THE ST HELENA

STAND WITH UKRAINE

Est. 2005

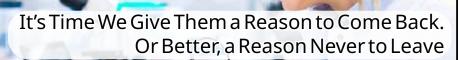
INDEPENDENT

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Keeping
our
Working
Population
on St
Helena

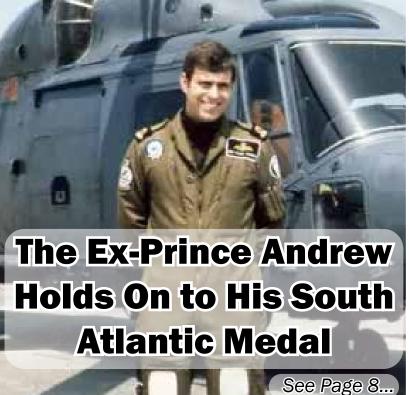
Skilled, Educated Can Triple their Income by Leaving



The Question Isn't Why Are our Young People Leaving, but Why Should they Stay
See Page 4...

Joan Thomas' Group Dances to £1000+ for Cancer Care

See Page 10...





Big Turnout for Youth Parliament Vote

A vote among school children on the issues which matter most to them brought a big response. Of the 206 children at the Secondary School, 155 turned out to vote – a 76% turnout. That's much bigger than any general election.

There were ten issues to choose from. The first was Education and Learning which focused on access to university and other further or higher education. Other issues included:

- Health and Well Being,
- Rights, Equalities and Democracy,
- Jobs, the Economy and Benefits,
- Crime and Safety.
- Climate Change and the Environment,
- Youth Work and Young People's Services.

For Secondary School pupils, Education and Learning emerged as the top priority. This was followed by Jobs, the Economy and Benefits, with Crime and Safety coming third.

The same vote was taken right across the Overseas Territories with 18 schools taking part from the eleven participating Territories. A total of 3,057 votes were cast; the top priority for all Overseas Territories children is Education and Learning.

The purpose of the vote, claimed to be the biggest youth consultation of its kind, was to decide what issue should be debated in the UK Youth Parliament which met yesterday in the House of Commons. More than three hundred 11- to 18-year-olds are members of the UK Youth Parliament. Each member has been elected by the youth of their own locality. Representatives from the Overseas Territories and Crown Dependencies are invited to participate.



The UK Youth Parliament has been going strong for 25 years

Ruth Mobenge MYP - Member of Youth Parliament for Enfield (2023 to Present), had this to say about the importance of the UK Youth Parliament.

"Young people are already underrepresented in a body of elected representatives who make plans for OUR future. Hence, the UKYP gives us the opportunity to educate, discuss and debate topics of importance to young people across the UK. It has also given me the liberty to represent my young constituents in Parliament, signifying the importance of representation and the protection of our futures."



United Kingdom

St Helena has been ably represented at two previous Youth Parliaments by Kelly Yon. Kelly was studying in the UK at the time so travel and associated costs did not present a big problem. This year, financial and travel constraints mean it was not possible for St Helena to be represented.

The St Helena Independent April Cottage Putty Hill Alarm Forest Tel: 00 290 23836

Email:

independent@helanta.co.sh

To ensure inclusion, please submit adverts and copy by 1pm on Wednesdays.

Later requests subject to available space.

Cerys and Isabella Destined for Epic Adventures with WAVYSAIL

The St Helena Open Oceans Fund, offered jointly by the St Helena Government and ocean adventure company Wavysail, is an action-packed and life-changing experience. The opportunity to jump in and enjoy comes around every year. Cerys Joshua and Isabella Scott have done just that.

Wavysail offer three types of ocean adventure. There is 'Relaxing' or 'Stretching', but for Cerys and Isabella there is just one type available, and that is 'Epic'. Starting from St Helena means it's got to be Epic. Cerys has already left for Cape Town to join the rest of the crew to sail back to St Helena. When Cerys arrives, Isabella will take over for the voyage back to Cape Town. The whole voyage, out and back takes 48 days and costs over £7,000. Cerys is just finishing her 'prep week' now. She's learning everything she needs to know to plan and execute a major ocean voyage. Next week she will be on the open ocean, sailing up the west coast of Africa to Namibia. There is a break along the Namib coast to explore Lüderitz and the desert 'ghost' town of Kolmanskop Then it's westward across the wide blue to St Helena.



'Wavy' Immelman, who must have spent more time at sea than on land, is co-owner of Wavysail

The Wavysail website explains, "For the more intrepid, Epic Voyages take you on unparalleled sailing expeditions, exploring remote and aweinspiring destinations around the globe." This year, St Helena is the only Epic adventure offered, (too late, they are all sold out) but the Seychelles is often available as another Epic. All the ocean adventures, from Relaxing to Epic do not require sailing experience. The skipper and first mate have many years of experience and ocean miles behind them. They teach the skills of ocean sailing as part of the package.







Through the Lens

What More Can Be Done to Keep Our Working Population on St. Helena?- Written By *Ed Oyewo*

I was chatting with a young man the other day, someone I do have regular chat with during my time in the Education Portfolio. Bright fellow, hardworking, exactly the sort of person we need building our future here on St. Helena. And then he told me, quite matter-of-factly, that he's off to the Falklands. It stopped me cold. Here we go again, I thought. So as I watched this young man's eyes light up talking about his upcoming move, I had to ask myself: what are we doing wrong?

The statistics paint a sobering picture. Our island population has been in steady decline, falling from its peak in 1987 to just under 4,000 residents today. More alarmingly, the working-age population (those between 15 and 64) has dropped from about 3,500 in 1987 to just under 2,400 in 2024. Meanwhile, our elderly population has more than doubled, from around 500 to over 1,100 in the same period. In 2024 alone, we had 59 deaths compared to just 17 births. Three times as many deaths as births. Let that sink in.

Compare this to the Falklands, where the population has doubled since 1980, unemployment sits below 1%, and the average income is around £30,000 per year. Meanwhile, here on St. Helena, our median annual wage for 2023/24 was £10,490. That's roughly a third of what workers

earn in the Falklands, and barely a third of the UK's median earnings. Yet our cost of living is estimated to be 25% higher than the UK.

It doesn't take an economist to understand why our young people are leaving.

The Education Question

As someone who served in the Education Portfolio, this issue is particularly close to my heart. We pride ourselves on our education system, and rightly so in many respects. Education is free for all children aged 3 to 16. We follow the English National Curriculum through Key Stages 1–3, and our students sit for GCSEs and A-levels. But here's the uncomfortable truth: what use are good GCSE results if there's no future for these young people on the island?

