

THE ST HELENA

INDEPENDENT

Est. 2005



PRICE: £1

VOLUME XX, ISSUE 42, 3rd OCTOBER 2025



**Fighting to
Ensure
Access to
Justice
for All**

**Human Rights
Launches
Legal Challenge
to New Ordinance**

*"Interference with Constitutional
Guarantee of a fair trial"*

See Page 6...

NEW Built Heritage Grant Scheme

See Page 9...



**URA Gets Tough
Over
Connect Delays**

See Page 5...

**Medicine
Short Supply
at
'Crisis Level'**

See Pages 2 - 4



MEDICINES AND EXPIRY DATES – WHAT YOU SHOULD KNOW



Living on St Helena means our medicines often travel long distances before reaching the island. Sometimes this results in medicines being close to, or just past, their printed expiry date. Many patients then worry whether it is safe to take them. Here is what the science says.

What does an expiry date mean?

The expiry date is the point until which the manufacturer guarantees the medicine will be at **full strength**. This full strength measure gets calculated in a lab, but is actually far above the level where it starts to work effectively in our bodies. So the expiry date indicates the theoretical date when this strength curve start to go down. It does not mean the medicine suddenly becomes unsafe or toxic after that day. In most cases, medicines simply lose strength slowly over time.

What the evidence shows

A major government study looked at more than 3,000 batches of medicines. Around 88% were still effective years after their expiry date when stored correctly. Some remained stable for five, and even ten years longer than the label suggested. Independent laboratory tests on tablets that were decades old found that many still contained nearly the full amount of active ingredient.

These studies show that expiry dates are set cautiously to cover all conditions.

How packaging makes a difference

Not all packaging protects medicines equally well.

Blister packs (the plastic bubbles where you press tablets out) are best. Each pill stays sealed away from air and humidity until the moment you take it. Medicines in blister packs last the longest after expiry. Large bottles or pots that pharmacists count tablets from offer less protection. Every time the lid is opened, air and moisture enter. This shortens how long the medicine remains at full strength.

On St Helena, **all our crucial medicines** such as heart tablets, blood pressure medicines, and antibiotics **come in blister packs**. This gives the best protection for stability.

Examples of medicines

Tablets and capsules like painkillers, blood pressure tablets, and antibiotics often remain effective years beyond the printed date if kept sealed and stored properly.

Allergy auto-injectors (pen device for severe allergic reactions) have been shown to still contain useful amounts of medicine for months after expiry. In an emergency, an expired injector is still better than none – in accordance with guidelines

Insulin, eye drops, and liquid medicines are less stable and should always be replaced once opened. But still showed adequate efficacy at up to a year after expiry date. All medications on St Helena are transported and stored at international standards.

Why this matters for St Helena

Because our supply chain is long, medicines may arrive with shorter shelf lives than in larger countries. By understanding the evidence, we can make the best use of stock and avoid unnecessary waste, while keeping patients safe. Our Pharmacy and Medical teams follow international standards and only dispense medicines that are safe for use after considering all evidence about that medication. All of these medications are reviewed on a case by case individual basis before dispensing them.

Resource List:

- U.S. FOOD AND DRUG ADMINISTRATION / DEPARTMENT OF DEFENSE – SHELF LIFE EXTENSION PROGRAM (SLEP): LARGE-SCALE STUDY TESTING OVER 3,000 LOTS OF 122 DRUG PRODUCTS, SHOWING THAT ~88% REMAINED EFFECTIVE WELL PAST EXPIRY, SOMETIMES FOR 5–10 YEARS LONGER.
- INDEPENDENT LABORATORY ANALYSIS OF LONG-EXPIRED MEDICINES (CANTRELL ET AL., JAMA INTERNAL MEDICINE, 2012): FOUND THAT MANY SOLID ORAL MEDICINES, DECADES PAST EXPIRY, STILL CONTAINED NEAR-LABELED AMOUNTS OF ACTIVE INGREDIENT.
- WORLD HEALTH ORGANIZATION (WHO) – STABILITY TESTING GUIDELINES: PROVIDE STANDARDS FOR TESTING MEDICINES IN HOT/HUMID CLIMATES (“ZONE IVB”), RELEVANT TO ST HELENA CONDITIONS.
- USP / ASHP GUIDANCE ON BEYOND-USE DATES: ESPECIALLY FOR STERILE PRODUCTS, EYE DROPS, INJECTABLES, AND COMPOUNDED MEDICINES, SHOWING WHY LIQUIDS HAVE MUCH SHORTER SAFE USE PERIODS.
- PUBLISHED DATA ON NITROGLYCERIN SUBLINGUAL TABLETS: DEMONSTRATING REDUCED POTENCY WITH FREQUENT OPENING AND HEAT EXPOSURE.
- PUBLISHED STUDIES ON INSULIN STABILITY: CONFIRMING RAPID POTENCY LOSS OUTSIDE REFRIGERATED STORAGE AND AFTER IN-USE WINDOWS.
- PUBLISHED DATA ON EPINEPHRINE AUTO-INJECTORS (E.G., EPIPEN): SHOWING RETAINED POTENCY FOR MONTHS BEYOND EXPIRY WHEN STORED PROPERLY, THOUGH REPLACEMENT IS ADVISED.
- CASE REPORTS ON OUTDATED TETRACYCLINES: THE CLASSIC EXAMPLE OF POTENTIAL TOXICITY (FANCONI-LIKE SYNDROME), HIGHLIGHTING WHY SOME MEDICINES ARE EXCEPTIONS.

The Medicines Shortage – the full story

A government announcement last Friday concerned ‘a shipment of medical supplies’ being delayed and ‘some medications being temporarily out of stock’ as a consequence of ‘regulatory requirements in South Africa, our main transit point for goods, and subsequent freight delays.’ There is a passing mention of ‘a combination of factors’ affecting supplies but however ‘actively’ Health and Social Care work on ‘resolving the situation’ they will not have any impact on a situation which is far from temporary, equally distant from resolution and not much to do with South Africa. Early records show drug shortages in the 1920s, when insulin was in short supply. Shortages continued and increased in frequency and severity in 2009. By 2012 the shortages had reached what many judged to be crisis level affecting various medications, particularly injectable generic drugs, antibiotics, and chemotherapy agents. In 2020 the global disruption caused by the COVID-19 pandemic made the shortages even worse. The pandemic exposed weaknesses in the global pharmaceutical supply chain, leading to production disruptions, logistical problems, export restrictions, and increased demand for certain medications, all of which contribute to drug shortages.

Most of these problems continue today. In the UK, manufacturing and distribution problems are blamed as well as increased demand for medicines. Shortages of raw materials also figure strongly, even for packaging materials.

South Africa has similar problems for the same reasons. Although unreliable supply chains, delayed payments to suppliers, bad performance by contractors and failures in procurement add to the turmoil.

It is unfair for SHG to expect our very own Health and Social Care to sort that lot out.

Trump Threatens to Cause More Havoc

Trump promised the UK “preferential treatment” on pharmaceutical tariffs in May but has yet to deliver on his pledge.

A British government spokesperson said: “We know this will be concerning for industry, which is why we’ve been actively engaging with the US and will continue to do so over the coming days.

Trump unveiled sweeping import tariffs, including 100%

duties on branded drugs and 25% levies on heavy-duty trucks and 50% on kitchen and bathroom cabinets which were due to come into force on 1 October.



We will soon get to know if the UK charm offensive, including King Charles and a lavish state banquet was a waste of time and money, or not.

Trump threatens to double US import tariffs for pharmaceuticals on companies that do not have, or are not planning to have, manufacturing bases in the US.

The Medicines Shortage – the full story

The medicines shortages and supply disruptions cause mounting pressure on pharmacies as more time needs to be spent on managing medicines supply. In the UK it is estimated one in four pharmacy teams are spending more than two hours a day sourcing alternatives for their patients. A survey shows 95% of pharmacy teams said patients are still being inconvenienced by ongoing shortages, and 73% said supply issues are putting patient health at risk. The first survey of this kind was in 2022 and there has been no improvement since. Brexit takes some of the blame, as well as Russia and their war in Ukraine.

The latest data shows 87% of staff now face daily supply issues – up from 67% in 2022. The risk to patient health has also intensified and aggression from frustrated patients remains high.

Does SHG Have Plan to Minimise Local Supply Disruption

In St Helena assurances are being made that out-of-date medicines can be safe to use, often for a few years after the date shown on the packaging. There are many reputable healthcare authorities supporting this stance. One section in last Friday's SHG announcement stated, 'There have been a number of scientific studies which show that drugs remain usable for many years after the stated date. Given the current supply problems the pharmacy may occasionally dispense drugs which are beyond the stated expiry date.' Adding, 'The government must allow pharmacists - who are highly trained health care practitioners – to use their professional judgment to supply an appropriate alternative medication when the prescribed version is unavailable.'

But Remember. . .

Don't throw expired or surplus medicine in the bin or flush it down the toilet. For starters, it's bad for the environment. Medications discarded in household rubbish can leach active pharmaceutical ingredients into soil and groundwater, potentially contaminating sources of drinking water. Flushing medicines down the sink or toilet introduces these substances directly into sewage systems. The preferred method for disposing of unused or expired medications is through drug take-back programmes or authorised collection sites. These programmes are designed to provide a safe, convenient and responsible means for individuals to dispose of unused or expired medications. Does St Helena have an authorised collection site for expired and unwanted medicines?

