Captain John Davy Foulkes
ESSEX - Captain John Strover
BUSBRIDGE - Captain Samuel Maitland

LORD HAWKESBURY - Captain John Price

AIRLY CASTLE - 1st. Officer Samuel Barnard

On 7 and 10 June, Sceptre 64, General Goddard, Manship, and the Swallow encountered the unescorted Dutch ships - Julie, and the Houghly, which the squadron intercepted and captured. Both were richly laden, were then escorted by the Swallow to the island.

Governor Brooke ordered the - Swallow back to sea in the company of the HEIC Busbridge, with extra men from the garrison aboard both vessels. Throughout, unfavorable weather made it difficult for the squadron to keep in company, the Manship and Busbridge lost contact, the Lord Hawkesbury and Asia were forced back to the harbour. Later in moderate conditions, the Lord Hawkesbury, Essex, Asia, and Airly Castle were able to get to sea, and join in the hunt for the Dutch.

On 13 June at 10pm, the HEIC ship - General Goddard signaled to the rest of Essington's Force a fleet of seven sail in the north-east, with the Asia, Essex and the Airly Castle in sight a general chase began. These Dutchman would to be those sailing on the 22 May. The next day at 8 O'clock in moderate weather, the squadron seventy miles to the north-east of St. Helena, the Sceptre 64 fired a gun to alert the Dutchman. The ships Swallow and the General Goddard was in company with the man-of-war (SCEPTRE 64), as the Busbridge was in-sight. Responding, the Dutch ships hoisted their national colors and continued their course.

Captain Essington then ordered Sceptre 64 to fire four eighteen pound cannons across their bows, the Dutch fired several cannons at

The capture of a Dutch East India Trade Fleet at St. Helena Island 14 June 1795

Contributed - Aubrey George

Essington's squadron. As all suitable warnings been given, the man-of-war now fired two broadsides, with the General Goddard firing with her cannons. Thereafter without any further exchange, the Dutch fleet surrendered. There were no casualties on either side during the engagement.

Later, boats from Essington's force boarded the Dutch ships. During these proceedings several attempted to make good their escape, but was prevented by the guns of the ship - General Goddard. On 17 June - Sceptre 64, General Goddard, Swallow, Asia, and Busbridge, returned to the island with their seven captured Dutch prizes, to add to the Julie and the Houghly.

On 1 July, Sceptre 64, the General Goddard, and the prizes sailed out to gather in the remaining ships of Essington's force (Manship, Lord Hawkesbury, Essex, and Airly Castle). On return to the island, the sloop Discovery with George Vancouver, and consort - the Chatham under Peter Puget, with the captured Dutch prize the - Makassar had arrived there joined them.

Captain Essington's initial value was significantly higher. Later reports claim the ships and their cargo were worth one and a half million pounds, or one hundred eighty million pounds in today's money. Captain William Taylor Money of the HEIC ship - General Goddard received a Sword of Honor from Governor-colonel Robert Brooke of St. Helena, with gratitude and worthy thanks from Captain William Essington.

On 22 August, Captain William Essington's entire fleet and the captured Dutch prizes sailed from St. Helena for England. The British ships were -

HMS SCEPTRE 64 - Captain William Essington

HEIC SHIP GENERAL GODDARD - Captain William Taylor Money

HEIC SHIP MANSHIP - Captain John Lloyd

HEIC SHIP SWALLOW - Captain William Clifton

HEIC SHIP BUSBRIDGE - Captain Samuel Maitland

HEIC SHIP LORD HAWKESBURY - Captain John Price

HEIC SHIP ASIA - Captain John Davy Davy Foulkes

HEIC SHIP ESSEX - Captain John Strover

HEIC SHIP AIRLY CASTLE - 1st. Officer Samuel Barnard

HMS DISCOVERY - Captain George Vancouver

HMS CHATHAM - Captain Peter Puget

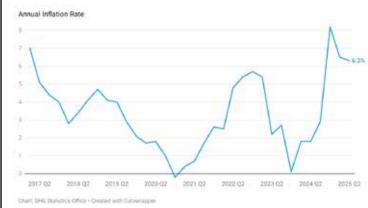
The captured Dutch prizes were the ships - JULIE, HOUGHLY, ALBLAFFEXDAM, DORTRECHT, MERMIN, LADY AGATHA, MENTOR, SURCHEANCE, ZEELELYE, AND THE MAKASSAR.

The journey northwards was steadily slow, the weather continuous turbulent. The convoy finally arrived in the Shannon on 13 December 1795, and waited there until a extra force arrived to escort Captain Essington's convoy through the Channel.

A remarkable and fascinating historical event from the island's early years, at the time of the Honorable East India Company's rule during 1795. No doubt the island's council were such members, and the 100 volunteer seamen may have been islanders, slaves, or others physically fit to man fighting ships of that era.

St Helena Sees Modest Rise in Consumer Prices, Annual Inflation Eases Slightly

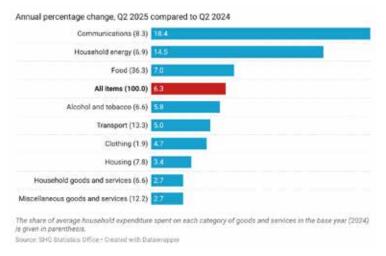
The St Helena Statistics Office has released its latest Consumer Price Index (CPI) figures for the second quarter of 2025, revealing a modest increase in consumer prices across the island.



According to the report, the CPI now stands at 103.6, marking a 0.1% increase from the previous quarter (Q1 2025). Compared to the same period last year, prices have risen by 6.3%, reflecting the island's annual inflation rate. While this figure remains relatively high, it represents a slight easing from the 6.5% annual inflation recorded in the first quarter of 2025.

The data shows that all major spending categories experienced price increases over the past year. The most significant annual rise was observed in Communication costs, which surged by 18.4% following increases in landline tariffs and mobile data prices implemented in July 2024.

Household Energy saw the second-largest increase, climbing 14.5% year-on-year due to higher electricity prices and rising costs for



firewood and gas cylinder refills. Food prices rose by 7.0%, a slightly smaller increase compared to the 8.4% recorded in the previous quarter.

Despite the modest quarterly rise in the CPI, only three categories showed increases between Q1 and Q2 2025. Household Energy led the way with a 1.8% quarterly rise, followed by Miscellaneous Goods & Services at 0.9%, and Transport at 0.6%. Meanwhile, prices for Clothing, Food, and Alcohol & Tobacco dipped slightly, while other categories remained stable.

The key drivers of inflation this quarter were locally provided services—particularly electricity and telecommunications—both of which saw price hikes in mid-2024. However, international price trends continue to play a major role in shaping local inflation, due to St Helena's dependence on imported goods, primarily from the United Kingdom and South Africa.

According to the UK Office for National Statistics, annual inflation in the UK stood at 3.4% in May 2025, a slight decrease from 3.5% in April. In South Africa, Statistics South Africa reported steady inflation at 2.8% for both April and May 2025.

Currency movements, particularly the exchange rate between the South African Rand and the British Pound, can also influence local prices. A stronger or weaker Rand can alter the cost of South African imports. However, for the period July 2024 to June 2025, the Pound averaged 23.5 Rand, almost identical to the 23.6 average recorded in the previous 12 months. As a result, exchange rate fluctuations had little impact on inflation during this period.



Through the Lens

Learning from Afar: How the UK's Digital Education Revolution Can Transform St Helena- Written By *Ed Oyewo*

While the world grappled with educational disruption during the 2020 pandemic, St Helena found itself in a unique position. Our geographical isolation, combined with limited internet infrastructure, meant we largely missed both the immediate digital education revolution that swept across the UK and the valuable lessons it taught. However, with the transformative upgrade of our internet connectivity in 2023, we now stand at a remarkable crossroads—able to learn from the UK's experiences without having to repeat their struggles.

The UK's Digital Education Journey: Tragedy and Triumph

Across the United Kingdom during 2020–2021, educational technology moved from the margins to the mainstream overnight. Schools that had

ignored digital tools for years suddenly found themselves conducting entire curricula online. The House of Lords and Public Accounts Committee later revealed the scale of this transformation: unprecedented investment in education technology, rapid adoption of digital



The UK's experience was marked by both triumph and challenges. Teachers became digital innovators by necessity, transforming their homes into broadcast studios and mastering platforms they had never previously encountered. Students demonstrated remarkable adaptability, engaging with online learning environments that opened new worlds of knowledge and collaboration.

Yet the UK also confronted harsh realities: outdated web infrastructure, digital poverty that left many students without adequate devices, inconsistent broadband access, and the stark realization that digital literacy had been conflated with basic computing skills. The pandemic revealed that many teachers lacked the digital pedagogical training needed to make technology truly effective for learning.