We educate our children to international standards, fill their heads with knowledge and ambition, teach them to dream big, and then what? Or they finish school here, look around at the limited opportunities, and realise that everything they've learned has prepared them for a life somewhere else.

The Value We Place on Education: Let's examine what value we actually place on education beyond the classroom walls. When I look at other British Overseas Territories, I see a stark contrast.

In Bermuda, those with bachelor's degrees earn 63% more than high school graduates. The message there is clear: education pays. In the Cayman Islands, 98% literacy rates are matched with thriving financial services and tourism sectors. Nearly half of all Falklands adults have post-secondary or vocational qualifications, and that investment is rewarded with competitive salaries and full employment.

We say we value education, but do our wages reflect that? Do our career opportunities reward academic achievement? When a young

person with a university degree can earn three times their St. Helena salary by simply boarding a plane to the Falklands, what incentive have we given them to stay?

Education Without Opportunity Is Just Preparation for Departure: This is the heart of our problem. We've built a respectable education system in isolation from economic reality. It's like teaching someone to swim in a pool and then expecting them to stay when the ocean is calling.

Our students learn IT skills for jobs that don't exist here. They study business management for a private sector that consists primarily of two large employers. They train in hospitality for a tourism industry that, despite the airport opening in 2017, remains frustratingly underdeveloped. We need to ask ourselves some hard questions. Are we educating young people for St. Helena's future, or for someone else's workforce? Are we creating opportunities that match the aspirations we've helped them develop? Are we valuing the education we provide with salaries and career pathways that make staying a viable choice?

What Can Be Done?

The answer isn't to lower our educational standards or stop sending students abroad for university. That would be cutting off our nose to spite our face. Rather, we need to build an economy that can absorb and reward educated workers.

First, we must address the wage gap honestly. A median salary of £10,490 in an environment where living costs exceed the UK is simply unsustainable for retaining talent. Small, incremental increases to the minimum wage, while

helpful, don't address the fundamental problem that skilled, educated workers can triple their income by leaving. Second, we need to develop sectors that offer genuine career progression. Third, we must make the connection between education and employment explicit and robust. What use is a Community College offering courses if there aren't jobs waiting for graduates? We need businesses, government, and teachers working together to ensure that what we teach matches what we need. Fourth, we should examine successful models from other British Overseas Territories. The Falklands Government, the largest employer there with 750 staff, actively recruits across various professional fields. They've created an environment where education translates directly into employment opportunities. Why can't we do the same?

A Personal Plea: When I think about that young man heading to the Falklands, I don't blame him one bit. He's doing what's rational, what's necessary for his future. The question isn't why are our young people leaving, but why would they stay?

We've given them education. We've given them hope. We've given them the tools to succeed anywhere in the world. What we haven't given them is a reason to succeed here.

It's time we gave them a reason to come back. Or better yet, a reason never to leave in the first place. *Till Next Time, keep Well.*

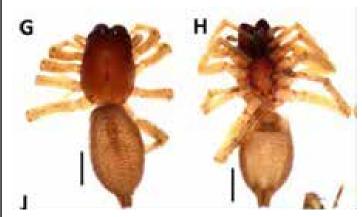
St Helena - Spider Heaven

Do You suffer from Arachnophobia? If so Pass on

Earlier this year two new spider species were discovered on the Peaks. Two papers have been published recording the research on these X-Factor spiders and they have featured at a recent conference

More spider papers published on St Helena & Ascension

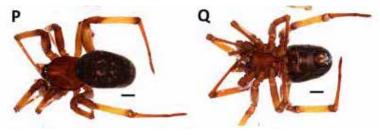
Two more papers from the research group led by Danni Sherwood have been published on spiders of Saint Helena and Ascension Island.



In the first paper, the INNS (invasive nonnative species) spiders of Saint Helena are catalogued, with identifying characteristics, like genitalia, illustrated (see example overpage), in a collaboration with St Helena Government Agricultural and Natural Resources Division and St Helena National Trust. This paper was funded by the Foreign, Commonwealth and Development Office (FCDO) St Helena Cloud Forest Project, supported by the Species Recovery Trust and RSPB.

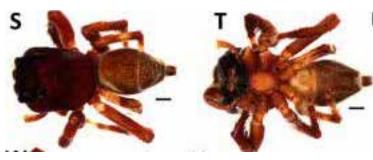
114 known spider species on St Helena

In the second paper, the modern annotated checklist of spiders of Ascension Island is finally published after no such list having been updated in over 60 years. Sherwood et al. provide the first analysis of genus and species endemicity within a modern taxonomic context, showing only one genus and handful of species are possible endemics. The researchers found also three



45 of the 114 species are endemic – at the last count

new INNS species established on the island, further reinforcing the threat to endemics. This paper was funded by the UK Government through Darwin Plus grants DPLUS135 and DPLUS 216. https://www.researchgate.net/publication/392468991 https://www.researchgate.net/publication/391895187



The 45 endemic species belong to 12 genera (wider families)

Danni Sherwood, the lead author of a new study of these spiders, says, 'Our work showed that two species new to science existed in the cloud forest, but for over four decades they were thought to be a single, common, species which can be found in many parts of the world including the UK.' Their type localities are in one of the most unique and threatened habitats in the world: the Saint Helenian cloud forest. Knowing what species are there and which

are found nowhere else helps with efforts to conserve the cloud forest as a whole.' The findings were published in the European Journal of Taxonomy

Bits and Pieces

US Government Shuts Down and Costs Go Up

Do it the St Helena Way

In the US they can't agree their government spending budget, so the government has shut down. The shut down has lasted over a month and big problems are surfacing. It's the 11th shutdown in modern US history and the 3rd during a Trump presidency.

Theirs is the politics of constant chaos. They should take a leaf out of St Helena's book; we'll do anything for a quiet life. In the US, 42 million of the poorest people get food stamps, which is a bit like food rationing in the UK during and after the Second World War. As usual the poorest are hit hardest. It's half-rations now as the money starts to run out. The thousands of businesses on government contracts don't know when they will start a job or when they will get paid if they do. Already they are trying to manage the Trump tariffs - which can change daily, depending on what mood Trump is in when he wakes in the morning. The effect of all this is that prices have increased, slowly but surely, since Trump started in January this year. Unemployment is up a bit too. It's very possible the St Helena government spending budget has been delayed more than eleven times in recent decades but the same uneventful procedure is used here on these occasions. The Councillors are assembled as Legislative Council to rollover the existing budget for the first three months of the forthcoming year. Annoying? Definitely. Causes missed opportunities? Certainly. Creates Uncertainty? Doubtlessly. But basic Island pensions and IRB still get paid and there are no mass layoffs among government workers. It's true, our price inflation is more than the US and our workers are not unemployed, they leave the island. We prefer the politics of the enduringly ineffective to the politics of constant chaos.