Namibia Wildfire Burns One Third of National Park

Closest Wildfire So Far

A Wildfire at Namibia's Etosha National Park burned for seven days until it was brought under control on last Sunday. Covering a total of 8,855 sq miles, Etosha National Park is one of the largest in Africa. Some 200,000 tourists visit the nature reserve every year, according to the government. It boasts a total of 114 mammal species and attracts hundreds of migratory birds including flamingos. The fire poses a significant threat to the biodiversity, wildlife and livelihood of the communities. Etosha is known for its vast salt pan that can be seen from space and is home to critically endangered black rhinos.

On Saturday 500 soldiers joined firefighters, police and volunteers to help bring the fire under control. Late on Sunday, the fires which had spread to hundreds of thousands of hectares of grazing land in adjoining regions were brought under control. But, the full extent of destruction would not be clear until aerial photographs were complete.

The St Helena Independent
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submit adverts and copy
by 1pm on Wednesdays.
Later requests subject to
available space.**

Connect is Directed to Provide Overdue Report – Now!

Utilities Regulatory Authority Has Run Out of Patience and Understanding

Usually, when someone is late providing something they promised you, and you really need, it's normal to use the phone or send an email to prod them into action. Clearly, things have got far beyond that stage with the Utilities Regulatory Authority (URA) and Connect St Helena.

Connect's own licence to operate requires that they provide a range of information, documents and reports to the URA. If the information is withheld, the URA cannot do their job. Supplying information late is almost an annual event for Connect. There is well documented public information on this.

This week, the URA have gone large, on Monday they took the extraordinary action to publish an official, legal announcement in the suitably named Government Gazette Extraordinary. Announcements in the Government Gazette fulfils the legal requirement for public notice, making the information legally valid and binding once published. If Connect do not comply with what is required in the announcements, things could get a little bit spicy.

Connect are required to provide key information to the URA on the previous year's performance by the 31st May each year. Without that information the URA cannot monitor Connect's performance; and that is the URA's job.

The Gazette announcement points out, "the Utility Provider advised that a report would be received by the 12th of September 2025". And adds, "report has yet to be received with no indication when it might be received". Think of it, we are halfway through the financial year and Connect's report for the previous year is four months late.

So, the URA have issued Connect with two directives, which we can take to be orders or rulings which have legal force.

The first one states: -

The Utility Provider is hereby DIRECTED that the annual report for 2025 will be received by the Authority on or before the 13th of October 2025.

And the second: -

The Utility Provider is further DIRECTED that for each year from 2026 onwards the report shall be received on or before the 31st of May of each year.

If Connect do not comply, it is not known what might happen with their operating licence – but it could get a bit nasty. Connect have ten days, including the weekend, to avoid getting deeper into the mire.



Dammit! What do we do now? Get a consultant!

Where is the Renewable Energy We Are All Waiting For?

The Connect CEO let it be known, not to the URA unfortunately, that the current version of the renewable energy project will take three years to complete and the final designs are due either this month or next. The project is estimated to cost £10 million. Once more, the CEO takes care to state, it is too soon to say if this will lead to a reduction in electricity charges as the system has to be in place first before electricity costs can be evaluated. First, is that statement credible. Secondly, if it is, why spend £10 million when there is no customer benefit?

And also, to say the final designs 'are due' this month or next is not accurate. Connect's own energy plan shows January 2025 when the final designs were expected to be completed. 'Overdue' sounds about right. The implementation of the project should have started in January. Curiously, the final designs are not yet available but Connect can tell us it will take three years to do the work. But Connect's energy plan states that how long it will take depends on the detail in the final design – which they say they will not have until next month.



**Fighting to
Ensure
Access to
Justice
for All**

St Helena's Access to Justice Under Threat: EHRC Launches Legal Challenge to Civil (Costs) Ordinance

Today, the St Helena Equality and Human Rights Commission (EHRC) has initiated landmark judicial review proceedings in the St Helena Supreme Court against recently enacted legislation.

Recently enacted legislation, the Civil (Costs) Ordinance 2025, implemented sweeping changes to the ability for litigants to recover their legal costs in litigation on the Island. These provisions strike at the very core of access to justice.

In response, the EHRC has taken the unprecedented step of formally applying to the Supreme Court of St Helena for a judicial review of the Ordinance. This legal challenge is a vital step in defending the rights of all residents and upholding the principles of fairness, dignity, and equality.

The Commission is proud to be represented by a distinguished legal team including Darragh Mackin (Solicitor, Phoenix Law) and Counsel Naomi Hart (Essex Court Chambers) and Clíodhna Kelleher (Monckton Chambers).

Catherine Turner, CEO and Commissioner of EHRC said:

"The new rules make it virtually impossible for ordinary residents to secure adequate legal representation, undermining their ability to pursue or defend their rights in court.

EHRC believes these changes amount to an unacceptable interference with the constitutional guarantee of a fair trial, a cornerstone of St Helena's legal and democratic framework.

We extend our heartfelt thanks to these exceptional lawyers for their dedication, expertise, and unwavering commitment to the people of St Helena."

1st October 2025

Fast Work on Defending Right to a Fair Trial

Last Friday the Independent reported on the highly contentious law passed by Legislative Council on 26th June - 'The Last Act of the Last Government'. The story was immediately picked up by the popular UK current affairs magazine, Private Eye. They published their own story, headlined Post Card from St Helena, on Wednesday this week. The Private Eye report was then posted locally on Facebook with equal rapidity. This led to others persuading MPs to ask questions in the House of Commons and sending the Independent expressions of support, including from various people in the legal profession in the UK.

The Civil Litigation (Costs) Bill 2025 became law on 1st July: the St Helena Equality and Human Rights Commission (EHRC) had already been quietly working on a meaningful, and hopefully effective, defence of Saints' right to a fair trial. Later on Wednesday, the EHRC published a press release announcing they had organised a legal challenge, they have applied to the St Helena Supreme Court for a judicial review of the Ordinance – see above.

Coincidentally, the Sentinel this week has reported former minister Jeffrey Ellick's account of another legislative fiasco, the Immigration (Amendment) Ordinance 2025. Jeff Ellick was the minister at that time sponsoring that legislation. On 24th September, SHG announced this legislation would not come into force on 1st October as planned. They said the Ordinance creates 'an unacceptable level of uncertainty'. It is very evident SHG is in a big muddle and we all should keep a very close eye on what they do.

National Trust Annual General Meeting

Anyone going to a National Trust AGM for the first time can be forgiven if they think they have stumbled on a staff meeting. Some staff are there to give presentations, others go just because they want to. The large meeting room is full, with a mix of staff, Trust members and the just interested. Denny Leo was there, even though he has jumped ship and now sits in the council chamber instead. So was Ronald Coleman, recently appointed to serve on the Trust Council this year as councillor's representative.

The formal bit of the AGM was dealt with on Tuesday evening in a business-like manner by Trust Director Helena Bennett. Approval of the minutes of the last AGM, the financial statements. Appointment of auditor and elections to the Trust Council were completed in the scheduled 35 minutes.

Neil Fantom could not disguise his indignation at having to step aside after two years as President because the rules said he had to. Michel Dancoisne-Martineau was elected in his place. Neil was promptly elected Vice President. New council members welcomed were Giselle Richards and Cerys Joshua. The other council members remain in post until it is their turn to either stand for re-election or resign. The other members are Adam Sizeland, Lourens Malan, Christy Josua, Tracey Williams, Nicola Essex and Vince Thompson. Andrew Turner was thanked for his contribution as councillor's representative in previous years. There was then a short break, followed by presentations showing the work done by the different work groups over the last 12 – 18 months. Seven work groups gave presentations, each limited to either five minutes or ten minutes – in theory. The Cloud Forest, Millennium Forest, Grassland improvements, whale sharks and seabirds, Digitising Archives, predator control, plastic pollution, built heritage improvements and cultural heritage were some, not all, of the work programmes covered.



The red billed tropic bird – almost as graceful as the albatross

The finance report included mention of the £43,000 annual grant from SHG. Broadway House is also rented to the Trust by SHG on a peppercorn rent. The SHG grant has remained the same for some years and the UK government has cut project funding. Consequently, the number of staff has reduced slightly and the funding available for improvements projects is less. A small loss was recorded this year. Despite this, the Trust still transforms the £43,000 core revenue from SHG to an operating income of £504,000 by attracting additional funding.

There were many interesting and notable points made during the presentations, but one that stands out is a survey of the red billed tropicbird showed there were only five hatchlings from the 23 eggs observed and recorded. This is a cause for concern. Less is known about the tropicbird than the endemic Wirebird which was classified as critically endangered for many years. After much work on predator control and environment improvement the official

National Trust Annual General Meeting

classification is now 'vulnerable' – a slight improvement. Work supporting Wirebird habitats cannot stop, but additional work, aimed at understanding more about the tropicbird and the current low breeding numbers has become vital work which must be done – somehow.