St Helena's Unique Advantage: Learning Without the Crisis

Our island's circumstances during the pandemic—while challenging in their own right—have inadvertently positioned us with a unique advantage. We can now observe, analyse, and implement the best practices developed across the UK without having to navigate the crisis-driven adoption that characterized their experience.

The 2023 enhancement of our internet infrastructure represents more than just improved connectivity—it opens the door to educational opportunities that were previously impossible on our remote island. We can now access the open educational resource platforms that have proven transformative in Wales, Scotland, and Northern Ireland. We can implement digital pedagogy approaches that have been tested and refined through years of UK classroom experience.

Lessons We Must Embrace

The UK's experience teaches us several critical lessons for St Helena's educational future:

Technology with Purpose: Educational technology is not about replacing traditional teaching methods but enhancing them. The most successful UK schools used technology to support teacher collaboration, reduce administrative workload, and increase family

involvement in education. On St Helena, where community connections are strong, this approach aligns perfectly with our values.

Blended Learning Excellence: The UK discovered that the binary debate between traditional and digital education was counterproductive. The most effective approaches combined the best of both worlds—using technology to consolidate knowledge, enable skills practice, and connect learners with resources and expertise beyond their immediate environment.

Infrastructure as Foundation: No amount of innovative teaching can overcome inadequate digital infrastructure. The UK's investment in robust connectivity and devices proved essential. St Helena's recent connectivity improvements provide us with this foundation, but we

must ensure every student has access to appropriate devices and digital literacy training.

Teacher Development is Critical: The UK learned that digital tools are only as effective as the teachers using them.

Successful schools invested heavily in professional development, ensuring teachers understood not just how to use technology, but how to integrate it pedagogically into their teaching practice.

Our Path Forward: Educational Transformation Through Technology

For St Helena, the opportunity before us is unprecedented. We can implement evidence-based approaches to educational technology that support our island's unique context while connecting our students to global opportunities.

For Our Government Officials: The UK's experience demonstrates that investment in educational technology infrastructure and teacher training yields significant returns in student outcomes and economic development. The growing EdTech clusters across the UK now employ thousands and attract substantial investment. St Helena can position itself as a digitally progressive island community while maintaining our distinctive character.

For Our Teachers: You have the opportunity to learn from colleagues who have spent years refining digital pedagogical approaches. Professional development in educational technology can reduce your workload while expanding your students' learning opportunities beyond what our island can physically provide.

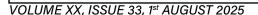
For Our Parents: Technology can strengthen rather than weaken family involvement in education. The UK's experience shows that well-implemented educational technology increases communication between schools and families while providing new ways to support children's learning at home.

For Our Students: The digital learning opportunities now available can connect you with peers, teachers, and resources worldwide while helping you develop skills essential for future success, whether on St Helena or beyond.

Introducing Our EdTech Series

Over the next six weeks, "Through the Lens" will explore how St Helena can implement the best practices learned from the UK's digital education journey. We will address concerns about screen time and digital safety while highlighting genuine educational benefits.

Till Next Time, keep Well.







A Message from Bennett's Ltd

On Wednesday, the "Jamestown Swimming Pool - St Helena" Facebook page posted to the community that they will be departing from managing the Swimming Pool.

"The public are advised as of the 1st August Bennett's Ltd will no longer manage the Jamestown Swimming Pool," it read. "It has been a pleasure to provide a service to the island and watch our community grow into safe confident swimmers. Thank you for your custom and support over the years and wish the new management every success."

As of writing this, no successor has been announced, however the Independent would like to thank Bennett's Ltd for their service and wish them well for the future.

Teaser: Expanding Economic Capabilities for Overseas Territories

Leaders and stakeholders will gather in London this week for a business lunch hosted by Lloyds Bank, focusing on the economic development of the British Overseas Territories. Held at a venue on Poultry Lane, the event will explore opportunities in government banking, retail finance, and infrastructure investment, with an emphasis on sustainable growth.

We hope to bring an article about this subject in the next edition of the Independent.



NOTICE TO ALL MEMBERS OF THE MISAINT PENSION PLAN

The 2024 Annual Statements have now been received and any member who has not yet received their copy are asked to please contact Barbara Harris, Solomons Pensions Administrator on telephone number 22380 or email pensionadmin@ solomons.co.sh to arrange collection of their statement.

Statements will only be printed upon request; therefore it is important to contact Barbara to advise if you would like to receive your statement by email or printed format.



TEMPORARY BAN ON LOBSTER AND DEEPWATER BULLSEYE FISHING

The Marine Enforcement Section would like to advise all fishers of the need to stop all fishing for lobster species and commercial fishing for Deepwater Bullseye.

To protect St Helena's fish populations and ensure they remain healthy for the future, we set limits on how much fish can be caught. These limits, called Total Allowable Catches (TACs), help us manage different fish species. We also divide these limits into catch quotas for different types of fishing (commercial, sports angling/spearfishing, and recreational). Our main goal is to keep fish stocks sustainable for the long term while also considering the impact on our fishing community. Recent fishing data shows that we have reached the overall catch limits for all lobster species and the commercial quota for Deepwater Bullseye. As a result, landings or retention of the following species within St Helena's fisheries limits (200 nm) is prohibited during the period commencing Wednesday 30 July 2025 to Friday 31 December 2025:

- · Brown Spiny Lobster (Panulirus Echinatus): This applies to all types of fishing.
- · Red Slipper Lobster (Scyllarides Obtusus): This applies to all types of fishing.
- · Deepwater Bullseye (Cookeolus japonicus): This applies only to commercial fishing.

Any Brown Spiny Lobster, Red Slipper Lobster or Deepwater Bullseye (through commercial fishing) caught as by-catch during this period must be returned immediately to the sea. Returning by-catch immediately will not be considered a violation of this notice.

Please be aware that breaking a Fishing Control Notice is a serious offense under section 72(2) of the Fisheries Ordinance, 2021. If found guilty, individuals could face a **maximum fine of £25,000**.

For further information please contact Kelly Jonas, Marine Enforcement Officer, by telephone on 25947 or via email through kelly.jonas@sainthelena.go.sh



Diocese of St Helena

The Parish of St Paul's					
Sunday 3 rd August 2025– 18 th Sunday of the Year					
8.00 a.m.	00 a.m. Eucharist				
9.30 a.m.	Eucharist	Cathedral			
3.30 p.m.	Eucharist	St Peter			
	Thursday 7 th August				
7.00 p.m.	Praise and Worship	St Andrew			
	The Parish of St James				
Sunday 3 rd August 2025 – 18 th Sunday of the Year					
9.30 a.m.	St James				
3.30 p.m.	Eucharist	St Michael			
7.00 p.m.	Thursday 7 th August Eucharist with Healing	St John			
_					
The Parish of St Matthew					
Sunday 3 rd August 2025 – 18 th Sunday of the Year					
11.15 a.m.	11.15 a.m. Eucharist				
	Tuesday 5 th August				
7.00 p.m.	70x7 Forgiveness	St Mark			

REGISTRY OF LANDS, ST HELENA 29th July 2025

NOTICE is hereby given of an application by James and Hannah Herne of Gift Cottage, Sandy Bay, for registration of a profit by prescription exercised over Parcel 93 in the Sandy Bay East Registration Section, registered in the name of Colin Russell Corker of Green and Dicksons, Jamestown. Such application is made by virtue of peaceable, open and uninterrupted use of the profit for a period exceeding 20 years. A copy of the application and a plan of the said land are available for inspection at The Land Registry, Essex House, Jamestown, during normal office hours. Any person who wish to make representations to the Registrar of lands as to why this application should not be permitted must do so within 1 calendar month of the date of this notice.

DUNCAN COOKE, REGISTRAR OF LANDS

Are you interested in developing your marketing?





Are you a local tourism business looking to enhance your marketing skills?

We're inviting tourism operators and service providers – including accommodation, tours, transport and hospitality, to take part in a free marketing training session designed to help you promote your business more effectively.

What to expect?

- Marketing Fundamentals
- Collaboration with St Helena Tourism
- Digital Marketing (including social media essentials)
- Creating content
- Next steps and support

Date: Thursday, 4th September 2025 Time: Full day - 9:00 to 15:00 Location: Tourist Office

For more information and to register your interest contact Tyanne Williams via tyanne.williams@sainthelena,gov.sh or +290 22470.gov.sh and by calling 22470





Nominating a Candidate for the 2025 General Election

Who can be nominated?