Would you ride a bike in Jo'burg – Me Neither The young cycling enthusiasts reclaiming the streets of Johannesburg

Bike culture, once seen as an elite hobby or a last resort for the poor, is flourishing in the post-apartheid 'City of Gold'

On a hot Saturday Spring morning, Karabo Mashele urged a group of female cyclists up the hills of a plush Johannesburg suburb. "Come on my ladybugs," the 32-year-old shouted over the sounds of 4X4 cars overtaking the riders. "You can do hard things!"

Twice a month, Mashele, who only learned to cycle aged 29, leads Girls on Bikes, casual rides for up to 25 women in their 20s and 30s, through Johannesburg or Pretoria. On other weekends, she and a core group join longer, mixed gender rides.



Karabo Mashele, the founder of the Girls on Bikes bicycle club, on the streets of Johannesburg

With a population of nearly 5 million, Johannesburg is not designed for cyclists or pedestrians, with dense townships and sprawling suburbs connected by highways. Less than 1.5% of commuters cycle to work, the majority of them migrant workers from other southern African countries. Bikes are usually seen as either an elite hobby or a last resort for the poor.

South Africa's metropolitan areas haven't changed much since apartheid ended more than three decades ago, with poorer black workers commuting to wealthier areas from the townships. However, the members of

Bits and Pieces



Girls on Bikes and other young cycling enthusiasts are reclaiming the streets of South Africa's largest city.

Karabo Mashele said she wanted to change the perception of cycling among black South Africans, recalling how children in Soweto thought their group were tourists.

Are we living in a golden age of stupidity?

From brain-rotting videos to AI creep, every technological advance seems to make it harder to work, remember, think and function independently ...

Nataliya Kosmyna spends a lot of her time reading and analysing people's brain states. Another project she is working on is a wearable device – one prototype looks like a pair of glasses – that can tell when someone is getting confused or losing focus. Around two years ago, she began receiving out-of-the blue emails from strangers who reported that they had started technology such as ChatGPT and felt their brain had changed as a result. Their memories didn't seem as good – was that even possible, they asked her? Kosmyna herself had been struck by how quickly people had already begun to rely on generative AI. She noticed colleagues using ChatGPT at work, and the applications she received from researchers hoping to join her team started to look different. Their emails were longer and more formal and, sometimes, when she interviewed candidates on Zoom, she noticed they kept pausing before responding and looking off to the side – were they getting AI to help them, she wondered, shocked. And if they were using AI, how much did they even understand of the answers they were giving?

With some colleagues, Kosmyna set up an experiment to monitor people's brain activity while they wrote essays, either with no digital assistance, or with the help of an internet search engine, or ChatGPT. She found that the more external help participants had, the lower their level of brain connectivity, so those who used ChatGPT to write showed significantly less activity in the brain networks associated with cognitive processing, attention and creativity.

Whatever the people using ChatGPT felt was going on inside their brains, the scans showed there wasn't much happening up there.

The study's participants, were asked, right after they had handed in their work, if they could recall what they had written. "Barely anyone in the ChatGPT group could give a quote," Kosmyna says. "That was concerning, because you just wrote it and you do not remember anything."

She observes, writing an essay requires skills that are important in our wider lives: the ability to synthesise information, consider competing perspectives and construct an argument. You use these skills in everyday conversations. "How are you going to deal with that? Are you going to be, like, 'Err ... can I just check my phone?'"

We know, that once you become accustomed to the hyper efficient cybersphere, the friction-filled real world feels harder to deal with. So, you avoid phone calls, use self-checkouts, order everything

Continues from PREVIOUS PAGE...

from an app; you reach for your phone to do the maths sum you could do in your head. "It's only software developers and drug dealers who call people users," Kosmyna mutters at one point, frustrated at Al companies' determination to push their products on to the public before we fully understand the psychological and cognitive costs.

Andrew Mountbatten Windsor Keeps His Campaign Medal

His South Atlantic Medal Is not Taken Back

His former Royal Highness Prince Andrew, Duke of York, Earl of Inverness and Baron Killyleagh who was also a Royal Knight Companion of the Most Noble Order of the Garter and a Knight Grand Cross of the Royal Victorian Order will keep his South Atlantic campaign medal awarded for his service in the Falklands War. As such, he will retain his membership of the South Atlantic Medal Association. The former prince served in the Royal Navy for 22 years. During the military conflict with Argentina in the Falkland Islands he was a Sea King helicopter co-pilot. One of his tasks was to act as a decoy for Argentina's Exocet missiles.

29,700 South Atlantic Medals were awarded to British military personnel and civilians who served in the conflict to liberate the Falkland Islands and South Georgia. 13,000 medals were awarded to Royal Navy personnel, one of which was received by the then Prince Andrew.

In January 2022 the late Queen Elizabeth II sought to distance him from the monarchy by stripping him of his military affiliations and royal patronages. However, he retained the honorary rank of vice-admiral, given in 2015, but that too is now being withdrawn.



Simon Weston, a veteran of the Falklands War

It is reported Falklands veterans have said it would be "morally indefensible" for a medal earned through active service to be taken away.

Simon Weston, 64, who was severely burned when his troop transport RFA Sir Galahad was attacked during the conflict, said "He has lost all other aspects of dignity, respect and honour he was ever once shown. But the one thing you cannot strip away from the man, no matter how vindictive, vicious or virtue-signalling you want to be is that moment in his life where he was dignified, honourable and courageous."

Another senior defence source who served in the Falklands said that to strip Mountbatten Windsor of his campaign medal would be an "extraordinary" move.

"Instinctively, if one does something brave it seems extraordinary to then go and say someone hasn't done something brave,"

2,090 civilians were awarded the South Atlantic Medal in recognition of their involvement in the Falklands War. Among that number are the volunteer crew of the RMS St Helena, the only civilian ship to be requisitioned for Falklands service.

St Helena Tourism and Airlink Announce 18-Month Flight Schedule





4th November 2025 – St Helena Tourism is pleased to announce, in partnership with our airline partner Airlink, the release of an 18-month forward flight schedule to St Helena Island.