The St Helena National Trust as International Ambassador



The Trust director, Helena Bennett, was elected some months ago to the UK Overseas Territories Conservation Forum (UKOTCF). From Monday 13th to Thursday 16th October the UKOTCF will be holding their 7th conference on conservation and sustainability in UK Overseas Territories, Crown Dependencies and other small island states. Our own National Trust has a big part to

play at this conference. The opening session is chaired by the Trust Director and includes presentations and discussions on the Recolonisation and Expansion of Masked Booby Colonies in Sandy Bay and Conserving the Cloud Forest endemic invertebrates of St Helena. Both discussions are led by National Trust staff. Later sessions which involve St Helena National Trust staff include plastic pollution, human impact on the marine environment, the spider fauna of Saint Helena: taxonomic and ecological advances, mapping St Helena's Endemic Invertebrates for Targeted Conservation, iRecord St Helena: a community platform for biodiversity knowledge empowering conservation action and decision making – this one features the St Helena Research Institute with Selene Gough and Rebecca Cairns-Wicks – and Ecosystem Integrity Assessments (Rebecca Cairns-Wicks again).

This is a powerful presence at an international conference and clearly St Helena punching above its weight. This conference can be virtually attended on Zoom. Instructions on how to log on to the conference via are available by email from the National Trust.



Legislative Council Elects Members for Public Accounts Committee and Chairs for Select Committees

At the formal Legislative Council meeting held on Monday, 29 September 2025, the following Members were elected to serve on the Public Accounts Committee (PAC):

- **Hon Dr Corinda Essex**
- **Hon Clint Beard**
- **Hon Derek Thomas**

Also at the meeting Members elected the Chairpersons of the Select Committees:

- **Hon Robert Midwinter as Chairperson of Select Committee 1**
- **Hon Dr Corinda Essex as Chairperson of Select Committee 2**

The SHG press release also stated: -

Three Sessional Papers were also laid on the table, namely: Immigration (Amendment) Ordinance 2025 Rectification Order 2025; Panel of Investigators 2025; Legislative Council Remuneration Review Report, August 2025. These papers are available on the St Helena Government website.



The NEW St Helena Built Heritage Grant Scheme – A Quick Explanation

What is the St Helena Built Heritage Small Grant Scheme?

The aim is to provide financial assistance towards the conservation of buildings, and monuments in the Jamestown Conservation area in the first instance. Grant awards give particular attention to buildings and monuments of historic and architectural merit and applications where urgent and important conservation work is judged to be necessary, emphasis is placed on increasing the visual appeal of buildings.

Who is eligible and how much can you apply for?

Applications for funding are welcome from owners of heritage property in the Jamestown Conservation Area; this usually means, but is not limited to, listed buildings and monuments as catalogued in the Crallan Report – see link <https://www.friendsofsthelena.com/upload/files/Major Assets - the Crallan Report.pdf>

The funding pot is limited at £50,000, so the grants are capped at £5,000 per application and must be match funded.

How to apply?

For an application form, full list of criteria and information required for an application, please contact museum@helanta.co.sh or call us on **22845**.

If you are unsure of your eligibility or whether your project will meet our criteria for funding then you can still contact us for a consultation.

Supported by St Helena Tourism



The Curse of Single Use Plastics

A teenager fights to end single use plastics on her Scottish island

Groundswell of support for ban propels campaign of Tabby Fletcher, 17, from her island home on Jura to parliament

Tabby Fletcher, a 17-year-old from the Isle of Jura, off the west coast of Scotland, lives in what many people would probably assume is a pristine wilderness. Yet she regularly sees dead birds, their bodies entangled in plastic, among piles of waste washed up on the island's beaches after powerful storms.

"In January, we had Storm Éowyn," she says. "Huge storm surges brought piles of plastic on to the beach close to my house. I saw dead birds wrapped in plastic. It was obvious from little bits inside their decomposing bodies they had eaten plastic."

"There was a dead goat too – its head stuck in a plastic fishing net. It's really horrible."

She decided to start a petition calling on the Scottish government to ban all single-use plastics. This has now received more than 26,000 signatures and the backing of MSPs in the Highlands and Islands.

"Around 50% of the plastic we use in the UK is single use, and by cutting these items out it creates a more sustainable footprint in the natural world," she says.

She describes images she has seen of red deer, which feed on seaweed, entangled in washed-up fishing nets.

"If they are left to their own devices, they can starve to death. There are fibres of plastic that come off the netting too," she says.

Plastic endangers seabirds, seals and other wildlife through ingestion, entanglement and toxic contamination, while microplastics – tiny particles from broken-down plastic – pose a long-term threat to wildlife and human health. It can contain any of more than 16,000 chemicals, many of them linked to health issues.

The teenager says that although her community organises beach clean-ups, plastic pollution is a growing problem that will only worsen unless action is taken nationally.

"I'm from a very small community. You don't get to aim big when you are somewhere small," she says. "So it's good to see people writing to me and having the same thoughts and beliefs as I have."

"I'm hoping that Scotland will become the first country in the UK to ban single-use plastics. At the very least, we should have a conversation to prove that it is possible."

She chose to focus on single-use plastic, rather than the plastic fishing nets or "ghost gear" that make up 20% of marine plastic pollution, because the Scottish government has already proposed introducing measures to tackle waste fishing equipment.

The amount of single-use plastic collected on beaches in the UK and the Channel Islands was up 9.5% in 2024, compared with 2023, according to the Marine Conservation Society's annual State of our Beaches report.

Tabby's petition will be discussed by a petitions committee of MSPs. Next steps could include recommending wider debate, a short inquiry or recommending government actions.

MSPs for the Highlands and Islands say Tabby's concerns echo those of their constituents.

Emma Roddick, a Scottish National party MSP for the region, says she supports the petition. "The government could be doing more," she says. "It's nice to see a young person taking action like this."

Roddick says she has heard from constituents on the islands of Eigg and Skye and the Kyness peninsula about "tiny threads" of plastic washing up on beaches, adding that these were very difficult for communities to clean up. A blanket ban, however, would be difficult to implement, she says. "For instance, in the NHS, there are plastic items we haven't found a substitute for. It is also difficult for the government to ban anything we don't have absolute power over."

Ariane Burgess, Green MSP for Highlands and Islands, says she is "incredibly impressed" by Tabby's campaign and fully supports her petition. "The amount of plastic waste washing up on coastal communities' shore is overwhelming," she says.

Kim Pratt, circular economy campaigner at Friends of the Earth Scotland, says: "The first thing the government needs to do is to enforce the existing ban"

"The Scottish government has banned some single-use plastics, such as cutlery, plates and expanded-polystyrene food containers, but it is not enforced," she says. "Creating a ban without acting on it is meaningless."



Islanders untangling fishing floats from a stag's antlers on Jura.

Photograph: Tabby Fletcher

The Scene on Saturday



The first ship to land cargo for Rupert's cargo area has been and gone. On the left of the photo, about 17 containers are neatly lined up on the edge of the container yard. More containers are stacked in front of Seaport House. In all, about 25 containers can be seen. The usual shipment is about 50 to 60 containers.

On the right, beside the truck, there is plenty of material to be cleared, leaving enough space for around twice the number of containers usually shipped.

As things stand, it appears merchants have enough space to destuff their containers in the container yard. Maybe the expense of merchants building warehouses in Rupert's can be avoided at present, but cargo has to be cleared from the wharf within 10 days before charges are applied.

Cargo storage extends from Seaport House to Hay Town House. Break bulk cargo is laid down in a separate yard at the Hay Town House end. This yard will not be ready for use until later in the year. This should not be a problem; the container yard looks big enough to take both types of cargo normally shipped.



One drawback is the stone and dirt falling on Field Road, especially near Briar's junction. Large stone can damage vehicles and dirt or grit can cause skidding. A hazard to be resolved with the amount of traffic now using Field Road.

Other People's Problems

Maggots in Court

The Law Society of England and Wales is the professional association that represents solicitors. They recently focused their eagle-eyed attention on the crumbling court buildings and unreliable technology and how they contributed to the record backlog of cases due to be heard in crown courts. The backlog in turn undermines confidence and trust in the justice system.

Asbestos, mould, rotten seagulls and cells flooding with excrement are among the problems found. Almost two-thirds (63%) of respondents to the Law Society survey reported experiencing delays in cases being heard in the past 12 months because of the state of the courts. Some cases were adjourned, while others were moved online or transferred to different venues.

One respondent said: “The court had to close early for two days within the last 12 months or so. This was because dead and rotting seagulls were within the roof insulation. The court had to close because maggots were literally raining down on to the lobby.”

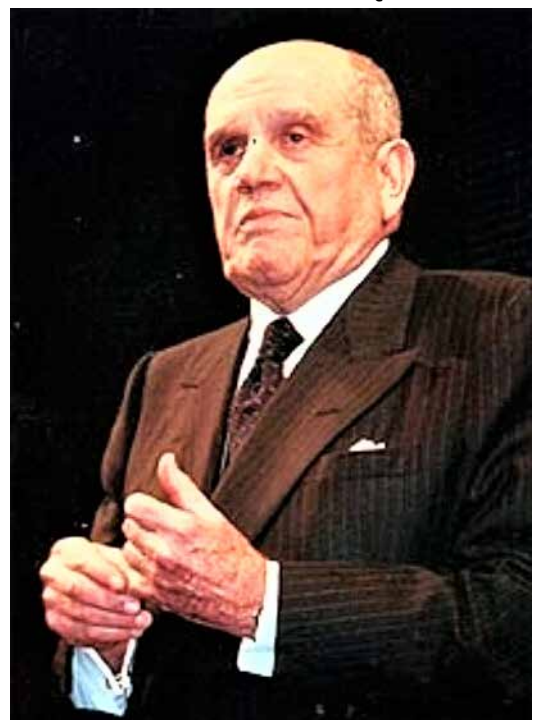
More everyday problems included inadequate air conditioning, dilapidated toilets and poor technology, ranging from poor quality remote hearings to software problems and a lack of working plug sockets. One in five of almost 300 respondents in the latest survey said the technology in the courts was “not at all” fit for purpose.