Anyone can stand for election providing they are:

- 1. on the Register of Electors effective from 1 July 2025; and
- 2. they are over the age of 21 years.

Ideally candidates should have a genuine interest in the island's affairs.

General Election

How to Nominate Candidates

Use a **Nomination Form** which can be obtained from the Castle Reception, the Customer Services Centre, the Public Library and can be downloaded from the SHG website.



Forms and further information on the election process are also available

from:

Returning Officer, Carol Henry, carol.henry@sainthelena.gov.sh or tel. 22470,

Assistant Returning Officers,

Anita Legg: anita.legg@sainthelena.gov.sh

or tel. 22590

Connie Johnson: connie.johnson@sainthelena.gov.sh

or tel. 22470

Gillian Francis: gillian.francis@sainthelena.gov.sh or tel. 22314

Important Information

There are 12 vacant seats on Legislative Council so you can sponsor or support up to 12 candidates in the General Election.

Sponsors and supporters **must be** on the Register of Electors effective from 1 July 2025.

Potential candidates can ask people to be their sponsors or supporters. The supporter cannot be the same person as a sponsor.

Nomination Form Check Box

Ensure you have included all of the following when submitting the nomination form:

- Full name and signature of the **candidate**.
- Full names and signatures of **two sponsors** signed in the presence of the Returning Officer, an Assistant Returning Officer or a Justice of the Peace (JP).
- ☐ Full names and signatures of **five supporters**
- signed in the presence of witnesses. The witnesses of supporters' signatures do not need to be listed in the Register of Electors.
- All nominations must be submitted **no later than** 12:00 noon on Wednesday, 20 August 2025.

JP's:

Chief Magistrate Duncan Cooke
Barry Hubbard
Douglas Bennett
Joan Patricia Flagg MBE
Harold Horner
Vincent March

Marie-Anne Dennis
Deborah Fantom
Nicholas George
Jody Grant-Lawrence
Desmond Wade
Colin P Yon

Sidney A Youde

Deliver your nomination to Returning Officer, Carol Henry or Assistant Returning Officers,
Anita Legg, Connie Johnson, or Gillian Francis, at The Castle.

DON'T WAIT UNTIL THE LAST MINUTE - SUBMIT YOUR NOMINATION EARLY!



THE ROLE OF EXECUTIVE COUNCIL



A General Election will be held on Wednesday 3 September 2025, if more than 12 valid nominations are received by no later than 12 noon on Nomination Day, Wednesday, 20 August 2025. This year's Election will be the second under a ministerial system of Government.

Leading up to the General Election we will provide information on how the Ministerial Government works. This week's focus is on the role of Executive Council.

Who forms the Executive Council?

The Chief Minister, the four Ministers and the Attorney General form Executive Council (ExCo), which is the highest decision making body of the St Helena Government.

The Governor presides at meetings of ExCo.

The Governor in his own discretion, or following a request from the Chief Minister, can invite Officers of the St Helena Public Service to meetings of ExCo.

What happens at meetings of ExCo?

At meetings of ExCo the most significant policies, primary legislation to be presented at Legislative Council and secondary legislation to be enacted are considered and approved. Also at meetings of ExCo, national strategy is decided, the government's legislative programme is agreed and decisions are made on many of the Island's most difficult issues.

What role does the Governor have at meetings of ExCo?

The Governor presides at meetings of ExCo as established in the Constitution. At meetings the Governor asks the Chief Minister or one of the Ministers to lead on items on the ExCo agenda, with the Chief Minister leading most discussions and summing up the collective advice of Ministers to the Governor once a matter has been debated. The Governor will follow the advice of ExCo on most matters. However, on matters which in the Constitution are special responsibilities of the Governor, the Governor normally only has to consult ExCo and can choose not to follow their advice. There are also certain matters that legally the Governor does not have to consult with ExCo.

Do any Government officials sit on ExCo?

The Attorney General is a non-voting member of ExCo. The Chief Secretary and Financial Secretary attend ExCo meetings as policy advisors but they are not members of ExCo and do not have a vote. The Governor also appoints a Secretary who is responsible for arranging the business for, and keeping the minutes of, the meetings of the Executive Council, and for conveying decisions reached at the meetings to the appropriate person or authority. The Governor on their own, or following a request from the Chief Minister, can invite other officers of the St Helena Public Service to attend meetings where their presence is considered desirable for specific business.

Are ExCo decisions based on the principle of 'collective responsibility'?

Yes they are. Under the Constitution ExCo is collectively responsible to the Legislative Council for both advice given to the Governor and actions taken by Ministers in the execution of their duty.

How often does ExCo meet?

ExCo meets as often as is required. ExCo can be summoned either at the discretion of the Governor, or following a request to the Governor from the Chief Minister. Generally, ExCo meets every fortnight but does so more frequently when important business requires such.

Must all Ministers attend meetings of ExCo?

For business to be transacted at a meeting of ExCo there must be at least three Ministers in attendance, one of which must be the Chief Minister. However, it is expected that given the importance of meetings of ExCo all Ministers will be in attendance unless there are exceptional circumstances.

The Constitution allows ExCo to make provisions for the remote attendance of Ministers by electronic means.

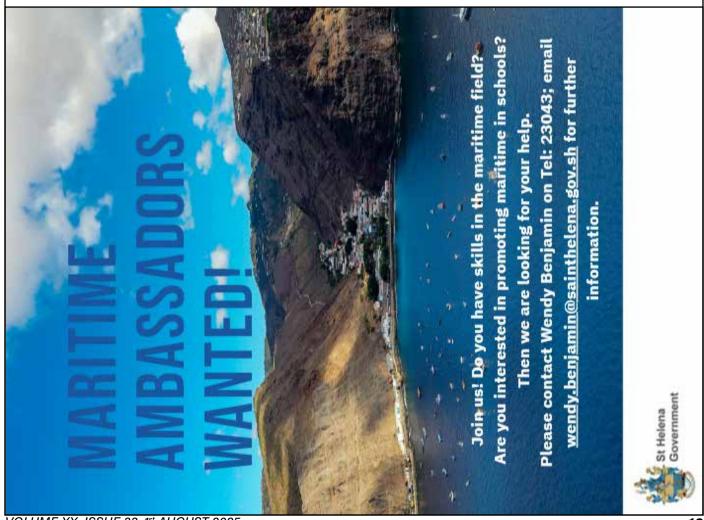
In our next issue we will look at the role of Legislative Council. These Information Releases are also available online at: https://www.sainthelena.gov.sh/government/public-information/elections/.

House for Sale in Sapper Way

For sale in Sapper Way is a beautiful unfurnished house comprising of Three Bedrooms, a Dining Room, a Kitchen, a Bathroom, a Toilet, a Living Room, a Laundry Room, a Patio, a Garage, and a Cloak Room.



For further information please contact Cyril George on telephone number 24501 or email cath.cyril@helanta.co.sh