Airlink will continue to operate its regular weekly Saturday service between Johannesburg (JNB) and St Helena (HLE), maintaining consistent connectivity between the island and mainland Africa. In addition, from mid-December 2026 through to mid-March 2027, Airlink will introduce a seasonal Tuesday return service between Cape Town and St Helena, catering to increased travel demand during the southern summer months.

While the published schedule extends 18 months into the future, it is important to note that flights can only be booked up to 360 days in advance, in line with Airlink's booking system. Travellers and tourism operators can therefore plan ahead with confidence, knowing flight timings and service frequencies well beyond the current booking window.

Bookings can be made directly via the Airlink website or through your local travel agent. "This 18-month schedule demonstrates our continued collaboration with Airlink and our shared commitment to making St Helena more accessible to travellers from across the globe," said Minister Karl Thrower, Minister for Economic Development for St Helena. "It reflects the island's steady growth as a distinctive, authentic travel destination offering a unique blend of history, culture, marine, hiking, conservation, and adventure activities."

Katherine Whelan, Chief Commercial Officer of Airlink, added: "We are proud to continue connecting St Helena to the world through our Johannesburg and seasonal Cape Town services. The release of this extended schedule gives travellers the confidence to plan well in advance and supports the island's ongoing tourism and economic development. St Helena is a remarkable destination, and Airlink is delighted to play a role in opening it up to more visitors."

For further information on travel to St Helena, including entry requirements and visitor experiences, please visit www.sthelenatourism.com.







Cancer



Joan Thomas's Group Dances to £1,000 plus for Cancer Care

More than 100 people joined the Let's Dance group at Half Tree Hollow Community Centre for a special dance fundraiser that raised £1,068 for the Cancer Support & Awareness Charity. An hour of non-stop mixed music provided by DJ Colin Peters had the dancers' hearts pumping.

The fundraisers rose to the occasion by wearing one of the many ribbon colours that represent the different cancers that afflict countless people and their loved ones. A big raffle with twenty prizes, including seven food hampers, raised £750 and £318 was added in donations.

The Let's Dance meets on Tuesday evenings at Half Tree Hollow Community Centre for an hour of freestyle dancing. Led by Joan Thomas of Near High Knoll it sounds like a fun way to get some exercise.

The Let's Dance fundraiser was held on 29th October. The group extends its grateful thanks to everyone who supported this special event and this worthy cause. The list of raffle winners is shown below:

Prize	Winner			
Food Hamper	Michelle Yon, Half Tree Hollow			
Food Hamper	Cherry Murray, Market Street			
Food Hamper	Barry Williams, Barracks Square			
Food Hamper	Ray Williams, Thompsons Hill			
Food Hamper	June Richards, Barracks Square			
Food Hamper	Roy Essex, Half Tree Hollow			
Food Hamper	Jodie Thomas, Seaview			
Biscuit Hamper	Shayden Phillips, Near Lemon Tree Gut			
Gammon	Tyanne Thomas, Longwood			
Pork Joint	Florence March, Blue Hill			

Donald Thomas, Half Tree Hollow				
·				
Peters-Stevens, Half Way				
Sonia Cochran, Jamestown				
s Andy Yon, St Paul's				
Hamper Cecily Lindsay, Roman's				
Chocolate Cake Pricilla Thomas, New Ground				
Angela Francis, Levelwood				
Marian Henry, Cleugh's Plain				
Mandy Thomas, Backfield				
Sylvia Henry, Shamrock				





Cancer







Letter to the Editor: Before Taxing Ultra-Processed Foods

During Ministers' Question Time on Tuesday, the Minister mentioned that consideration might have to be given to taxing highly-processed foods - or ultra-processed foods.

While this may sound sensible from a health perspective given the growing cost to the health budget, it's important to remember that highly-processed foods cover a wide range of everyday items. These include ready-made meals, cereals, sausages, burgers and even bread—one of our staple foods, ham, chopped ham, polony, chilli loaf and cheese spread, all sandwich fillers. In fact, anything that contains preservatives, artificial colouring, flavouring, or emulsifiers are additives that falls into this category.

Healthier alternatives are often far more expensive and simply out of reach for low-income earners. The price of imported fresh fruit is outrageously high and unaffordable as an everyday staple. Local farmers deserve our support, but they must also cover their costs, which makes local produce pricier. By promoting locally grown fruit and vegetables, without adding extra costs, our shops could help support local growers, and make fresh healthy food accessible for all.

Before introducing any new tax on highly-processed foods, government should consider the wider challenges of low wages, high utility costs, and the general cost of living which is impacting our health.

Improving public health requires everyone's involvement—but it starts with making healthy food realistic and affordable. The government must lead by addressing the underlying challenges to a healthy population, rather than thinking about another tax without first establishing a solid foundation.

C Cranfield

Obituary

Mum Daphne, Brothers Barry, Perry, Donny and Luke, Sisters Debra and Michelle along with their families of the late Deanna Medline Vanguard who passed away at the General Hospital on the 14th September 2025 would like to express their heartfelt thanks to the doctors and nurses who took care of her whilst she was in hospital. Mr Roy Williams and his team for the funeral arrangements. Father Ernest and Mr Jack Horner for the funeral service and Mr Nicholas Williams for playing at the graveside. Ms Cilla McDaniel for the reading of eulogy and support. Solomon & Company for the printing of the service sheets. Mrs Karen Thomas & Mrs Kim Henry for the making of the wreaths and to all who gave flowers, cards of sympathy and sent messages.

Special Thanks to her Carers who cared for her and showed their love and support. To sister Michelle, Leatrice, Sherry, Mum Sylvia Thomas and the rest of the family and friends for showing their love and support whilst she was in hospital during this difficult time.

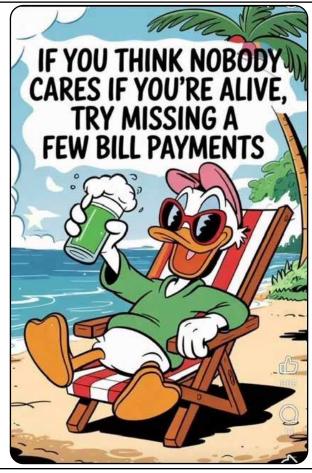
"We hold her close within our hearts, and there she shall remain.

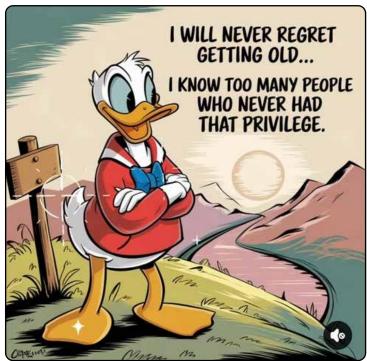
To walk with us throughout our lives, until we meet again"





Laugh with Donald!