The Law Society president said: “The backlog in our crown courts stands at more than 76,950 cases, while two-thirds of care cases in family courts take longer than the 26-week time limit. There are currently 35,475 open family court cases, according to recent statistics. Behind each of these statistics are tens of thousands of adults and children who could be freed from limbo and move forward with their lives if they could have their day in court.”

The maintenance backlog is estimated to be £1.3 billion. A Ministry of Justice spokesperson said, “We have already boosted capital funding to £148.5m and carried out around one million maintenance visits this year to make our buildings become fit for everyone who uses them.” Too little, too late, comes to mind. And a maintenance visit does not equate to work done. How many visits before a job is completed?

'I'm 62 and people call me middle-aged – how many 124-year-olds do you know?'

Quote - Alan King



Alan King – Comedian and actor died aged 76 in 2004

Marine Conservation to go Beyond the 200 Mile Limit

The UK has introduced Biodiversity Beyond National Jurisdiction (BBNJ) legislation which they claim is a major step forward in global efforts to protect marine life and ecosystems beyond national borders.

In 2023, the UK signed up to the Biodiversity Beyond National Jurisdiction (BBNJ) Agreement—often referred to as the High Seas Treaty. When the recently introduced Bill was laid before the House of Commons, the UK joined several other nations who have legislated in support of the BBNJ Agreement.

The High Seas Treaty, (BBNJ) includes all ocean beyond the 200-mile Exclusive Economic Zones. The High Seas comprise 61% of the world's oceans by area and 73% of its volume, where all countries can fish, navigate and do research. It is home to millions of species and ecosystems, and they are crucial to many of the key functions that sustain life on our blue planet. Since all countries have the right to exploit resources from the high seas, marine life there becomes particularly vulnerable to unchecked exploitation. Also, it is undisputed that oceans are crucial to mitigating the effects of climate change. But a number of stresses, including industrial fishing, pollution, and the growing threat of a deep-sea mining industry, are posing increasing challenges to the High Seas.

The BBNJ legislation has four main areas. The first is using what the legal drafters call 'Area Based Management Tools' which means Marine Protected Areas (MPA) and similar regimes. Environmental Impact Assessments are included, as is capacity building and the transfer of marine technology. Knowledge and benefit sharing is included in the section on 'Marine Genetic Resources', which covers the entire marine life in a specific area and the ecological characteristics.

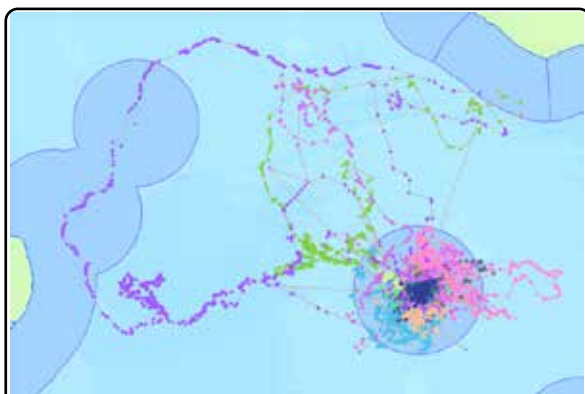
Ascension Island

The Ascension Conservation and Fisheries Directorate has already considered what their role might be after the new legislation is implemented. For several years they have tracked key species to identify

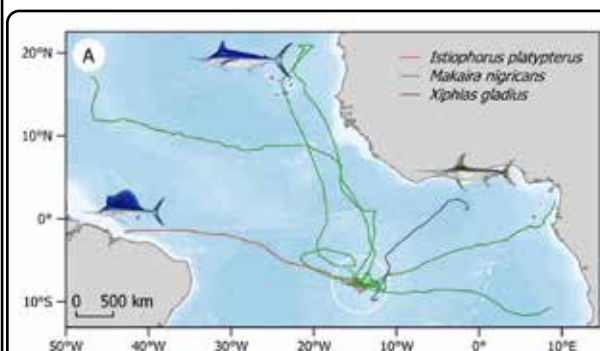
biodiversity hotspots in the high seas beyond the MPA.

Using satellite tags, the conservation team have monitored seabirds, turtles, sharks, and fish to better understand their migratory routes. Highlighted is the importance of equatorial ocean currents north of the island, which connect Ascension Island with ecosystems in Africa and the Americas.

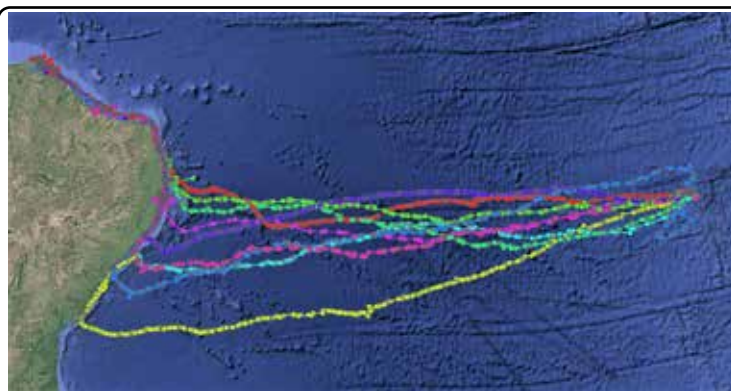
One project focused on tracking Ascension frigatebirds and masked boobies, species known to venture outside of the Ascension Island MPA. The threats to birds fishing in the high seas, such as bycatch and overfishing was also evaluated.



Tracking juvenile frigate birds shows they travel vast distances between South America and west Africa.



Just one example of shark tracking data shows migration across the width of the equatorial Atlantic.



Tracking data shows turtles travelling from nesting grounds on Ascension Island to feeding sites around the Brazilian coast



Why Daily Check-Ins About School Matter More Than You Think

Every afternoon, when my 15-year-old daughter comes home from her GCSE studies, we have what I call our "debrief." It's nothing formal, just five or ten minutes where I ask about her day. Some days she's bursting to tell me about a biology experiment gone wrong or a particularly tricky maths problem she finally cracked. Other days, I get the classic teenage grunt and "fine." But here's what I've learned: showing up for that conversation every single day matters, even when the answers are short.

As parents on St. Helena, we're raising our children in a unique environment. Our island community is close-knit, and our schools are places where teachers know every student by name. Yet even here, with all these advantages, our young people face pressures that can feel overwhelming. GCSE coursework, friendship dynamics, anxiety about their futures, and the usual turbulence of adolescence all converge during the school day. When we check in consistently, we create a safety net that catches problems before they become crises.

What Students Really Think

You might wonder if your teenager actually wants you asking about school every day. Won't they find it annoying? The research suggests otherwise, and my own experience confirms it. Young people, even those who roll their eyes at our questions, feel more secure when they know we're interested. They might not always want to talk, and that's fine, but they notice when we stop asking.

From a student's perspective, daily check-ins signal something crucial: you matter to us. When a parent consistently asks about school, it tells their child that their daily experiences are important, that their struggles are worth discussing, and that they're not alone in navigating their education. For a 15-year-old facing exam pressure, that reassurance is invaluable.

The key is asking the right questions. Instead of "How was school?" (which inevitably gets "fine"), try "What was the most interesting thing you learned today?" or "Did anything frustrate you?" These open-ended questions invite conversation rather than shutting it down.

The Parent's Dilemma

I'll be honest: some days, I'm exhausted. I've had my own challenging day at work, there's dinner to prepare, and the idea of extracting information from a monosyllabic teenager feels like one task too many. But I've come to see this daily ritual as an investment, not a chore.

When we check in regularly, we spot warning signs early. Is your child suddenly reluctant to discuss a particular subject? Are they mentioning the same classmate in a negative context repeatedly? Have they stopped talking about activities they used to enjoy? These patterns emerge only when we're paying attention consistently.

Beyond problem-spotting, daily check-ins strengthen our relationships. They show our children that we're genuinely curious about their lives, not just monitoring them. This distinction matters. Teenagers can smell surveillance from a mile away, but they respond to authentic interest.

The Academic Connection

Here's something that might surprise you: these daily conversations directly support academic success. When students know their parents are engaged with their schoolwork, they perform better. It's not about hovering or doing homework for them. It's about creating accountability and showing that education matters to the whole family.

My daughter knows I'll ask about her revision schedule, which assessments are coming up, and how she's managing her time. This gentle structure helps her stay organized and reminds her that someone is in her corner, cheering her on. When she's struggling with a concept, we can arrange extra help promptly because I know about it right away rather than discovering the problem at parents' evening months later.

Making It Work for Your Family

Not every family's check-in will look the same, and that's perfectly fine. Some of you might have these conversations over breakfast, others during dinner time. Some families might prefer a quiet chat at bedtime. The timing doesn't matter; the consistency does.

For parents juggling multiple children, consider individual check-ins rather than a family interrogation session. Even a few minutes of focused, one-on-one attention makes a difference. And remember: some days the conversation will flow, and other days you'll get nothing. Keep showing up anyway.