Richard James International Items for Sale

Item Name	Item P/N	Vehicle Fitment	Price
Serpentine Belt 7 rib	LR031361/7PK2672	Land Rover Defender 2.2L	£20.00
		Nissan Navara NP300	
Fuel Filter	WJ1500040R	Land Rover Defender Puma 2.2/2.4	£10.00
Sump Plug	1013938	Land Rover Defender Puma Engine	£2.50
Mann Oil Filter	W7050	Land Rover Defender 90/110/130	£11.50
Air Filter	PHE50060R	Land Rover Defender Puma 2.2/2.4	£7.00
Exhaust Mount	420404	Peugeot 307/308	£13.00
Universal Inner Tie Rod Wrench	HB42159	Removal Tool 27mm to 42mm	£10.00
Suspension kit L/R	FSK 6451 (First Line)	Peugot 206 HB/Saloon/Van 1998-2012	£10.00
Front Axle L/R	35-16 031 0009 Meyle	Mazda Tribute Estate 2000/08	£15.00
Wiper Motor (Rear)		Renault Clio Hatchback 1998-2016	£40.00
Sensor/ Wheel Speed (Stark)	SKWSS-0350168	Ford Fiesta/Fusion Est 2001-2012	£45.00
		Mazda 2 Hatchback 2003-2007	
Wiper Motor 12v	295W0017	Citroen 1994-02 Mini Bus	£36.73
		Dodge 2005 Ram 4000	
		Fiat Ducato11 Mini Bus 1994-2005	
		Peugeot Van/Mini Bus 1994-2005	
Inner Tie Rod (Steering)	FTR 5458	Mercedes Benz/ Peugeot 207	£13.00
Wheel bearing kit (Front)	FBK944	Suzuki Vitara 1998-2008	£40.00
Oil Filter	F026 407 045/ P7045	DAF CF / XF 2001-2013	£14.00
Starter Motor 12v Number Teeth 12	LRS01715	Nissan D22 2.5 Pickup 1997	£125.00
	· ·	Nissan Navara 4wd 2.5 1997	
		Nissan NP300 Pickup 2.5 1997	
Paint Electric Blue 1QT	870 CC		£15.00
Front Splash Guard	CPD0972005L	Ford Focus 2005-2012 Inner Wing ®	£15.00
Brake Shoe Set	LS1173	Volvo/ Ford/ Hyundai 82-86	£14.00
priane ones sec	101170	Capri 1977-1987	
		Escort MK11 76-80	
Landrover Filler Neck To Body Seal	NTC2229	Landrover Defender	£5.00
Opel Ball Joint Lower FBJ5368	IF5368/FBJ5368	Vauxhall	£8.50
Oper Barrionit Lower 1 Bibboo	11 3300/1 233300	Tiagra 1.4 1994 - 2001	10.50
		Tiagra 1.6 1994 - 2001	}
		Coupe 1.2 1993 - 2000	
		Hatchback Corsa 1.2	
Front Reinforcement Bracket	GB98590AA	Ford Mondeo MK3	£13.00
Tront Remorement Bracket	GBJGJJGAA	Focus MK3	113.00
Door Seal (Rear O/S)	1	Vauxhaull Fronterra 1999	£3.00
Brit Part Gas Shock Absorber Front -		Vauxilauli i Tolitei la 1939	13.00
50mm Lift	DC500L	Discovery 2 1998-2004	£30.00 ea
Q Drive Anti Roll Bush Bar	610500960	Ford Figsts 1 & Datrol	C4 00
Q Drive Anti Roll Bush Bar	610590860	Ford Fiesta 1.6 Petrol	£4.99
		2004 1.4 Petrol	
		2005 1.2 Petrol	
		2005 2.0 Petrol	
N: 01 0 1 1 1 1	Tarres Vincos	2005/7 1.4 Diesel	500.00
Nissan Column Switch Body	25567-VB001	Nissan 1996 - 2004	£80.00
STIHL Cable (Reverse Drive Clutch Cable)	6227 710 9906	STIHL VH540 VH500 Tillers	£12.90
V Belt	6227 711 5010	STIHL VH540 VH500 Tillers	£25.00
V Belt	6227 711 5001	STIHL VH540 VH500 Tillers	£25.00
Sump Gasket Kit (1 Each)	546841 MFG Brit Part	Landrover 2.2 Petrol	£2.00
	1	Landrover 2.0 Diesel	
Pagid Wheel Cylinder	72280 Equivalent to BBW:	Nissan Renault	£12.00
Tail Light - Rear Right (1 Each)	7700428053	Renault Megane Diesel Saloon 1.9D 1996 - 2003	£15.00
Gasket set (Bottom End) (2 Each)	525520 MFG Brit Part	Series 2 & 3 All Diesel Landrover	£10.00
Head Gasket Set	STC 1567 MFG Brit Part	Landrover Series 2.2 Petrol Engine	£15.00
TIEGU GASKEL JEL	21C 130/ INIEG BITE FAIL	Landiover Series 2.2 Feli Of Eligine	£13.00
Overhaul Gasket Set	STC 1556 MFG Brit Part	Landrover Series 2.2 - 4 Cyl Petrol Engine	£15.00
Clutch Kit	CK 9222	Toyota Corolla 1.8L 1992 - 99 2004 - 2009	£60.00
	1	Yaris Verso 1.3L 1999 - 2005	
			•

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Yaris Verso 1.3L 1999 - 2005 MR 2 III 1997 - 2007 Rav4 MK II 1.8 2000 - 2005 Celica 1993 - 99

Richard James International Items for Sale

Continues from PREVIOUS PAGE...