BAHA'I FAITH HE IS THE GLORY OF GLORIES



O SON OF MAN!

Sorrow not save that thou art far from Us. Rejoice not save that thou art drawing near and returning unto Us.

O SON OF MAN!

Rejoice in the gladness of thine heart, that Thou mayest be worthy to meet Me and to mirror forth My beauty.

O SON OF BEING!

Walk in My statutes for love of Me and deny thyself that which thou desirest if thou seekest My pleasure.

O SON OF MAN!

Wert thou to speed through the immensity of space and traverse the expanse of heaven, yet thou wouldst find no rest save in submission to Our command and humbleness before Our Face.

If the Baha'i Faith may be of interest to you, please phone Delia or Cliff Huxtable 24342

Diocese of St Helena

	The Parish of St Paul's	
Sunday	9 th November 2025 - Remembranc	e Sunday
8.00 a.m.	Eucharist	Cathedral
10.30 a.m.	Remembrance Service	Cenotaph
	Tuesday 11th November 2025	
6.00 p.m.	Patronal Festival	St Martin
	Thursday 13 th November 2025	
7.00 p.m.	Praise and Worship	Blue Hill Community Centre
	The Parish of St James	
Council and	9 th November 2025 - Remembranc	- Consider
9.00 a.m.	Fucharist	St James
10.30 a.m.	Remembrance Service	Cenotaph
	Monday 11 th November 2025	
7.00 p.m.	Eucharist Eucharist	St Mary
	Thursday 13 th November 2025	
7.00 p.m.	Eucharist with Healing	St John
	The Parish of St Matthew	
O da	9 th November 2025 – Remembrand	e Sunday
Sunday		
8.00 a.m.	Eucharist	St Mark



AGRICULTURE SHOW DAY FRANCIS PLAIN

15 NOVEMBER 2025

Open to the Public from 12noon to 5pm Entrance Fee: Adults £1 Children under 12years 50p

WHAT TO EXPECT

District Stalls

Arts & Craft Competition submission of entries 10am

Horticulture & Homebaking Competition

submission of entries 9am

Hot Food, Tuck Shop, Tea and Cakes, Bar

Miscellaneous stalls

Petting Zoo

Bouncy Castle and lots more

DJ Colin Peters

TRANSPORT £2 one way

Buses to Francis Plain from

Levelwood, Longwood

Jamestown and New Ground

departing 11:30am

Sandy Bay 11am

Return journey departs 5pm

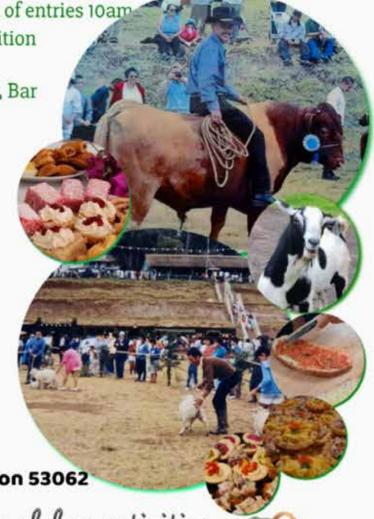
Volunteers needed!

Please get in touch with Susan on 53062

Join us for a great day of fun activities,

stalls and competitions

Advertising sponsored by St Helena Tourism





Bank Teller

Commencing at £10,908 per annum

Bank of St Helena Limited is seeking to recruit a suitable person to fill the vacant position of a Bank Teller on a full-time basis.

This position will incur significant contact with the public and other Bank staff. The successful candidate must be flexible, demonstrate courtesy and provide excellent customer service at all times. Must have a keen eye for detail, exhibit high accuracy levels and have the ability to work under pressure and meet deadlines, whilst working well with others as part of the wider Bank team.

The main duties of the post include:

- Undertaking counter transactions for customers and posting these to the Bank's computer system;
- Cash handling and assisting customers in meeting their banking needs and queries;
- Providing assistance in the delivery of Remote Banking services;
- · Any other duties.

Interested persons can contact the Teller Services Manager on + 290 22390 ext 211 or email <u>tellerservicesmanager@sainthelenabank.com</u> for more information.

An Application form and a job profile is available upon request from the Bank.

Completed application forms should be addressed to the Human Resources Manager, Market Street, Jamestown or emailed to hrmanager@sainthelenabank.com.

Closing date for applications is Friday, 14 November 2025.

Choose a career with Bank of St Helena and enjoy competitive benefits.





Established and regulated in St Helena under the Financial Services Ordinance, 2008 and 2017, the Financial Services Regulations, 2017, the Company Ordinance, 2004 and the Company Regulations, 2004



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@sainthelenabank



+290 22390



Market Street, Jamestown



Bank of St Helena Ltd









SAFETY, SECURITY AND HOME AFFAIRS PORTFOLIO

PUBLIC ANNOUNCEMENT

Planned Emergency Exercise at St Helena Airport – 12 November 2025

The Emergency Planning Department would like to advise that the St Helena Airport along with the St Helena Government (SHG) First Responders will be conducting a major incident exercise on Wednesday, 12 November 2025.

This is a pre-planned training exercise to test emergency response procedures. During this time, members of the public may notice activity at Bradleys Camp and emergency vehicles (with blue lights) travelling between Bradleys Camp and the airport.

Please do not be alarmed — this exercise is not a real emergency.

Members of the public are kindly asked to stay away from the area if possible to allow the exercise to proceed safely and without disruption.

We thank you for your understanding and cooperation while this essential training takes place.

SHG

31 October 2025

www.sainthelena.gov.sh













ENVIRONMENTAL, NATURAL RESOURCES AND PLANNING

INVITATION TO TENDER

Proposed Roof Reconstruction and Replacement Building 1 – Sawmill

St Helena Government would like to invite suitably experienced contractors to submit tenders for the following contract:

ENRP8-2025/26 – Proposed Roof Reconstruction and Replacement Building 1 - Sawmill

A site visit to view the works will take place on Monday, 10 November 2025, at 09:00, meeting at the Sawmill at Scotland, St Pauls.

Contractors should note that site visits requested after this date will not be entertained unless there is a relevant reason why the contractor could not attend the scheduled site visit.

Copies of the tender document and further details can be obtained from the Procurement Officer, on telephone no: 25932 or via email tiffany.lawrence@sainthelena.gov.sh .