The Long View

Our children are growing up fast, and soon enough they'll be making their own way in the world. The daily check-ins we do now build communication habits that will last a lifetime. When they're adults facing challenges, we want them to feel comfortable coming to us, and that comfort starts with these everyday conversations we're having now while they're still under our roof.

So tonight, when your child comes through the door, ask them about their day. Listen to the answer, even if it's brief. Tomorrow, ask again. The day after that, ask again. These small, consistent acts of interest weave a safety net that will catch your child when they stumble and celebrate with them when they soar.

After all, five minutes of conversation today might just be the investment that changes everything.

Till Next Time, keep Well.



The Last Act of the Last Government – To Restrict Saints’ Access to Justice (Continued)

From our UK Correspondent

The above item appeared in the Independent last week. It referred to the Civil Litigation Costs Ordinance, 2025, which received assent and came into force within days of being passed by the outgoing Legislative Council. A reader has pointed out that the item made no mention of Section 74 of the Constitution, which provides:

*‘(3) Unless he or she has been authorised by a Secretary of State to assent to it, the Governor shall reserve for the signification of His Majesty’s pleasure any Bill which appears to him or her, acting in his or her discretion-
...(b) to be inconsistent with one or more of the partnership values declared in section 2; ...’.*

Those partnership values include:

- ‘(a) good faith;*
- (b) the rule of law;*
- (c) good government;’*

Only the Governor can say if he considered the use of this power, was of the view that none of the above applied or simply decided to exercise the discretion not to reserve the Bill for the signification of His Majesty’s pleasure.



Son Kevin, Annabel and the family of the late Shelia Caesar who was laid to rest on Tuesday 9th September express their sincere thanks to the staff of the Community Care Complex for their care and kindness shown to Shelia whilst she was resident there. Much appreciation is also extended to Roy Williams and his team and those involved in the church service.



Notice of Annual General Meeting

**Half Tree Hollow
Community Centre**

**Wednesday 8 October at
7pm.**

*Calling Half Tree Hollow
residents, please come
and support your local
community centre!
All are welcome.*



Diocese of St Helena

The Parish of St Paul's

Sunday 5 October 2025– 27th Sunday of the Year

8.00 a.m.	Eucharist	Cathedral
9.30 a.m.	Eucharist	Cathedral
08.00 a.m.	Eucharist	St Peter
Tuesday 7th October		
7.00 pm	Praise and Worship	St Peter

The Parish of St James

Sunday 5th October 2025 – 27th Sunday of the Year

9.30 a.m.	Eucharist	St James
3.30 pm	Patronal Festival	St Michael
Monday 6th October		
7.00 p.m.	Eucharist	
Thursday 9th October		
7.00 p.m.	Eucharist with Healing	St John

The Parish of St Matthew

Sunday 5th October 2025 – 27th Sunday of the Year

11.15 a.m.	Eucharist	St Mark
Tuesday 7th October		
7.00 p.m.	70x7 Forgiveness	St Mark

BAHA'I FAITH HE IS THE GLORY OF GLORIES



O SON OF UTTERANCE !

Thou art My stronghold; enter therein that thou mayest abide in safety. My love is in thee, know it, that thou mayest find Me near unto thee.

O SON OF BEING !

With hands of power I made thee and with the fingers of strength I created thee; and within thee have I placed the essence of My light. Be thou content with it and seek naught else, for My work is perfect and My command is binding. Question it not, nor have a doubt thereof.

O SON OF MAN !

Be thou content with Me and seek no other helper. For none but Me can ever suffice thee.

If the Baha'i Faith may be of interest to you, please phone Delia or Cliff Huxtable 24342

'Restoring a globally significant Cloud Forest'

News from the St Helena Cloud Forest Project



Welcome to another 'news bite' from the St Helena Cloud Forest Project!

A week ago today, we held an important workshop to review and update the Peaks National Park Management Plan (2019-2024); this is the guiding document for all work carried out within the Peaks National Park and is being implemented under the St Helena Cloud Forest Project.

Led by SHG, the workshop was supported by our local partners in the St Helena National Trust and Connect St Helena, and included a variety of participants; both in person on-island and via online video link.

During the session, we reviewed and suggested amendments to the current Vision & Values, reviewed progress against activities in the management plan, considered scenarios to inform development policies and discussed current and future goals, objectives, actions and indicators. Looking forward, our next steps will be to collate discussion points from the day as well as from questionnaires completed separately. Over the next few months, these will be incorporated into a new draft plan for further review.

Thanks to the FCDO, whose funding made this workshop possible.

Thanks also to Sure SA Ltd for sponsoring the broadband connection for the day - a flawless connection allowed off-island partners, researchers and others to participate in important discussions.

Be sure to follow the St Helena Peaks National Park on Facebook, and @StHelenaPNP on X, to stay up to date with all the latest news and information on the FCDO-funded St Helena Cloud Forest Project



Scan the QR Codes below for quick access to:

Website



Facebook



Twitter/X



Fixed Term Vacancies

Shop Floor Assistants



Rate of Pay is £4.50 per hour

Solomon & Company (St Helena) Plc are recruiting Shop Floor Assistants to work on a fixed term basis over the festive period being 15 to 24 December 2025 in The Star, Greenlands, DIY Store and Half Tree Hollow Supermarket.

Shop Floor Assistant duties will include:

- Providing a high standard of customer service at all times
- Assisting with the pricing of stores and stacking shelves
- To assist with the general cleaning of the shop
- Any other related duties as required by Management

Applicants must be:

- Responsible and trustworthy
- Have good customer service skills
- Able to work as part of a team in a fast-paced environment
- Able to undertake physically demanding and manual handling duties
- Flexible to work the required shifts

Applicants must be resident on St Helena and a minimum of 15 years old at the time of applying.

Successful applicants will be responsible for arranging their own home to duty transport.

For further information please contact:

Nicola Constantine, Senior Mercantile Manager via ☎ 25989/22137 ✉ nicola.constantine@solomons.co.sh

Application forms may be collected from Solomons Main Office Reception, Jamestown or alternatively an electronic copy can be requested via hadmin@solomons.co.sh. Completed forms should be returned to Anya Thomas, Human Resources Organisation & Development Officer, Solomons Main Office, Jamestown by **13 October 2025**.



INVITATION TO TENDER

The St Helena National Trust invites suitably qualified contractors to tender for the delivery of an Erosion and Habitat Mapping Survey of the Sandy Bay coastline.

This work will form part of a new conservation project commencing in October 2025 and running until 2028. The survey will assess the current condition of Sandy Bay's coastal habitats and model how the beach and surrounding environment may respond to future sea-level rise and changing coastal dynamics. The aim is to provide a clear understanding of potential shoreline changes and their associated impacts on biodiversity and habitats, informing long-term management and conservation planning.

Tender submissions should include:

- A quote for undertaking the survey and associated reporting.
- Details of your expertise and relevant experience in coastal erosion studies, habitat mapping, and environmental modelling.
- Examples of similar work previously completed.

The contract will require the production of high-quality data and analysis, as well as accessible reporting and recommendations for management.

The Trust encourages approaches that combine robust scientific methods with clear, practical outputs to support conservation and community resilience.

For further details please get in touch with the Head of Marine Conservation, Neil Thorp on 22307 or email neil.thorp@trust.org.sh

Interested persons should submit tenders in a sealed envelope to the Office Manager, Amanda Constantine at Broadway House, Main Street, Jamestown by no later than 16:00hrs on Thursday, 16 October 2025.



BANK CLOSURE



The Bank will be closed on **Wednesday, 08 October** for a Staff Training and Development Day.

Normal opening times will resume on **Thursday, 09 October**. Online Banking and Local Debit Card Services will still be in operation.

We would like to thank customers for their support and apologise for any inconvenience caused.



Bank of St. Helena Ltd.

Established and regulated in St Helena under the Financial Services Ordinance, 2008 and 2017, the Financial Services Regulations, 2017, the Company Ordinance, 2004 and the Company Regulations, 2004



info@sainthelenabank.com



www.sainthelenabank.com



@sainthelenabank



+290 22390



Market Street, Jamestown



Bank of St Helena Ltd

Vacancy

IT Support Technician



Salary for the post will commence at £1,009 per month (£12,108 per annum)

Solomon & Company (St Helena) Plc has a vacancy within the IT Department for an IT Support Technician.

As the IT Support Technician you will assist the IT Systems, Security and Infrastructure Manager with the day to day running of the Department ensuring all Company IT hardware and software are maintained and that Company IT needs are efficiently met.

Interested Persons Should:

- Have an understanding of IT Hardware and Operating Software
- Have grade C or above in GCSE Maths and English
- Ideally possess an ICT related qualification, such as CompTIA A+, Network+ or equivalent.
- Have a good understanding of cyber security risk management
- Ideally have practical expertise in ICT systems
- Be customer focused and have excellent customer services skills
- Possess good interpersonal and communication skills and the ability to interact confidently with clients
- Possess excellent problem-solving skills
- Be highly organised and possess the ability to multi-task and prioritise to meet deadlines
- Maintain total confidentiality within the Company.
- Be able to work outside of normal working hours as and when required.