Continue	3 HOIH I ILL	VIOUS FAGE	
Gas Strut/Spring Rear	XR3 81 -90	Ford Escort	£10.00
Mintex Brake Disc	MDC 1566 MFG Mintex	Renault Megane 1997 - 2003	£90.00
Window Regulator FRHS	LR006371	Landrover Freelander 1998 - 2006	£25.00
Oil Filter	BOSCH P7045	Leyland DAF	£10.00
Wheel Bearing Kit	FBK944	Suzuki Grand Vitara 2.0L 1999-2003	£30.00
Front Tie Rod Ends (Inner)	FTR 5454	Mercedes Benz C - Class T Model 2014	£30.00
Meyle Axial Rods	35 - 66 .031 0009	Nissan Primera 2002 - 2024	£20.00
Peugeot L/R Suspension Kit	G 1029	Peugeot	£20.00
Exhaust Mount	420404	Peugeot 307 308	£15.00
		Citroen C4 DS4	
Wiper Motor	295W0017	Citroen / Peugeot	£25.00
Wiper Motor	233110017	Fiat / Mini bus/Van	123.00
	Stark SKWSS 0350168	Tracy Willin Busy vari	
2 Each Wheel Speed Sensor	ABS Front Wheel Both	Ford Fiesta MK 5 Hatchback 2001 - 2010	£20.00
2 2350 111100. 3 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	Sides 2 Pin		
	!	Fusion Estate 2002 - 2012	
		Fiesta MK5 Van 2003 - 2010	1
		Mazda 2 Hatchback 2003-2007	1
Valeo Wiper Motor (Rear Fixing Position)	582616	Renault Clio Hatchback 1998-2016	£80.00
Alternator	AA5935	BMW Possible Cross Reference AEC1774	£120.00
Fuel Filter	F30100 (Possible F301001	Fiat Punto 1994 - 2002	£10.00
i del i inter	130100 (1 0331010 1 301001	Audi A3 1996 - 2003	110.00
		Audi A4 1996 - 2009	
		Audi A6 2001 - 2005	
		Audi A8 2000 - 2002	
		Skoda Octavia 1996 - 2010	
		VW Golf	
	T	Passat	
Clutch Kit	641721451	Possible Daewoo	£40.00
Brake Disc	IMDC 1082	E6Vd√√ฮตฟ€ลาซูดกก - 2กก6	f12.50 ea
		Passenger Van	_
	T	Wagon/Mini bus	
Brake Disc	104591169	Ford Transit	£25.00
Brake Cable	108 - 81 - 0068	Suzuki	£15.00
Front Inner Anti Roll Bar Stabilizer		Renault Megane 1996 - 1999 1.6 - 2.0 Petrol	£5.00
Ford Window Bogulator (Front Loft)	1699059	Ford Focus 2013 - 2018	£40.00
Ford Window Regulator (Front Left)			
Disc Pads	MDB 1907	CHEY/Vauxhall	£25.00
Ignition Coil	366856	Brigg & Stratton	£14.00
Eicher Brake Disc	104820319		£35.00
Rover Classic Regulator RH Front Window	RTC3814		£60.00
Regulator Engine Mount Left Front			
IENGINE MOUNT LETT FRONT	0200522445	December 11 Comme	620.00
	8200632415	Renault Group	£20.00
Shocks	98 099 G32 80	Peugeot 308	£70.00
Shocks Shock Absorbers	98 099 G32 80 860070	Peugeot 308 Renault	£70.00 £40.00Pr
Shocks	98 099 G32 80	Peugeot 308 Renault Mondeo MK3 Rear Fit 2000 - 2007	£70.00 £40.00Pr £30.00Pr
Shocks Shock Absorbers	98 099 G32 80 860070	Peugeot 308 Renault	£70.00 £40.00Pr
Shocks Shock Absorbers 102223 Ford Shock Absorbers	98 099 G32 80 860070 OE IS7118A076 AB	Peugeot 308 Renault Mondeo MK3 Rear Fit 2000 - 2007	£70.00 £40.00Pr £30.00Pr
Shocks Shock Absorbers 102223 Ford Shock Absorbers CV/Joint Kit 4 Each Valves 6119 Plunger Spring 7mm x 35mm	98 099 G32 80 860070 OE IS7118A076 AB ADM58945 Drive Shaft 6119	Peugeot 308 Renault Mondeo MK3 Rear Fit 2000 - 2007 Mazda 323 Various Fitments	£70.00 £40.00Pr £30.00Pr £22.00 £5.00
Shocks Shock Absorbers 102223 Ford Shock Absorbers CV/Joint Kit 4 Each Valves 6119 Plunger Spring 7mm x	98 099 G32 80 860070 OE IS7118A076 AB ADM58945 Drive Shaft	Peugeot 308 Renault Mondeo MK3 Rear Fit 2000 - 2007 Mazda 323	£70.00 £40.00Pr £30.00Pr £22.00
Shocks Shock Absorbers 102223 Ford Shock Absorbers CV/Joint Kit 4 Each Valves 6119 Plunger Spring 7mm x 35mm	98 099 G32 80 860070 OE IS7118A076 AB ADM58945 Drive Shaft 6119	Peugeot 308 Renault Mondeo MK3 Rear Fit 2000 - 2007 Mazda 323 Various Fitments Ford Fiesta MK5 Hatchback 2001 - 2010	£70.00 £40.00Pr £30.00Pr £22.00 £5.00
Shocks Shock Absorbers 102223 Ford Shock Absorbers CV/Joint Kit 4 Each Valves 6119 Plunger Spring 7mm x 35mm	98 099 G32 80 860070 OE IS7118A076 AB ADM58945 Drive Shaft 6119	Peugeot 308 Renault Mondeo MK3 Rear Fit 2000 - 2007 Mazda 323 Various Fitments Ford Fiesta MK5 Hatchback 2001 - 2010 Fusion Estate 2002 - 2012 Ford Focus 2004 - 2012	£70.00 £40.00Pr £30.00Pr £22.00 £5.00
Shocks Shock Absorbers 102223 Ford Shock Absorbers CV/Joint Kit 4 Each Valves 6119 Plunger Spring 7mm x 35mm	98 099 G32 80 860070 OE IS7118A076 AB ADM58945 Drive Shaft 6119	Peugeot 308 Renault Mondeo MK3 Rear Fit 2000 - 2007 Mazda 323 Various Fitments Ford Fiesta MK5 Hatchback 2001 - 2010 Fusion Estate 2002 - 2012 Ford Focus 2004 - 2012 Citron Berlingo 1996 - 2011	£70.00 £40.00Pr £30.00Pr £22.00 £5.00
Shocks Shock Absorbers 102223 Ford Shock Absorbers CV/Joint Kit 4 Each Valves 6119 Plunger Spring 7mm x 35mm Citron/Ford Thermostat	98 099 G32 80 860070 OE IS7118A076 AB ADM58945 Drive Shaft 6119 TH4083	Peugeot 308 Renault Mondeo MK3 Rear Fit 2000 - 2007 Mazda 323 Various Fitments Ford Fiesta MK5 Hatchback 2001 - 2010 Fusion Estate 2002 - 2012 Ford Focus 2004 - 2012 Citron Berlingo 1996 - 2011 Xsara Picasso 1999 - 2012	£70.00 £40.00Pr £30.00Pr £22.00 £5.00
Shocks Shock Absorbers 102223 Ford Shock Absorbers CV/Joint Kit 4 Each Valves 6119 Plunger Spring 7mm x 35mm Citron/Ford Thermostat	98 099 G32 80 860070 OE IS7118A076 AB ADM58945 Drive Shaft 6119 TH4083	Peugeot 308 Renault Mondeo MK3 Rear Fit 2000 - 2007 Mazda 323 Various Fitments Ford Fiesta MK5 Hatchback 2001 - 2010 Fusion Estate 2002 - 2012 Ford Focus 2004 - 2012 Citron Berlingo 1996 - 2011 Xsara Picasso 1999 - 2012 need to check P/N	£70.00 £40.00Pr £30.00Pr £22.00 £5.00 £55.00
Shocks Shock Absorbers 102223 Ford Shock Absorbers CV/Joint Kit 4 Each Valves 6119 Plunger Spring 7mm x 35mm Citron/Ford Thermostat Elta Air Mass Meter Beckermann Coolant Temp Sensor	98 099 G32 80 860070 OE IS7118A076 AB ADM58945 Drive Shaft 6119 TH4083	Peugeot 308 Renault Mondeo MK3 Rear Fit 2000 - 2007 Mazda 323 Various Fitments Ford Fiesta MK5 Hatchback 2001 - 2010 Fusion Estate 2002 - 2012 Ford Focus 2004 - 2012 Citron Berlingo 1996 - 2011 Xsara Picasso 1999 - 2012 need to check P/N	£70.00 £40.00Pr £30.00Pr £22.00 £5.00 £55.00
Shocks Shock Absorbers 102223 Ford Shock Absorbers CV/Joint Kit 4 Each Valves 6119 Plunger Spring 7mm x 35mm Citron/Ford Thermostat Elta Air Mass Meter Beckermann Coolant Temp Sensor Regal Exhaust System	98 099 G32 80 860070 OE IS7118A076 AB ADM58945 Drive Shaft 6119 TH4083 418622 EMM40 692 - 0104 (need to check	Peugeot 308 Renault Mondeo MK3 Rear Fit 2000 - 2007 Mazda 323 Various Fitments Ford Fiesta MK5 Hatchback 2001 - 2010 Fusion Estate 2002 - 2012 Ford Focus 2004 - 2012 Citron Berlingo 1996 - 2011 Xsara Picasso 1999 - 2012 need to check P/N Various Fitments	£70.00 £40.00Pr £30.00Pr £22.00 £5.00 £55.00 £50.00 £10.00 £80.00
Shocks Shock Absorbers 102223 Ford Shock Absorbers CV/Joint Kit 4 Each Valves 6119 Plunger Spring 7mm x 35mm Citron/Ford Thermostat Elta Air Mass Meter Beckermann Coolant Temp Sensor	98 099 G32 80 860070 OE IS7118A076 AB ADM58945 Drive Shaft 6119 TH4083	Peugeot 308 Renault Mondeo MK3 Rear Fit 2000 - 2007 Mazda 323 Various Fitments Ford Fiesta MK5 Hatchback 2001 - 2010 Fusion Estate 2002 - 2012 Ford Focus 2004 - 2012 Citron Berlingo 1996 - 2011 Xsara Picasso 1999 - 2012 need to check P/N	£70.00 £40.00Pr £30.00Pr £22.00 £5.00 £55.00

		Hatchback 85BHP DOHC 2NZ FE Engine	1
		Code	
Ford Transit Disc	999 BOL-BD5610/BOL5610	Nissan	£10.00
		Opel	
		Renault	
		Vauxhall	
Front Brake Caliper	Febi 181181	Audi, Seat, Škoda, Volkswagen	£49.99
Front Shock Absorbers	QAG181053/54	Toyota Rav4 111 Front L/R	£154.99pr
Gas Spring	XR31 81 -90	Ford Escort	£10.00
Window Vizors		Jeep	£35.00
Renault Brake Disc	Mintex MDC 1566	Megane - 1997 - 2003	£60.00 Pr
		Scenic -1998 - 2003	
Service kit for Honda GLR125 - CB125	Air Filter, Spark Plug, 1 ltr	10w/40 Silkolene Superoil	£30.00
Ford Focus 2005-2008 Front Wing	FD1329	Driver Side (Primed)	£42.00
Land Rover spare wheel cover			£35.00
Bonnet/Hood for Mini Cooper			£260.00
Master Cylinder	Borg & Becks BCM177	FIAT	£25.00
Lumogas Plus -80W			£15.00
Mango Wood Dining Table	Seats 8. Dimensions: W180	0 x H76 x D90cm	£299.99
Cotswold Chantilly Warm White 5ft Rattar	Kingsize Bed Frame		£500.00
Disney Frozen 14 inch Bicycle		Girls age 4-6yrs	£130.00
Homecom Metal décor (Wall Mounted)			£65.00
Tuskbond Autofix	Trim Adhesive	500ml spray adhesive	£5.00 ea
Clarke Retractable Hose Reel 9m	3126005		£40.00
Refill Ink by Cartridge People		Epson Printers	£5.00 ea
2@ 70ml bottles of T6734 Yellow Ink			or
6@ 70ml bottles of T6735 Light Cyan Ink			£70.00
6@ 70ml bottles of T6736 Light Magenta I	nk_		for all
Nike Air Force 1 Men's Low Cut Trainer's		Size 7 UK	£65.00

Our Shop times & Tel Number 22912

Mon & Tue 8am to 12 noon Thru & Fri 10am to 14.00

Outside of shop times please call Russel Yon on 22914 for assistance

Annual Property & Vehicle Auction including a number of Residential Properties, Building Plots, Land and Vehicles For Sale by Public Auction has changed to 09 September 2025 6pm, The Market, Jamestown, STHL 1ZZ

Listed for Entry:

- Residential Property Near Hutts Gate
- Residential Property in New Ground
- Residential Property in Deadwood
- · Four building plots near New Ground
- Building Plot in Deadwood
- Land in Sandy Bay
- 1961 Land Rover 2.25 litre engine
- 2011 Honda 650cc motorcycle
- Morgan Kit Car

New Entries Are being accepted until 12th August 2025.