Completed tenders should be placed in the Tender Box located on the Top Floor, Post Office Building by 12:00 on Wednesday, 19 November 2025, clearly marked "Tender ENRP8-2025/26".

Interested parties should note that this opportunity is **not** being advertised

SHG 27 October 2025









INVITATION TO TENDER

Viewing Deck & Bird Hides at the Millennium Forest

St Helena Government would like to invite suitably experienced contractors to submit tenders for the following contract:

CS-1988-SHG - Viewing Deck & Bird Hides at the Millennium Forest

A site visit to view the works will take place on Tuesday, 04 November 2025, at 10:00, meeting at the Millennium Forest.

Contractors should note that site visits requested after this date will not be entertained unless there is a relevant reason why the contractor could not attend the scheduled site visit.

Copies of the tender document and further details can be obtained from the Procurement Officer, on telephone no: 25932 or via email tiffany,lawrence@sainthelena.gov.sh.

Completed tenders should be placed in the Tender Box located on the Top Floor, Post Office Building by 12:00 on Thursday, 13 November 2025, clearly marked **"Tender CS-1988-SHG"**.

Interested parties should note that this opportunity is $\underline{\textbf{not}}$ being advertised overseas.

SHG 27 October 2025

The "Let's Dance" group would like to thank all who attended the fundraising event on Wednesday, 29 October 2025. A total of £750 was raised from the raffle and £318 was received in donations on the night. The grand total of £1,068 was donated entirely to the St Helena Cancer Support and Awareness Charity.

Below are the raffle winners:

Prize	Winner		
Food Hamper	Michelle Yon, Half Tree Hollow		
Food Hamper	Cherry Murray, Market Street		
Food Hamper	Barry Williams, Barracks Square		
Food Hamper	Ray Williams, Thompsons Hill		
Food Hamper	June Richards, Barracks Square		
Food Hamper	Roy Essex, Half Tree Hollow		
Food Hamper	Jodie Thomas, Seaview		
Biscuit Hamper	Shayden Phillips, Near Lemon Tree Gut		
Gammon	Tyanne Thomas, Longwood		
Pork Joint	Florence March, Blue Hill		
Whole Chicken	Donald Thomas, Half Tree Hollow		
Whole Chicken	Peters-Stevens, Half Way		
Whole Chicken	Sonia Cochran, Jamestown		
Three Steaks	Andy Yon, St Paul's		
Veggie Hamper	Cecily Lindsay, Roman's		
Chocolate Cake	Pricilla Thomas, New Ground		
Fruit Cake	Angela Francis, Levelwood		
Short Bread	Marian Henry, Cleugh's Plain		
Fruit Hamper	Mandy Thomas, Backfield		
Plant	Sylvia Henry, Shamrock		









SAFETY SECURITY & HOME AFFAIRS

INVITATION TO TENDER

New Prison Project

St Helena Government would like to invite suitably qualified contractors to submit tenders for site excavation and haulage for the new Prison site within the Longwood area – Bottom Woods:

CS-1946-SHG - Site Excavation & Haulage

A site visit to view the works will take place on Monday, 10 November 2025, at 09:00, meeting at "Reggies" in Bottom Woods

Full documentation and the specifications can be found on the St Helena Government e-procurement system which can be accessed via: https://in-tendhost.co.uk/sainthelena/aspx/Home following registration on the system. User guides are available via the 'Supplier Information' tab to assist prospective contractors registering on the e-procurement system.

If contractors would like a hard copy of the tender documentation, they should contact the Project Manager, James Hayton, on tel no: 22270 or email: James.Hayton@sainthelena.gov.sh.

Tender submissions should be made via the e-procurement system, with the tender deadline being Wednesday, 26 November at 12:00.

Contractors should note that this tender is not being advertised overseas.

NOTE TO EDITOR:

This project has been approved for funding under the UK funded Economic Development Investment Programme (EDIP), in partnership with the FCDO.

SHG 22 October 2025









JOIN US! WE ARE RECRUITING...

BENEFITS

- → Leave 30 days leave per annum, plus public holidays
- → Pension 15% pension contribution by SHG into approved defined contribution pension scheme
- → Training and Development
- → Paid sickness absence

HOW TO APPLY

To access job profiles and application forms online, visit www.sainthelena.gov.sh/government/vacanc ies alternatively, these are available in paper format from Central Human Resources and Organisational Development at The Castle, Jamestown.

For further information, please contact the recruitment team on telephone number 22470 or via the email address below.

Applications should be submitted through the Director/Line Manager (where applicable) to the Human Resources Officer by email recruitment@sainthele na.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form.
Please do not submit your CV.

Land Registry Officer (£13,569 per annum)

Do you possess strong interpersonal skills, have experience in working in a customer focused environment and the ability to understand complex legal documents? If so, the Economic Development Portfolio has an opportunity for you to join their team. You will be responsible for the management of Land Registry functions which include: preparation of Land Registry documents in respect of Private Transfers, Statutory Declarations and Easements. Main duties and responsibilities also include preparation of Residential and Commercial Leases, Licences and Transfer documents for Crown Land.

Contact us for more information and a discussion

Enquiries: Mike Durnford on Tel No. 22270 or Email:

mike.durnford@sainthelena.gov.sh

Closing date: 10 November 2025 Shortlisting date: 13 November 2025 Interview date: 25 November 2025

Teacher - Science (SHSS) (£12,432 – £20,645 per annum)

Do you have a passion for education and a love of science? We are seeking a dedicated and enthusiastic Teacher of Science to join our team to support in inspiring the next generation of learners. In this role, you will deliver engaging and high-quality teaching across Key Stages 3, 4, and 5, helping students develop both academically and personally. You will plan, prepare, and teach well-structured, differentiated lessons that spark curiosity and foster scientific thinking. You will also set meaningful home learning tasks that consolidate learning and support steady progress. We're looking for a teacher who can bring science to life, encouraging students to question, explore, and understand the world around them. If you are passionate about creating positive learning experiences and committed to helping every student achieve their potential, we would love to hear from you.

Contact us for more information and a discussion

Enquiries: Phil Toal on Tel No. 24290 or Email:

phil.toal@sainthelena.gov.sh

Closing date: 14 November 2025 Shortlisting date: 19 November 2025 Interview date: 27 November 2025

The St Helena Public Service welcomes all applications from across our whole community, including our St Helenian diaspora wishing to return to St Helena. If you are a St Helenian currently living and working overseas, please contact us at recruitment@sainthelena.gov.sh to discuss how we can support you. SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, vetting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.









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Castle, Jamestown.