For further information, including the Company's attractive benefits package contact:

Peter Crane, IT Systems, Security & Infrastructure Manager via ☎ 22380 📧 peter.crane@solomons.co.sh

Application forms may be collected from Solomons Main Office Reception, Jamestown or alternatively an electronic copy can be requested via hadmin@solomons.co.sh and completed forms should be returned to Anya Thomas, Human Resources Organisation & Development Officer, Solomons Main Office, Jamestown by **Thursday, 16 October 2025**.

Solomon & Company (St Helena) Plc offers an attractive benefits package to Employees which includes but are not limited to:

🏠 Pension Contributions

🏠 Staff Discounts

WANTED

Coffee Pickers



Solomon & Company (St Helena) Plc is seeking Ad-Hoc Coffee Pickers to assist with the 2025/26 Coffee Harvest Season within the Company's Coffee Plantations.

Interested applicants should:

- Be able to undertake physically demanding duties and walk up and down slopes without aid
- Be able to perform manual handling duties and lift and carry weights up to 20kg
- Be comfortable working outside in varying weather conditions
- Be flexible to work outside of normal working hours if required

As a Coffee Picker, you will be paid according to the amount of coffee you are able to pick, at the rate of £2.00 per kilogram.

The minimum required weight to be picked per day is 20kg (which is equivalent to £40.00 per day).

To register your interest or for further information contact:

Gina Benjamin, Human Resources Administrator via email gina.benjamin@solomons.co.sh or by calling 22380.

(Subsidised Transport will be provided (along the route Jamestown – HTH – St Pauls – Sandy Bay & return), upon request.)



Annual General Meeting

2025

Notice is hereby given for the Annual General Meeting (AGM) of the Parents Teachers Association of St. Helena Secondary School.
All Parents/ Guardians are Invited

AGM Agenda:

1. Welcome to all Parents and apologies
2. Confirmation of the minutes of the previous AGM
3. Matters Arising
4. Alteration to Constitution (School Name)
5. Questions & Concerns - Parents
6. Chairperson's Report
7. Treasurer's Financial Report
8. Dissolution of existing Executive Committee and election of new Executive Committee
9. AOB

New Date!

16 October 2025
Starting @ 7:00PM



SHSS- Assembly Hall
Francis Plain

Note:

Refreshments will be provided

For Transport Arrangement

Email: kayleen.brady@sainthelena.edu.sh or joleen.thomas@sainthelena.edu.sh
Call Jolene - 24290 ext: 209 or Kayleen - 24290 ext: 201



ST. HELENA DIVE CLUB ANNUAL GENERAL MEETING 2025

Date: Monday 13th October 2025

Time: 6.30pm

Where: The Dive Club, the wharf

Members and non-members welcome. Snacks will be provided.

AGM papers will be circulated to members via in advance, via email.

Membership is due on the night or can be paid in advance at the BoSH.

Due to a significant potential increase in rent, and with recent increases in utilities, changes to the constitution will be put forward, which will include proposed membership and fee increases; if agreed, membership renewal increases will take effect immediately.

Please let us know in advance of nominations for the committee. If you have any other matters you wish to discuss, please let us know. Email us on shdiveclub@gmail.com

Share the Magic of Christmas ★

Bring Joy & Cheer to a Child this Year

Despite the challenges many families face, the spirit of giving can shine brighter than ever. Together, we can help make this Christmas truly special for a child in need.

Visit the Arts & Crafts Centre at the Cannister
Choose a gift tag from our Giving Tree

Each tag shows the age and gender of a child in need
Buy a suitable gift and return it to Arts & Crafts (with
tag attached)

By 28 November 2025

Your act of kindness will light up a child's Christmas with joy and hope.

Thank you for making the season truly meaningful.



Call 22133 for further details





St Helena
Government

SAFETY, SECURITY & HOME AFFAIRS



INVITATION TO TENDER

Proposed Refurbishment – EX Longwood School Phase 1

St Helena Government would like to invite suitably experienced contractors to submit tenders for the following contract:

ED9-2025/26 – Proposed Refurbishment – Ex Longwood School Phase 1

A site visit to view the works will take place on Monday, 06 October 2025, at 09:00, meeting at the Ex-Longwood School.

Contractors should note that site visits requested after the given date will not be entertained unless there is a relevant reason why the contractor could not attend the scheduled site visit.

Copies of the tender document and further details can be obtained from the Procurement Officer, Tiffany Lawrence, located on the Top Floor, Post Office Building, Jamestown on telephone no: 25932 or via email tiffany.lawrence@sainthelena.gov.sh.

Completed tenders for this contract should be placed in the Tender Box located on the Top Floor, Post Office Building by 12:00 on Wednesday, 15 October 2025, clearly marked: **"Tender ED9-2025/26"**.

Interested parties should note that this opportunity is not being advertised overseas.



St Helena
Government



ENVIRONMENT NATURAL RESOURCES AND PLANNING PORTFOLIO

PUBLIC ANNOUNCEMENT

ENRP Assets For Licensing

ANRD wishes to advise the public that following assets are available for licensing from October 2025:

Arable land at Ropery Field	0.50acres	LWN pt of 189
Arable Land at Ropery Field	0.40acres	LWN pt of 491
Arable Land at Ropery Field	0.24acres	LWN pt of 491
Arable Land (including a pollytunnel) at Ex ADA Fields	0.40acres	LWN pt of 365
Arable Land Nr. Longwood Avenue	0.27acres	LW S58

Application forms can be collected from the Reception at ENRP Office or by contacting the Farmers Support Officer, Mr Fred Green on tel: 24724 or via email Frederick.green@sainthelena.gov.sh or the Farmers Support Assistant, Martina Leo on tel: 24724, or via email martina.leo@sainthelena.gov.sh respectively.

Closing date for applications are 16:00 on 10 October 2025.

SHG
29 September 2025
www.sainthelena.gov.sh



St Helena
Government



SAFETY, SECURITY & HOME AFFAIRS

INVITATION TO TENDER

Proposed Toilet Facility Extension & Patio Enclosure – Deasons Care

St Helena Government would like to invite suitably experienced contractors to submit tenders for the following contract:

HSC3-2025/26 – Proposed Toilet Facility Extension & Patio Enclosure – Deasons Care Centre

A site visit to view the works will take place on Monday, 06 October 2025, at 09:30, meeting at the Deasons Care Centre, Longwood.

Contractors should note that site visits requested after this date will not be entertained unless there is a relevant reason why the contractor could not attend the scheduled site visit.

Copies of the tender document and further details can be obtained from the Procurement Officer, on telephone no: 25932 or via email tiffany.lawrence@sainthelena.gov.sh.

Completed tenders should be placed in the Tender Box located on the Top Floor, Post Office Building by 12:00 on Monday, 13 October 2025, clearly marked **"Tender HSC3-2025/26"**.

Interested parties should note that this opportunity is not being advertised overseas.

SHG
26 September 2025



JOIN US! WE ARE RECRUITING...

BENEFITS

- **Leave** – 30 days leave per annum, plus public holidays
- **Pension** – 15% pension contribution by SHG into approved defined contribution pension scheme
- **Training and Development**
- **Paid sickness absence**

HOW TO APPLY

To access job profiles and application forms online, visit

www.sainthelena.gov.sh/government/vacancies

Alternatively, these are available in paper format from Central Human Resources and Organisational Development at The Castle, Jamestown.

For further information, please contact the recruitment team on telephone number **22470** or via the email address below.

Applications should be submitted through the Director/Line Manager (where applicable) to the Human Resources Officer by email recruitment@sainthelena.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

Joint Emergency Services Control Centre Operator (£12,432 per annum)

Do you want to make a difference to your community and be of service when it is needed the most? The St Helena JESCC is looking to recruit a highly motivated and enthusiastic individual to form part of their small, but busy team. This role will require excellent communication skills with the ability to deal with vulnerable and distressed members of the public. Contact us for more information and a discussion.

Enquiries: Cheyenne Furniss on Tel No.22626 or Email Cheyenne.furniss@sainthelena.gov.sh

Closing date: 09 October 2025

Shortlisting date: 14 October 2025

Interview date: 23 October 2025

Senior Digital Media & Marketing Officer (£16,248 per annum)

Oversee St Helena Government's online presence across all digital channels. This role will involve monitoring and managing the St Helena Government and St Helena Tourism websites including all official social media accounts. Planning digital campaigns and developing, implementing, tracking and reporting on digital performance. This role works across the breadth of the Communications Hub's activities, and the entirety of St Helena Government. Contact us for more information and a discussion.

Enquiries: Anne Dillon on Tel No.22470 or Email anne.dillon@sainthelena.gov.sh

Closing date: 17 October 2025

Shortlisting date: 24 October 2025

Interview date: Week beginning - 03 November 2025

The St Helena Public Service welcomes all applications from across our whole community, including our St Helenian diaspora wishing to return to St Helena. If you are a St Helenian currently living and working overseas, please contact us at recruitment@sainthelena.gov.sh to discuss how we can support you.

SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, vetting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.

St Helena Tourism are inviting expressions of interest for the following works:

1. Attachment of low level solar lighting in The Castle Gardens.
2. Installation of slate plaques for the artistic instillation of 'A Walk Through History'.
3. Repainting of Text on the historic Dolphin Stone.
4. Signage, maintenance & repair/replacement.
5. Repairs and decorating at the Ladder Hill Guard room.
6. Various additional 'small jobs' pertaining to tourism development projects.