Property Information Packs Available 12th August 2025

Online Bidding registration available from 12th August 2025

All enquiries please contact us:

By email: derek@dps.co.s or Telephone: 00 290 258 or WhatsApp: 00 290 670 or visit us at The Market, Jamestown, St. Helena, STHL 1ZZ





APPLICATIONS FOR DEVELOPMENT PERMISSION

NOTICE IS HEREBY GIVEN that an Application has been received in respect of the following proposals:

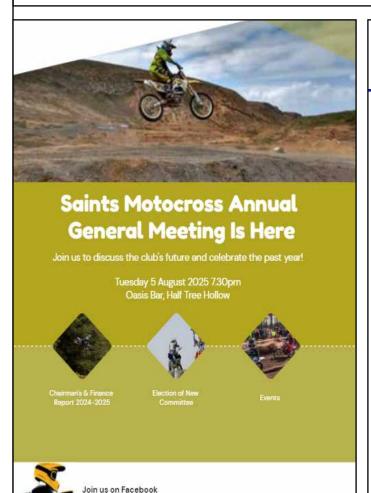
- 1. Application 2025/63: FULL Planning Application for Proposed Formation of Access Road, Lower Half Tree Hollow on Parcel HTH1383. Applicant: Chief Housing Officer, Saint Helena Government
- 2. Application 2025/64: FULL Planning Application for Proposed Formation of an Access Road & Construction of Wall, Woodlands Road, Horse Pasture, on Parcel BG0211. Applicant: Wayne Yon
- 3. Application 2025/65: FULL Planning Application for Proposed Covered Area Extension, Thompson's Hill, St Pauls on Parcel TH020078. Applicant: Neil Joshua
- 4. Application 2025/66: FULL Planning Application for Proposed Installation of Signage, Port Control Building, Container Freight Station & Gatehouse Building, Rupert's Container Handling Facilities on Parcels RV0033 & RV0005. Applicant: Programme Management Office, Saint Helena Government.
- 5. Application 2025/67: FULL Planning Application for Proposed Solar String Lighting, Church Lane, Jamestown on Parcel JT050037. Applicant: St Helena Tourism, Saint Helena Government.
- 6. Application 2025/68: FULL Planning Application for Proposed Demolition of Existing House & Construction of Three Bedroom Dwelling & Double Garage, Lower Sandy Bay Ridges on Parcel SBW0006. Applicant: Austin Fowler
- 7. Application 2025/69: FULL Planning Application for Proposed Construction of 2 x 2 Bedroom Dwellings, Burnt Rock, Blue Hill on Parcel TH010143. Applicant: Ryan Backhouse

Copies of the Applications and Plans may be inspected by prior appointment with the Planning Section, Essex House, Main Street, Jamestown, Monday to Friday, from 08.30am to 4pm. Appointments can be made with the Administration Assistant on Telephone 24724 or email rea.williams@sainthelena.gov.sh stating the Application Reference Number they wish to inspect.

Any person who wishes to make Representations on any of the above Applications should make them in writing to the Planning Office, Essex House, Main Street, Jamestown or Email planning.mailbox@sainthelena.gov.sh

Public Representation Closing Date: 4pm - 15 August 2025

Patricia Coyle, Head of Planning & Building Control





Solomon & Company (St Helena) Plc

Main Street, Jamestown, Island of St Helena, STHL 1ZZ Tel: 290 22380, Email: <u>generalenquiries@solomons.co.sh</u> Web: www.solomons-sthelena.com Prosperity Through Partnership

FOR SALE BY TENDER

Solomon & Company (St Helena) Plc has for "sale by tender" Toyota Celica Hatchback Formerly registered as vehicle number 4844.

This vehicle has been damaged as a result of a road traffic accident and will be offered on an "as is, where is basis", with no warrantee given or guarantee implied.

Viewing has been set for Wednesday 6 August 2025 at 10am and persons interested in viewing should, in the first instance, contact Solomon's Insurance Office on telephone number 22860.

Offers should be made in writing to the Tender Board Secretary, clearly stating the registration number on the envelope and placed in the Company's Tender Box in their Main Office Foyer by no later than 4pm on Monday 11 August 2025.

VOLUME XX, ISSUE 33, 1st AUGUST 2025



Bank Teller

Commencing at £8,976 per annum

Bank of St Helena Limited is seeking to recruit a suitable person on a full-time basis to fill the vacant position of a Bank Teller.

This position will incur significant contact with the public and other Bank staff. The successful candidate must be flexible, demonstrate courtesy and provide excellent customer service at all times. Must have a keen eye for detail, exhibit high accuracy levels and have the ability to work under pressure and meet deadlines, whilst working well with others as part of the wider Bank team.

The main duties of the post include:

- Undertaking counter transactions for customers and posting these to the Bank's computer system;
- Cash handling and assisting customers in meeting their banking needs and queries;
- Providing assistance in the delivery of Remote Banking services;
- Any other duties.

Interested persons can contact the Teller Services Manager on + (290) 22390 or email tellerservicesmanager@sainthelenabank.com for more information.

An Application form and job profile is available upon request from the Bank and can be viewed on our official website. Completed application forms should be addressed to the Human Resources Manager, Market Street, Jamestown or emailed to hrmanager@sainthelenabank.com.

Closing date for applications is Friday, 08 August 2025.

Choose a career with Bank of St Helena and enjoy competitive benefits.







info@sainthelenabank.com



+290 22390



Market Street, Jamestown



Bank of St Helena Ltd

acancy

Part-Time Security Officers



Rate of pay will be £6.20 per hour

Solomon & Company (St Helena) Plc has a vacancy for Part-Time Security Officers to join the team at St Helena Airport.

Working hours will be according to flight operations and training requirements, including both weekdays and weekends.

Interested Persons Should:

- Have excellent interpersonal & communication skills and be able to work in a disciplined environment
- Possess a high standard of English & ICT skills
- Be customer focused and able to deliver an excellent level of Customer Service
- Be available to undertake the required training and the necessary background and medical checks
- Be able to undertake Manual Handling & physically demanding duties
- Be able to work effectively in a team environment
- Have the ability to multitask and work with a high degree of accuracy in a high pressure environment
- Have the ability to remain calm in stressful situations
- Be committed to continuous learning and development

For further information contact:

Jason Thomas, General Manager (Agencies) via 22523 gm-agencies@solomons.co.sh



Application forms may be collected from Solomons Main Office Reception, Jamestown or alternatively an electronic copy can be requested via hradmin@solomons.co.sh and completed forms should be returned to Anya Thomas, Human Resources Organisation & Development Officer, Solomons Main Office, Jamestown by 07 August 2025.

Please note applicants must be resident on St Helena at the time of applying

acancies

Part-Time Aircraft Cleaner



Rate of pay will be £5.60 per hour

Solomon & Company (St Helena) Plc has a vacancy for a Part-Time Aircraft Cleaner to join the team at St Helena Airport.

The Aircraft Cleaner will be responsible for the cleaning of the Airport Terminal on the days of aircraft operations and also cleaning of aircraft cabins of arriving and departing Aircraft.

Working hours will be according to flight operations and training requirements, including both weekdays and weekends.

Interested Persons Should:

- Have excellent interpersonal & communication skills and be able to work in a disciplined environment
- Possess a good standard of English & ICT
- Be customer focused and able to deliver an excellent level of Customer Service
- Be available to undertake the required training including both classroom and online-based training
- Be available to undergo the necessary background and medical checks
- Be able to undertake manual handling & physically demanding duties
- Be able to work effectively in a team environment
- Be able to work with a high degree of attention to detail
- Have the ability to remain calm under pressure.

For further information contact:

Jason Thomas, General Manager (Agencies) via 22523 am-agencies@solomons.co.sh





Application forms may be collected from Solomons Main Office Reception, Jamestown or alternatively an electronic copy can be requested via hradmin@solomons.co.sh and completed forms should be returned to Anya Thomas, Human Resources Organisation & Development Officer, Solomons Main Office, Jamestown by 07 August 2025.

Please note applicants must be resident on St Helena at the time of applying.

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Join us! We are recruiting...



Higher Level Teaching Assistant (SPPS) (£11,217 - £11,770 per annum) - fixed term until Aug 2026

A Higher Level Teaching Assistant takes on the responsibility of planning, preparing and teaching 25% of the schools' teaching time table including any specific support groups and lesson cover in the absence of the Class Teacher. The HLTA will also assist with supervising the children in the playground to ensure pupils feel safe and secured in the school environment. You will be required to have a good level of written and verbal communication skills to be able to interact with all students, colleagues and parents.