Applications should be submitted through the Director/Line Manager (where applicable) to the Human Resources Officer by email recruitment@sainthele na.gov.sh or paper copies delivered to the Human Resources Officer by the closing date.

To be considered for our vacancies, you must complete our application form.
Please do not submit your CV.

Senior HR Assistants (£11,604 per annum)

Here is a great opportunity to start your career in HR! Central Human Resources is seeking to recruit a motivated and enthusiastic individual to join our HR Transactional team. In this post, you will be responsible for undertaking a range of HR transactional processes to ensure the delivery of a high quality HR service. Keys areas include recruitment and selection, processing of leavers, contractual changes and providing advice on employment related policies and procedures.

Contact us for more information and a discussion.

Enquiries: Sharnell Benjamin or Anya Richards on Tel No.22470 or

<u>Anya.richards@sainthelena.gov.sh</u> or <u>Sharnell.benjamin@sainthelena.gov.sh</u>

Closing date: 18 November 2025 Shortlisting date: 21 November 2025 Interview date: 27 November 2025

Forest Worker £9,698 per annum

The Forestry Section is looking to recruit a Forest Worker to provide support for a labour service under the supervision of the Nursery Chargehand, Silviculture Officer, or Forestry Officer. The role involves all aspects of tree seedling production but does include performing manual forestry tasks, such as land clearing, control of invasive and alien plant species, ground preparation, planting, thinning, pruning, fencing, cleaning, and the harvesting of sawlogs, firewood, and fence posts, as specified by the relevant line manager. Contact us for information and a discussion.

Contact us for more information and a discussion.

Enquiries: Myra Young on Tel No. 24724 or Email

myra.young@sainthelena.gov.sh

Closing date: 13 November 2025 Shortlisting date: 18 November 2025 Interview date: 26 November 2025

The St Helena Public Service welcomes all applications from across our whole community, including our St Helenian diaspora wishing to return to St Helena. If you are a St Helenian currently living and working overseas, please contact us at recruitment@sainthelena.gov.sh to discuss how we can support you. SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, vetting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.









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For further information, please contact the recruitment team on telephone number 22470 or via the email address below.

Applications should be submitted through the Director/Line Manager (where applicable) to the Human Resources Officer by email recruitment@sainthele na.gov.sh or paper copies delivered to the **Human Resources** Officer by the closing date.

To be considered for our vacancies, you must complete our application form. Please do not submit your CV.

Emergency Medical Technician (EMT) – 1 year fixed term with the opportunity to extend £16,248 per annum

As an EMT, you'll respond to emergencies, deliver clinical care across community and hospital settings, and take responsibility for the Emergency Department in the absence of a senior clinician. You'll provide care in line with JRCALC and UK Resuscitation Council guidelines, ensuring safe, high-quality, and compassionate care for every patient. The role includes on-call duties, unsocial hours, and opportunities to support service development and training. This is an opportunity to use your skills in a challenging but rewarding environment where teamwork, adaptability, and professionalism are key. You will be part of a service that plays an essential role in supporting the island's health and wellbeing.

Contact us for more information and a discussion.

Enquiries: Michael Gaga-Hale on Tel No. 22500 or Email

michael.gaga-hale@sainthelena.gov.sh

Closing date: 10 November 2025 Shortlisting date: 12 November 2025 Interview date: 21 November 2025

The St Helena Public Service welcomes all applications from across our whole community, including our St Helenian diaspora wishing to return to St Helena. If you are a St Helenian currently living and working overseas, please contact us at recruitment@sainthelena.gov.sh to discuss how we can support you. SHG positively accepts applications from all members of the community, regardless of age, gender, disability, age, sexual orientation, religion or belief and will consider all applications on the basis of merit assessed against the role profile and person specification. All appointments are subject to the successful candidate providing satisfactory clearances, which include a medical check, vetting / DBS clearance and references. SHG reserves the right to have information provided on or with the application independently verified. Benefits are subject to change and may vary according to role.

Galway Cup (Governor's Cup) Interrupted by Fog – Rescheduled for November 16th

Report by SHGC

The prestigious Galway Cup, also known as the Governor's Cup in honour of Sir Henry Lionel Galway KCMG DSO, who founded the then Longwood Golf Course in 1903, got underway on Sunday, 2nd November 2025 at the St Helena Golf Club.

This year's competition is proudly sponsored by the Club Committee and marked the first tournament of the month, drawing a strong turnout of 22 players.

Unfortunately, after the first nine holes, dense fog and rain moved in and settled over the course, significantly impairing visibility and compromising player safety. As a result, the competition had to be called off.

The Galway Cup 18-hole competition has now been rescheduled to Sunday, 16th November 2025.

- Players who have already paid for the competition will not be required to pay again.
 - New players are welcome to join.
- Regrettably, no refunds will be issued to those who paid but are unable to participate on the new date.

In the meantime, the club will host the Monthly Medal Competition on Remembrance Sunday, 9th November 2025, provided there is sufficient player interest.

• Tee-off time for the Monthly Medal is 12:00 PM.

Players are encouraged to confirm their participation early to ensure smooth planning and a successful event.

Happy swinging...!





FOLLOW THE SHFA SEASON 2025

Every week we will bring you the latest results, table standings and all information relating to the SHFA football season 2025.

F@@TBALL RESULTS

After the following weekends matches and the two postponed matches played, that will bring the league to an end with only the knockouts and districts to go .

Saturday 1st November Le Verde 1 — Bellboys 8

Goalscorers Le Verde - Tyler Anthony

Goalscorers Bellboys—Tyler Brady 4, Joey Thjomas, Shane Benjamin, Scott Henry, Own Goal

Man of Match—Jacob Duncan (Bellboys)

Young Player of the Match—Zach Francis (Bellboys)

Sunday 2nd November Wirebirds 1— Rovers 11

Goalscorers Wirebirds — Sean-Lee Thomas

Goalscorers Rovers— Ronan Legg 4, Rico Benjamin 3, Tyler Benjamin 2, Shaquille Benjamin, Toure Osborne

Sunday 2nd November Fugees 16—Intergalactic 1

Goalscorers Fugees — Dodi Peters—Williams 5, Allister Buckley 3, Christian Phillips 2, Travis Yon 2, Lars Williams, Lukas Robertse, Omence, Criistian Yon

Goalscorers Intergalactic-Jason Moyce

Man of the Match— Dodi Peters-Williams (Fugees)

Young Player of the Match—Jaytee Thomas (Fugees)