Works to be carried out in accordance to Building Control and Land Planning and Development Control approval guidelines.

Expressions of interest should be submitted by Friday 10th October 2025.

For further information and a scope of works please contact Sophia Joshua at the St Helena Tourist office on email: Sophia.Joshua@sainthelena.gov.sh or telephone 22158.



WE'RE OPENING



T: 25507 E: shop@roseandcrown.sh

After 4 months of renovations, on Sunday 5 October 2025, The Crown Supermarket will open its doors for the first time. On this day, it will open from 10am - 6pm.

The upstairs Bar will open from 12 noon.

CROWN SUPERMARKET NORMAL OPENING TIMES

MON, TUES, WED:	9AM - 6PM
THUR, FRI, SAT:	9AM - 9PM
SUN:	9AM - 1PM

With the launch of The Crown Supermarket, the Rose & Crown Shop in Market Street, Jamestown will gradually be reducing its grocery, toiletries and cleaning range.

Household Appliances, Beds, Alcohol & Snacks, Drinks, Paints, Tyres and Batteries will still be on sale at this outlet.

To effect this transition, we will have reduced opening hours

Rose & Crown Shop, Market Street
Saturday 4th October 2025
9am - 1pm

Normal opening hours will resume on Monday, 6th October 2025.

All other outlets' opening times will remain the same.

Ladies Cricket starting in St Helena

Is Ladies Cricket starting in St Helena? “I sincerely hope so” said Derek Richards when asked about the recent ladies’ get-togethers at Francis Plain.

“It is a massive step” said Derek,” and “I hope it’s a growing”. The world is now focussing on women’s sport and St Helena Cricket is encouraging this in St Helena where there are only small numbers at present, but Derek hopes that once the word gets around and the current participants encourage their friends to join in, the numbers will grow.



For the first time ever there is an aura of enthusiasm between the few ladies who have turned out for some fun training sessions with cricketing skills thrown in and then combining those skills with on field activities.



If the sport becomes established for the ladies, the St Helena Cricket Association will invest in suitable facilities and equipment for them and try and take it to another level.

Laura Oliver, Tiffany Leo and Jordyn Scipio Richards who have been instrumental in motivating the ladies into participating, are loving this new activity and are looking forward in more taking part.

Cricket practice for the ladies take place on Wednesday afternoons at 4.30 for an hour or so. If you would like to participate then get in touch or just come along on the day and take part.



The Biggest and the Best

'What a Rugby World Cup should be': Women celebrate a defining moment

The winner of the Women's Rugby World Cup was women's rugby



England win 2025 Women's Rugby World Cup in front of world record crowd

The Women's Rugby World Cup smashed all kinds of records to smithereens. The opening game at the Stadium of Light in Sunderland attracted a 42,723 record crowd for a women's rugby game. More spectators were watching England thrash USA 69-7 than the total number of spectators for all games in the 2014 Women's World Cup. The record did not survive long. Last Saturday, 81,885 watched England beat Canada 33-13 in a hard-fought battle.

Viewing figures told a similar story. The BBC reported, 'BBC Sport has made broadcasting history, with a record-breaking peak audience of 5.8 million viewers tuning in across TV and streaming to watch the Red Roses' triumphant 33-13 victory over Canada in the Women's Rugby World Cup 2025 final. The final not only marked the most-watched women's rugby union match ever on UK television, but also became the most-watched rugby match of the year.

Across the full tournament, the Women's Rugby World Cup reached a total TV audience of 12 million, with 10.5 million streams on BBC iPlayer and BBC Sport digital platforms.'

Women's rugby is not short of bruising encounters, crunching tackles, excellent technique, wonderful displays of passing the ball – finding gaps in the opposing defence as the ball is passed from one side of the field to the other in seconds. The best teams make for addictive viewing. The women train hard. They practice, practice and practice again until the many skills required become second nature - just like the men. What is different from the men? Several said they would not play if they did not find it fun. And it shows. While they play as seriously as men, they smile a lot, laugh as well. They respect the referee's decisions and get on with the game people have paid good money to watch.

One of the Star Performers

Ellie Kildunne was named the World Rugby Women's Player of the Year in November 2024 for her exceptional 2024 season with England and Harlequins. Her stellar performance included a Grand Slam victory in the Women's Six Nations, where she was also named Player of the Tournament. She is famous for her supreme pace, running ability, and knack for scoring tries at critical moments.



Ellie Kildunne, ball in hand, slices through the Australian defensive line during England's 47 - 7 victory



FOOTBALL

5-A-SIDE FIXTURES



Saturday 11th October @ 18:00

Game 1: Goal Diggers vs Rigger Boots FC

Game 2: Two Boats N Hoes vs Grease Monkeys

Game 3: Slippery Balls vs Falcons

Saturday 27th Match Review

It was a rainy Saturday evening as the fourth night of the tournament kicked off, with the Falcons taking on the Rigger Boots. It was an evenly matched game but Rigger Boots struggled after they were unable to field a full squad. Falcons took the win keeping them top of the leader board. The second game of the night saw Two Boats N Hoes take on Slippery Balls in another close fiercely contested game, with skills evenly matched. Both teams played well, but Slippery Boots avoided a draw by coming out on top with a deflected goal in the last minute. The third game between Grease Monkeys and Goal Diggers will be played Wednesday 1st October, on the 2nd anniversary of Josh Bowers tragic passing. We encourage the community to come out and support the teams playing in honour of Josh. With the mid week game to play, all awards are still up for grabs. There will be a break on the 4th October, with games resuming on 11th October. This will see the league winners decided, with the Falcons currently in the lead, but Slippery Balls within reach of the top spot. With the final round of games to play, all awards are still up for grabs.

The double elimination knock out tournament will be played on 25th October from 3pm, followed by the presentation in the evening at Two Boats Club. Food will be on sale followed by a Disco. Schedule will be determined by final league positions.

Team Name	Goals Scored / Goals Against	Goal Scores	Points	Overall Goal Scorers	Running total
Falcons	GS: 6 / GA: 1	Jaiden (3) Nathan (2) Trey (1) Lucas (1)	12	Nathan (10) Jaiden (9) Trey (3) Lucas (2) Jerimiah (2) Tristan (1)	GS: 28 / GA: 8
Slippery Balls	GS: 4 / GA:3	Josh (3) Ross (1)	10	Josh (8) Conrad (7) Owen (5) Sergio (1) Ross (3) Mario (1)	GS: 25 / GA: 13
Two Boats N Hoes	GS:3 / GA:4	Sam (2) Fordy (1)	6	Sam (7) Toby (5) Fordy (4) Cai (1) Chris (1) Matty (1) Jarvis (1)	GS: 20 / GA: 16
Rigger Boots	GS:1 / GA: 6	Stephano (1)	4	Jace (4) Tyrell (3) Eugene (2) Ricardo (1) Stephano (1)	GS: 11 / GA: 18
Grease Monkeys	To be Played		0	Rico (2) Reid (2) Dave (2) Steve (1) Darren (1) Kieran (1)	GS: 9 / GA: 19
Goal Diggers	To be Played		0	Kevin (1) OG (1) Ethan (4) Gareth (1) Jedi (1)	GS: 8 / GA: 27
Top Goal Scorers - Nathan (10) Jaiden (9) Josh (8)					

Sponsored by Two Boats Club

FROM THE COUCH

Contributed by Leigh & Louis

Match of the week, chosen and reported on by 10 year old Football Enthusiast Louis this week was Saturdays game between Manchester City and Burnley .

Manchester City cruised to a 5-1 win over Burnley at the Etihad Stadium, with Maxime Esteve scoring two own goals while Erling Haaland bagged a late double.

Hosts City took the lead after just 12 minutes when Jeremy Doku's shot was parried by Martin Dubravka, only for Esteve's haphazard deflection to roll into the back of his own net.



The hosts dominated possession but struggled to create clear-cut chances, allowing Jaidon Anthony to draw level with a close-range finish seven minutes before half-time.

City came out sharper in the second half, regaining the lead as Haaland teed up Matheus Nunes for a crashing volley, before Esteve again turned into his own net, this time from a Nunes cross.

Haaland then added two finishes in the space of three minutes to complete the rout and move into Man City's top 10 scorers in history.

The win lifts City to third place in the table on 10 points, while Burnley remain a point above the relegation zone in 17th place.



Saturday 27th	Brentford	3	1	Man United
Saturday 27th	Chelsea	1	3	Brighton
Saturday 27th	Crystal Palace	2	1	Liverpool
Saturday 27th	Leeds	2	2	Bournemouth
Saturday 27th	Man City	5	1	Burnley
Saturday 27th	Nott'm Forest	0	1	Sunderland
Saturday 27th	Tottenham	1	1	Wolves
Sunday 28th	Aston Villa	3	1	Fulham
Sunday 28th	Newcastle	1	2	Arsenal
Monday 29th	Everton	1	1	West Ham



Friday 3rd	20:00	Bournemouth	vs	Fulham
Saturday 4th	15:00	Leeds	vs	Tottenham
Saturday 4th	15:00	Arsenal	vs	West Ham
Saturday 4th	15:00	Man United	vs	Sunderland
Saturday 4th	17:30	Chelsea	vs	Liverpool
Sunday 5th	14:00	Aston Villa	vs	Burnley
Sunday 5th	14:00	Everton	vs	Crystal Palace
Sunday 5th	14:00	Newcastle	vs	Nott'm Forest
Sunday 5th	14:00	Wolves	vs	Brighton
Sunday 5th	16:30	Brentford	vs	Man City

We will be back next week with all the latest from the Premier League

FOLLOW THE SHFA SEASON 2025

Every week we will bring you the latest results, table standings and all information relating to the SHFA football season 2025.