Contact us for more information and a discussion

Enquiries: Patricia Williams on Tel No. 24737 or

Email: patricia.williams@sainthelena.gov.sh

Closing date: 15 August 2025 Shortlisting date: 20 August 2025 Interview date: 28 August 2025

Human Resources Data & Systems Assistant (£10,088 per annum)

Do you have a flair for figures with good attention to detail and are proficient in Microsoft excel? If so, come and join our HR team in the role of HR Data and Systems Assistant where you will be responsible for undertaking a range of data, system, financial and administration duties. This includes setting up and maintaining spreadsheets and producing accurate payroll data. This will be a good opportunity for you to contribute to capturing HR data to support the efficient running of our HR services.

Contact us for more information and a discussion

Enquiries: Chloe Outen on Tel No. 22470 or

Email: chloe.outen@sainthelena.gov.sh

Closing date: 07 August 2025 Shortlisting date: 12 August 2025 Interview date: 19 August 2025

Benefits

Leave – 30 days leave per annum, plus public holidays

Pension – 15% pension contribution by SHG into approved defined contribution pension scheme

Training and Development

Paid sickness absence

How to apply

To access job profiles and application forms online, visit www.sainthelena.gov.sh/government/vacancies Alternatively, these are available in paper format from Central Human Resources and Organisational Development at The Castle, Jamestown.

For further information, please contact the recruitment team on telephone number **22470** or via the email address below.

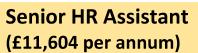
Applications should be submitted through the Director/Line Manager (where applicable) to the Human Resources Officer by email recruitment@sainthelena.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

The St Helena Public Service welcomes all applications from across our whole community, including our St Helenian diaspora wishing to return to St Helena. If you are a St Helenian currently living and working overseas, please contact us at recruitment@sainthelena.gov.sh to discuss how we can support you.

SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, vetting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.

Join us! We are recruiting...



Here is a great opportunity to start your career in HR! Central Human Resources is seeking to recruit a motivated and enthusiastic individual to join our HR Transactional team. In this post, you will be responsible for undertaking a range of HR transactional processes to ensure the delivery of a high quality HR service. Key areas include recruitment and selection, processing of leavers, contractual changes and providing advice on employment related policies and procedures.

Contact us for more information and a discussion.

Enquiries: Sharnell Benjamin on Tel No 22470 or Email

Sharnell.benjamin@sainthelena.gov.sh

Closing date: 07 August 2025 Shortlisting date: 12 August 2025 Interview date: 26 August 2025

Emergency Planning Officer (£13,569 per annum)

As Emergency Planning Officer you will join a small team to assist with planning and preparing to ensure that St Helena can respond effectively to major emergencies and business disruptions. You will work with a range of partners to plan, prepare and practice our response arrangements. In the event of an incident occurring you will play a vital role in responding to the event, supporting the management of the response, and enabling the recovery and restoration following on.

Contact us for more information and a discussion.

Enquiries: Anel O'Bey on Tel No 25052 or Email

anel.obey@helanta.co.sh

Closing date: 07 August 2025 Shortlisting date: 12 August 2025 Interview date: 26 August 2025



Benefits

Leave – 30 days leave per annum, plus public holidays

Pension – 15% pension contribution by SHG into approved defined contribution pension scheme

Training and Development

Paid sickness absence

How to apply

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For further information, please contact the recruitment team on telephone number **22470** or via the email address below.

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To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

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Join us! We are recruiting...



Immigration/Customs Officer (18 years +) (Permanent)

(£11,604 per annum)

We are looking to fill these important roles in our busy immigration/customs team, to undertake the duties and responsibilities to reduce threats to the border integrity of St Helena. This is a critical role which requires experience of front line/customer facing responsibilities, an inquisitive mind-set and the ability to work well as part of a team.

Contact us for more information and a discussion.

Enquiries: Delmarie Williams on Tel no. 22287 or Emerald Newman-Yon on 22236 or email:

<u>Delmarie.Williams@sainthelena.gov.sh</u> or <u>emerald.newman-</u>

yon@sainthelena.gov.sh

Closing date: 15 August 2025 Shortlisting date: 20 August 2025 Interview date: 29 August 2025

Postal Officer (£10,088 per annum)

Are you a highly motivated individual with good teamwork and interpersonal skills? If so, the Post & Customer Services Centre has an opportunity for you to join their team. Duties of the post include checking and receiving cash payments, assisting with the sorting and issuing of international mail and preparing all relevant documentation correctly for the receipt and despatch of all post.

Contact us for more information and a discussion.

Enquiries: Karen Yon on Tel No. 22629 or Email:

Karen.yon@sainthelena.gov.sh

Closing date: 15 August 2025 Shortlisting date: 20 August 2025 Interview date: 28 August 2025

Benefits

Leave – 30 days leave per annum, plus public holidays

Pension – 15% pension contribution by SHG into approved defined contribution pension scheme

Training and Development

Paid sickness absence

How to apply

To access job profiles and application forms online, visit www.sainthelena.gov.sh/government/vacancies Alternatively, these are available in paper format from Central Human Resources and Organisational Development at The Castle, Jamestown.

For further information, please contact the recruitment team on telephone number **22470** or via the email address below.

Applications should be submitted through the Director/Line Manager (where applicable) to the Human Resources Officer by email recruitment@sainthelena.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

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ASCENSION ISLAND GOVERNMENT

INTERNSHIP - CONSERVATION & FISHERIES DIRECTORATE

Are you a passionate early-career conservationist or recent graduate seeking hands-on experience in one of the world's most unique island ecosystems? The Ascension Island Government is offering a full-time, 12-month conservation internship from November 2025 to October 2026.

Ascension Island hosts a unique assemblage of animals and plants in a dramatic volcanic landscape. It is home to one of the world's largest nesting populations of green turtles, over a million seabirds, plant species found nowhere else on earth and a marine environment that abounds with fish.

Protecting, monitoring and managing this amazing biodiversity is a great challenge and we are looking for hard-working, enthusiastic people to assist us. You will work across all aspects of the department and take part in a range of tasks on the island including monitoring turtle, land crab and seabird populations, non-native species removal, maintaining the National Park and Marine Protected Area, endemic plant restoration, fisheries monitoring and education and outreach programmes.

We'd like to hear from anyone interested in being involved in our conservation work who has preferably lived and worked in small isolated communities before and is willing to work hard as part of a small team. We are offering a 12-month position from beginning of November 2025 to end of October 2026.

For the successful candidates we will provide:

- One return flight between the UK or St Helena and Ascension and reasonable travel expenses within the UK to Brize Norton if required.
- Rent free accommodation, including electricity and water allowances (Shared bungalow with other project staff: private bedroom, shared kitchen, bathroom and communal areas).
- While this internship is unsalaried, each intern will receive a monthly food allowance of £320 to help with living costs. Necessary medical and dental care while in Ascension.

This appointment will be subject to:

- Satisfactory Employment References
- Enhanced Criminal Records Check
- Satisfactory Medical and Dental Clearance

Closing Date: 19 August 2025

Interviews: Late August/Early September (by MS Teams if off island)

To apply visit: https://www.ascension.gov.ac/lifestyle-and-employment/working-here/

For more information about AIGCD, or about living and working on Ascension Island, please visit the official website at www.ascension.gov.ac/conservation or find us on Facebook: www.facebook.com/AscensionIslandConservation

Funding is generously provided by Elizabeth Scarlett. https://www.instagram.com/elizabethscarlett/

VACANCY NOTICE

Surgeon/Medical Officer

Total package value up to £102,172 per annum

Comprising salary of up to £84,994 plus food and utilities allowances, housing and other benefits – details below.

About the role

This is a rare and rewarding opportunity to join the Ascension Island Government's Health Services team in a vital clinical capacity. As Surgeon/Medical Officer, you will be responsible for delivering high-quality primary and secondary medical care on a remote island where resources are limited and access to external medical support is not always immediately available. The role is critical in safeguarding the health and wellbeing of the island's residents and visitors, and offers a unique chance to work at the forefront of remote medicine in a small, supportive community.

What you'll do

You will provide a full range of general medical services, including outpatient consultations, inpatient care, and emergency treatment. In your surgical capacity, you will be expected to manage a broad spectrum of procedures, including general surgery, trauma care, and endoscopies, all in accordance with the standards set by the Royal College of Surgeons. You will also participate in a 24/7 on-call rota and carry out ultrasound screening for relevant cases.

Working closely with the Senior Medical Officer, you will contribute to the clinical governance of the service, manage referrals, support stock control of pharmaceuticals, and assist with updating the medical formulary. In addition, you will be involved in public health promotion, delivering lectures on health issues and first aid as required. Experience in managing obstetrics cases (including emergency Caesarean section) will be an advantage.