TOP 5 GOALSCORERS

NAME	TEAM	GOALS
Joey Thomas	Bellboys	58
Kyle Shoesmith	Wirebirds	29
Blaize Baldwin	Rovers	29
Taylan Phillips	Bellboys	20
Tyler Brady	Bellboys	20
Lars Williams	Fugees	17
Sean Lee Thomas	Wirebirds	17
Rico B <mark>enjamin</mark>	Rovers	17
Tyler Anthony	Le Verde	15
Jorden Johnson	Le Verde	14
Ronan Legg	Rovers	14

FOOTBALL TABLE

<u>TEAM</u>	PLAYED	WIN	DRAW	LOST	G/FOR	G/AGAINST	G/DIFFERENCE	<u>POINTS</u>
Bellboys	13	13	0	0	145	9	136	40
Rovers	13	10	0	3	97	23	74	30
Wirebirds	14	7	1	6	109	43	66	22
La Verde	14	5	1	8	58	73	-15	13
Fugees	13	4	0	9	52	72	-20	12
Inter Galactic	13	0	0	13	3	244	-241	-1

Saturday 8th November @ 2:00pm

Rovers vs Intergalactic

Sunday 9th November @ 1:30pm

Fugees vs Bellboys

Sunday 9th November @ 3:30pm

Wirebirds vs La Verde

Junior League Fixtures - Saturday 8th Nov 2025 (9 A Side)

Due to Remembrance Sunday, all games will be played on Saturday 11:30 am - Flix Vs Black Mambas

12:20 pm - Monarchs Vs Golden Gladiators

1:10 pm - Rumblers Vs Dabbing Devils

2 pm - New Horizons FC Vs Young Gunners

UPC@MING FIXTURES

FROM THE COUCH

Contributed by Leigh & Louis

Match of the week, chosen and reported on by 10 year old Football Enthusiast Louis this week was Saturday games between Manchester United and Nottingham Forest .

Amad scored a stunning late volley to rescue a dramatic 2-2 draw for Manchester United against Nottingham Forest at the City Ground.

The Red Devils appeared poised for defeat on the first anniversary of Ruben Amorim's appointment as manager after making a dreadful start to the second half.

Man Utd were leading at the interval through Casemiro's header, but quickfire goals from Morgan Gibbs-White and Nicolo Savona in the space of 102 seconds turned the game on its head.

However, Amad intervened in magnificent fashion with nine minutes remaining to secure a share of the spoils, ensuring the hosts' long wait for a first league victory since the opening weekend of the season continued.

Man Utd could have gone second in the Premier League table with a victory but the draw still sees them climb a place to fifth, while Forest remain in 18th position, now four points behind Burnley





Saturday 1st	Brighton	3 0		Leeds
Saturday 1st	Burnley	0	2	Arsenal
Saturday 1st	Crystal Palace	2	0	Brentford
Saturday 1st	Fulham	3	0	Wolves
Saturday 1st	Nott'm Forest	2	2	Man United
Saturday 1st	Tottenham	0	1	Chelsea
Saturday 1st	Liverpool	2	0	Aston Villa
Sunday 2nd	West Ham	3	1	Newcastle
Sunday 2nd	Man City	3	1	Bournemouth
Monday 3rd	Sunderland	1	1	Everton



Saturday 8th	12:30	Tottenham	vs	Man United
Saturday 1st	15:00	Everton	VS	Fulham
Saturday 1st	15:00	West Ham	VS	Burnley
Saturday 1st	17:30	Sunderland	vs	Arsenal
Saturday 1st	20:00	Chelsea	VS	Wolves
Sunday 9th	14:00	Aston Villa	VS	Bournemouth
Saturday 1st	20:00	Brentford	VS	Newcastle
Sunday 2nd	14:00	Crystal Palace	VS	Brighton
Sunday 2nd	16:30	Nott'm Forest	vs	Leeds
Monday 3rd	16:30	Man City	vs	Liverpool

We will be back next week with all the latest from the Premier League

FOLLOW THE WSA ROUNDERS SEASON 2025

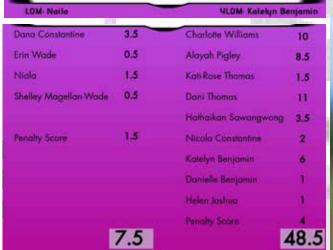
The WSA Rounders Season has kicked of with 7 teams entering.

Follow us here every week for the latest results, statistics and fixtures.



- 48.5 BALLZY LADIES

Unfortunately the third match between Incredibles and Fireballs had to be rescheduled due to a later



7.5

FUSION



BALLBUSTERS 16.5 - 6.5 THUNDERBATS

Georgia Young	1	Selena Leo	2
Rhiann Joshua	2	Anna Samuel	1
Demi Forniss	4	Maxina Yon	0.5
Rebecca Young	0.5	Keely Yon	0.5
Allie Yon	3	Kerrylyn Leo	0.5
Britney Williams	1.5	Halle George	- 1
Jordana Crowie	2		
		Penalty Score	4
Penalty Score	2.5		
	16.5		6.5





Unfortunately no upcoming fixtures have been received from the Women's Sports Association for this weekend but it is believed rounders matches is still on this weekend.

Join Santa, Snow White and the Seven Dwarfs for a Fairytale Christmas.

Gather in Market Square in Jamestown from noon on Christmas Eve to spread the Christmas cheer around the island before joining the traditional parade through Jamestown.

If you just want to join the Christmas Eve parade through Jamestown, meet Santa, Snow White and the team at the General Hospital (time will be confirmed).

The Christmas Festivities Working Group would like to inform all vehicle owners that only designated vehicles will be allowed as part of the parade from the Hospital to the Bridge, so please ensure you get your vehicle registered to be a part of Christmas Eve 2025. Drivers will be informed if they are one of the designated vehicles

Those interested in joining Santa, Snow White & the team around the island must please register your vehicles with Leigh on 66352 by noon on 15th December 2025.

once registrations have been completed.

MACS SHIPPING SCHEDULE UPDATE





	GREEN MOUNTAIN 251219	GOLDEN KAROO 251221	BRIGHT SKY 251223
Immingham	06-Sep	04-Oct	08-Nov
	KAROLINE 251710	KAROLINE 251711	KAROLINE 251712
Cape Town	13-Oct	10-Nov	11-Dec
Rupert's Bay	21-Oct	18-Nov	18-Dec
Ascension Island	-	23-Nov	-
	KAROLINE 251810	KAROLINE 251808	KAROLINE 251808
Cape Town	2-Nov	2-Dec	31-Dec

schedule may change without prior notice. For the latest updates, please visit our website



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