As the St Helena Football Association moves into their third round of League Fixtures, the league games came to a halt with the outgoing Secretary Kyle Yon resigning from the committee.

On Monday night 29th September a meeting was called for elect a new Secretary so the season fixtures can continue but unfortunately it was poorly attended and by the constitution, it was in sufficient numbers to select a new Secretary, so the association will be calling another meeting on:

DATE—Monday 6th October

TIME—6pm

VENUE— New Horizons Youth Centre.

It is **IMPORTANT** for all committee members, captains, players and interested persons to attend this meeting to select a Secretary to allow the season to continue.

IF NOT ENOUGH PEOPLE ATTEND TO FORM A QUADRON BY CONSTITUTION AT THIS MEETING, THEN THE SEASON WILL BE FURTHER DELAYED UNTIL A QUADRON CAN BE FORMED.

FOOTBALL TABLE

<u>TEAM</u>	<u>PLAYED</u>	<u>WIN</u>	<u>DRAW</u>	<u>LOST</u>	<u>G/FOR</u>	<u>G/AGAINST</u>	<u>G/DIFFERENCE</u>	<u>POINTS</u>
Bellboys	9	9	0	0	112	7	105	27
Rovers	9	7	0	2	69	18	51	21
Wirebirds	10	5	1	4	80	27	53	16
La Verde	10	4	1	5	46	53	-7	13
Fugees	9	2	0	7	32	53	-21	6
Inter Galactic	9	0	0	9	2	183	-181	0

TOP GOALSCORERS

<u>NAME</u>	<u>TEAM</u>	<u>GOALS</u>
Joey Thomas	Bellboys	47
Blaize Baldwin	Rovers	27
Kyle Shoesmith	Wirebirds	22
Taylan Phillips	Bellboys	17
Tyler Brady	Bellboys	15
Jorden Johnson	La Verde	14
Lars Williams	Fugees	13
Sean Lee Thomas	Wirebirds	12
Rico Benjamin	Rovers	12
Scott Henry	Bellboys	11
Shane Stroud	Wirebirds	11
Tyler Anthony	La Verde	11

MOST MAN OF MATCHES

<u>NAME</u>	<u>TEAM</u>	<u>MOM</u>
Joey Thomas	Bellboys	6
Ethan Harris	Wirebirds	3
Rico Benjamin	Rovers	3
Lars Williams	Fugees	2

MOST YOUNG PLAYER OF MATCHES

<u>NAME</u>	<u>TEAM</u>	<u>MOM</u>
Tyler Anthony	La Verde	4
Blaize Baldwin	Rovers	3
Zach Francis	Wirebirds	2

NO FOOTBALL THIS WEEKEND !!

FOLLOW THE JUNIOR LEAGUE SEASON 2025

Every week we will bring you the latest results, table standings and all information relating to the Junior League football season 2025.

FOOTBALL RESULTS

Dabbing Devils 2 – Rumblers 24

Goalscorers Dabbing Devils – Zayden Benjamin, Lennix Henry

Goalscorers Rumblers – Cruz Williams 6, Conan Sim 6, Luton Yon 4, Alexis Williams 3, Ozel Stevens 2, Coen Leo, Riley Wade, Own Goal

POM– Logan Yon (Dabbing Devils)

Cruz Williams (Rumblers)

Dabbing Devils 1 – New Horizons Stars 5

Goalscorers Dabbing Devils – Zayden Benjamin

Goalscorers New Horizons Stars – Ajay Henry 5

POM–Zayden Benjamin (Dabbing Devils)

Ajay Henry (New Horizons Stars)

Monarchs 7 – Flix 5

Goalscorers Monarchs – Aidan 2, Harry Winfield 2, OG 3

Goalscorers Flix– Lebron George 4, Joel Peters

POM–Aidan (Monarchs)

POM - Lebron George (Flix)

Black Mambas 5 – Golden Gladiators 3

Goalscorers Black Mambas– Tyler Anthony 2, Lukas Robertse, Dirk Peters-Benjamin, Jace Moulding

Goalscorers Golden Gladiators– Levi Williams, Elijah Young, Jude Jacobs

POM–Tyler Anthony (Black Mambas)

TOP 5 GOALSCORERS

NAME	TEAM	GOALS
Lamar Peters	Young Gunners	44
Kian Stroud	Young Gunners	44
Cruz Williams	Rumblers	37
Conan Sim	Rumblers	20
Luten Yon	Rumblers	18

NAME	TEAM	GOALS
Tyler Anthony	Black Mumbas	23
Lebron George	Flix	22
Levi Williams	Golden Gladiators	16
Jude Jacobs	Golden Gladiators	14
Robson Fabian	Vikings	12

FOOTBALL TABLE

TEAM	P	W	D	L	G/F	G/A	G/D	PTS
Young Gunners	6	5	1	0	111	6	105	16
Rumblers	7	5	1	1	110	16	94	16
New Horizons Stars	7	3	0	3	12	75	-63	6
New Horizons FC	6	2	0	4	18	67	-49	6
Dabbing Devils	7	0	0	7	8	95	-87	0

TEAM	P	W	D	L	G/F	G/A	G/D	PTS
Golden Gladiators	6	5	0	1	46	20	26	15
Black Mumbas	7	4	1	1	48	34	14	13
Monarchs	6	2	2	2	33	37	-4	10
Flix	7	2	0	5	35	43	-8	7
Vikings	6	0	1	4	22	50	-28	1

UPCOMING FIXTURES

PLAYING CONDITIONS WILL BE ASSESSED ON SATURDAYS

ALL MATCHES ON SUNDAY 5TH OCTOBER

Vikings	VS	Monarchs	9:45am
Rumblers	VS	New Horizons Stars	9:45am
Flix	VS	Golden Gladiators	10:30am
New Horizons FC	VS	Young Gunners	10:30am

N.B All statistics given on this page is subjected to the ONLY information that is supplied to the public via New Horizons Facebook Page

St Helena Golf Club – Monthly Medal Strokeplay Competition

Contributed by SHGC.

**Sunday, 28th September
2025**

Weather: Cool and dry, no
showers

Participants: 12 golfers

The Monthly Medal Strokeplay competition drew a competitive field of 12 players, with ideal weather conditions contributing to some excellent scoring. Four golfers returned scores in the 60s, making for a tightly contested leaderboard.



Douglas Augustus emerged as the overall winner with a superb round of 66, followed by Freddy Thomas in second place on 68. The third spot was decided on a countback, with Peter Bagley edging out Keith Joshua after both finished tied on 69.

There was no winner in the Two Ball Pool for the second consecutive week.

Congratulations to all the medal winners!

Next Sunday: Turkey & Ham Competition

The club will host the second Turkey and Ham Competition of the year next Sunday. This event will be played in the cross-country format, promising a fun and challenging round for all participants. Tee off will 12:00 noon.

Registration closes on Saturday, 4th October at 2pm.

Members are encouraged to register early to avoid disappointment.

For more insight follow us on Facebook and check out our website www.sthelenagolf.com
Happy swinging.....!





SAFETY, SECURITY & HOME AFFAIRS

INVITATION TO TENDER

Installation of New Lights on Jacob's Ladder

St Helena Government would like to invite suitably experienced contractors to submit tenders for the following contract:

SSHA5-2025/26 – Installation of New Lights on Jacob's Ladder

A site visit to view the works will take place on Wednesday, 01 October 2025, at 10:00, meeting at the bottom of Jacob's Ladder, Jamestown.

Contractors should note that site visits requested after this date will not be entertained unless there is a relevant reason why the contractor could not attend the scheduled site visit.

Copies of the tender document can be obtained from the Procurement Officer, Tiffany Lawrence, Top Floor, Post Office Building, Jamestown on telephone no: 25932 or via email tiffany.lawrence@sainthelena.gov.sh.

Should you require any further details, please contact the Roads and Building Maintenance Manager, Deon Robbertse on telephone no: 23765 or via email roads.manager@helanta.co.sh.

Completed tenders for this contract should be placed in the Tender Box located on the Top Floor, Post Office Building by 12:00 on Friday, 10 October 2025, clearly marked: "Tender SSHA5-2025/26".

Interested parties should note that this opportunity is not being advertised overseas.

MACS SHIPPING SCHEDULE UPDATE



WHATEVER
YOU NEED
TO SHIP

	BRIGHT SKY 251217	GREEN MOUNTAIN 251219	GOLDEN KAROO 251221
Immingham	09-Aug	06-Sept	04-Oct
	KAROLINE 251709	KAROLINE 251710	KAROLINE 251711
Cape Town	18-Sept	12-Oct	08-Nov
Rupert's Bay	26-Sept	20-Oct	16-Nov
Ascension Island	-	-	21-Nov
	KAROLINE 251809	KAROLINE 251810	KAROLINE 251811
Cape Town	09-Oct	02-Nov	30-Nov

*schedule may change without prior notice. For the latest updates, please visit our website.



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