What you'll bring

You will hold a recognised medical degree and be fully registered with the UK General Medical Council or an equivalent international professional body. A postgraduate qualification in General Surgery and specialist registration are essential, along with substantial experience in both surgical case management and trauma.

You will also have strong experience as a General Practitioner, capable of handling a range of complex conditions independently. Excellent communication and teamwork skills are essential, as is the ability to remain calm and make sound clinical decisions under pressure. A flexible, resilient approach is important for working in a remote setting with limited backup. A current driving licence is required.

What's it like to live and work on Ascension?

Ascension is a small volcanic island, situated in the South Atlantic, with a warm stable climate (26-34°C). We are part of the wider UK Overseas Territory of Saint Helena, Ascension and Tristan da Cunha, situated approximately 1,000 miles from the mainland of Africa and 800 miles from our nearest neighbour, the island of St Helena. To thrive here in this high profile role, you must be resilient, adaptable and able to live and work in a remote environment and small community.

What we offer

In addition to an annual salary of up to £84,994 (taxable on Ascension), the role attracts an accompanied status contract and the following benefits:

- Rent free furnished accommodation worth £3,000 pa (taxable benefit)
- An Accompanied status food allowance of £7,680 pa accompanied, or Single status £3,840 pa
- An electricity allowance worth £3,296 pa
- A water allowance worth £3,202 pa accompanied, or £1,921 single status
- Relocation costs for your personal effects, including assistance with the shipment of a vehicle
- One mid-contract return journey to your country of recruitment
- 30 days' annual holiday (with an additional 9 days public holidays)
- A gratuity payable on the successful completion of a 2-year contract
- Free primary dental and medical care and off island, with medical referral if required including medivac arrangements in an emergency.
- Free schooling for dependent children from 4 to 16 years.
- Free annual travel insurance
- Death in Service insurance

The appointment will be subject to:

- Satisfactory employment references
- Enhanced Criminal Records Check
- Satisfactory Medical and Dental Clearance (employee and any accompanying dependants)

Closing date: Tuesday 26 August 2025

Interviews: Late August/Early September (via video call if off island)

Start date: As soon as possible

For more information, a full job description, and to apply, visit: www.ascension.gov.ac/lifestyle-and-employment/working-here/

If you have any questions about the role, email: recruitment@ascension.gov.ac

FOLLOW THE SHFA SEASON 2025

Every week we will bring you the latest results, table standings and all information relating to the SHFA football season 2025.

FOO TBALL RESULTS

Week 3 of the season, Bellboys picked up their third win to remain unbeaten at the top of the table, Le Verde picked up their second win to secure their third place in the table and Rovers bounce back after their defeat against the Bellboys last week.

See results below:.

Saturday 25h July Bellboys 9 — Wirebirds 1

Goalscorers Bellboys — Taylan Phillips 3, Ryan Benjamin 1, Tyler Brady 2, Joey Thomas 2, Dane Wade 1

Goalscorers Wirebirds - Trystan Thomas 1

Man of the Match—Scott Henry (Bellboys)

Sunday 26th July Le Verde 15 — Intergalactic 0

Goalscorers Le Verde— Jorden Johnson 9, Om Yungkoro 2, Paul Teyang 2, Ryan Stevens 1, Robson Fabian 1

Man of the Match-Jorden Johnson (Le Verde)

Young Player of the Match—Tyler Anthony (Le Verde)

Sunday 20th July Rovers 5 — Fugees 1

Goalscorers Rovers— Shaquille Coleman-Benjamin 1, Jace Williams 1, Rico Benjamin 1, Kenin Yon 1, Blaze Baldwin 1

Goalscorers Fugees— Dodi Williams-Peters 1

Man of the Match - Tyler Benjamin (Rovers)

FOOTBALL TABLE

<u>TEAM</u>	PLAYED	<u>WIN</u>	<u>DRAW</u>	<u>LOST</u>	G/FOR	G/AGAINST	G/DIFFERENCE	POINTS
Bellboys	3	3	0	0	50	2	48	9
Wirebirds	3	2	0	1	30	9	21	6
Le Verde	3	2	0	1	22	8	14	6
Rovers	3	2	0	1	13	5	8	6
Fugees	3	0	0	3	2	24	-22	0
Inter Galactic	3	0	0	3	0	69	-68	0

TOP 5 GOALSCORERS

<u>NAME</u>	<u>IEAM</u>	GOALS	OPCOMING	FIXIURES
Joey Thomas	Bellboys	20	Saturday 2nd August @2pm	Intergalactic vs Fugees
Jorden Johnson	La Verde	12	Sunday 3rd August @ 1:30pm	Wirebirds vs Rovers
Taylan Phillips	Bellboys	8	Sunday 3rd August @ 3:30pm	La Verde vs Bellboys
Kyle Shoesmith	Wirebirds	8		
Scott Henry	Bellboys	7		

EUROS 25 - CELEBRATIONS FOR THE LIONESSES

England cemented their place in history with a stunning penaltyshootout victory over Spain to retain their European title at Euro 2025.

Chloe Kelly, who scored the iconic winner at Wembley in the final of Euro 2022, was the hero again as she converted the decisive spot-kick to seal victory after Spain had missed three in a row, with Hannah Hampton saving two of them.

It is the first time an England team has won a major trophy on foreign soil and seals manager Sarina Wiegman's status as one of the world's greatest with her third successive European title - achieved with two countries.

The Lionesses also became the first side to win a single-legged Euros final having been behind at half-time, proving they are the ultimate comeback queens.

They looked down and out when they trailed for a fourth time at Euro 2025, having conceded first in all three knockout matches - but they would not allow their story to end in such a feeble manner.

Mariona Caldentey's first-half header had put Spain in control, but it did little to dampen England's unwavering belief and they refused to be beaten.

Substitute Kelly's introduction changed things when she came on for a struggling Lauren James, named in the starting XI by Wiegman despite doubts over an ankle injury in the build-up.

Kelly's whipped cross picked out Alessia Russo, who headed the ball into the far corner to make it 1-1.

The Lionesses then dug deep, putting in endless blocks and playing for a shootout, knowing they had what it took to deliver under pressure and complete the greatest achievement by an England team to retain

their European title at Euro 2025.











With the celebrations after Sunday's game, the Lionesses knew it wouldn't stop as on Monday, the Lionesses were greeted by jubilant crowds as they landed back in the UK, before attending a reception at Downing Street hosted by Deputy Prime Minister Angela Rayner.

On Tuesday the team, decked in England flags and Union Jacks, travelled along The Mall on two open-top buses towards Buckingham Palace as the crowds sang It's Coming Home and Sweet Caroline where a ceremony was held at the Queen Victoria Memorial in front of Buckingham Palace.

Among the crowd in an unofficial capacity was Princess Beatrice, her husband and kids.



EUROS 25 - CELEBRATIONS FOR THE LIONESSES

Captain Leah Williamson lifted the silver trophy from the top Captain Leah Williamson lifted the silver trophy from the top deck of one bus to raucous applause, while Alessia Russo, who scored the Lionesses' equaliser with a header against Spain in the final, said she was "on cloud nine".

"It's just a bit surreal. It's crazy to see this many people come out in the home of England at London, heading up to Buckingham Palace - it's just crazy," she said.

"I'd never have dreamed of anything like it."

At the ceremony England hero Chloe Kelly thanked the crowds and the "incredible" team, while manager and three-time Women's Euros winner Sarina Wiegman was surprised onstage by her favourite artist Burna Boy.

Red fireworks were set off around the Queen Victoria Memorial as Williamson lifted the trophy, with the squad posing for a photo with the fans gathered behind them as Neil Diamond's Sweet Caroline played over the speakers.





MACS SHIPPING SCHEDULE UPDATE





	GREEN MOUNTAIN 251213	GOLDEN KAROO 251216	BRIGHT SKY 251217
Immingham	14-Jun	12-Jul	09-Aug
	KAROLINE 251707	KAROLINE 251708	KAROLINE 251709
Cape Town	18-Jul	18-Aug	13-Sep
Rupert's Bay	25-Jul	26-Aug	21-Sep
Ascension Island	31-Jul	-	-
	KAROLINE 251807	KAROLINE 251808	KAROLINE 251808
Cape Town	15-Aug	08-Sep	04-Oct

schedule may change without prior notice. For the latest updates, please visit our website



Moving your cargo globally with flexibility and care.

Get in touch with us: macship.com CPT +27 21 405 3400 | sthelena.cpt@macship.com



